



VMC

Have a health check up!
Lead a safe life!



Velammal Health Check-up

For Appointment :

84899 39031, 0452-7113400 (7 am to 4 pm)



Ensuring your Health

Velammal Hospitals

Madurai

Master Health Checkup

The Velammal Master Health Checkup packages have been structured to screen your health through consultation by Chief Doctors and clinical tests that will help you to lead a healthy life. The Master Health Checkup gives you up-to-date information of your body and an ideal understanding of your fitness level.

The Master Health Checkup is carried out in a well equipped environment by a team of dedicated personnel. Velammal hospital provides the most affordable medical care packages for different age groups to suit one's individual needs. All medical reports will be given on the same day with complete explanation.

A complete health checkup is an exercise in good health management to keep illness away and minimize risk factor to achieve peace of mind. Periodical health check up will prevent future health problems by diagnosing them at the early stage.

PRIMARY HEALTH CHECKUP (VPHC)



Physical examination by Physician

Complete Urine Analysis
Stool Routine (ova, cyst, occult blood)
Haemogram
FBS & PP Sugar
Blood Urea & Serum Creatinine
Blood grouping & Rh typing
Lipid Profile
ECG
Ultrasound Scan (abdomen)
X-ray Chest
Pap Smear (for Women)
General Consultation
Gynaecology Consultation for Women
Dental Consultation
Ophthalmology Consultation
ENT Consultation
Diet & Lifestyle Counselling

EXECUTIVE DIABETIC CHECKUP (VEDC)



Physical examination by Physician

Complete Urine Analysis
Urine Micro Albumin
TC & DC
Haemoglobin
FBS & PP Sugar
HbA1C
Lipid Profile
Blood Urea & Serum Creatinine
X-ray Chest
ECG
Ultrasound Scan (Abdomen)
Diabetologist Consultation
Ophthalmology Consultation
Dental Consultation
Diet & Lifestyle counselling

**SENIOR CITIZEN
HEALTH CHECK UP
(VSCHC)
60 years and above**

Physical Examination
Complete Urine Analysis
Stool Routine
TC & DC
Haemoglobin
ESR
FBS & PP Sugar
HbA1C
Lipid Profile
Blood Urea Serum Creatinine
Serum Uric Acid
Serum Billirubin
Blood Grouping & Rh Typing
X-Ray Chest
ECG
Ultrasound Scan (Abdomen)
Pap Smear (For Women)
Gynaec Consultation for Women
General Consultation
PSA (for Men)
Ophthalmology Consultation
ENT Consultation
Total WBC count
Diet & Lifestyle counselling

**PREVENTIVE
HEALTH CHECKUP
(VPHC)**

Physical Examination
Complete Urine Analysis
Urine Micro Albumin
Stool Routine
Haemogram
Lipid Profile
FBS & PP Sugar
HbA1C
Blood urea & Serum Creatinine
Serum Uric Acid
Electrolytes
VDRL
Blood grouping & Rh Typing
X-Ray Chest
ECG
Ultrasound scan (abdomen)
Pap Smear (For Women)
Gynaec Consultation for Women
General Consultation
Dental Consultation
Ophthalmology Consultation
ENT Consultation
Diet & Lifestyle Counselling

**EXECUTIVE BODY
HEALTH CHECK UP
(VEBHC)**

Physical Examination
Complete Urine Analysis
Urine Micro Albumin
Stool Routine
Haemogram
Lipid Profile
FBS & PP Sugar
HbA1C
Blood Urea & Serum Creatinine
Serum Uric Acid
LFT
Electrolytes
VDRL
HBsAg, HCV
Thyroid profile – FT4, T3, TSH
Blood grouping & Rh Typing
X-Ray Chest
ECG
Ultrasound Scan (abdomen)
Pap Smear (For Women)
Gynaec Consultation for Women
General Consultation
Dental Consultation
Ophthalmology Consultation
ENT Consultation
Diet & Lifestyle Counselling

**CARDIOLOGY
HEALTH CHECK UP
(VCHC)**

Physical Examination
Complete Urine Analysis
Stool Routine
Haemogram
Lipid Profile
FBS & PP Sugar
HbA1C
Blood urea & Serum Creatinine
Serum Uric Acid
Urine Micro Albumin
Electrolytes
VDRL
HBsAg, HCV
Thyroid profile – FT4, T3, TSH
Blood grouping & Rh Typing
LFT
X-Ray Chest
ECG
ECHO (Echo Cardiogram)
TMT
Ultrasound Scan (abdomen)
General Consultation
Cardiologist Consultation
Diet & Lifestyle Counselling

WHOLE BODY HEALTH CHECK UP (VWBHC)

Physical Examination
Haemogram
Stool Routine
Blood Urea Serum Creatinine
Electrolytes
Complete Urine Analysis
FBS & PP Sugar
HbA1C
Lipid Profile
HIV, HBsAg, HCV
LFT (Liver Function Test)
Thyroid profile – FT4, T3, TSH
Blood Grouping & Rh Typing
ECG – All leads
X-Ray Chest
Ultrasound Scan (Abdomen)
Pap Smear (For Women)
Uric Acid
Urine Micro Albumin
ECHO (Echo Cardiogram)
Consultation with Gynecologist (For Women)
Consultation with General Surgeon (For Men)
Consultation with Dentist & Ophthalmologist
Consultation with ENT
Consultation with Cardiologist

PRE-EMPLOYMENT HEALTH CHECKUP (VPEHC)



Physical Examination by Physician
Complete Urine Analysis
Stool Routine
Haemoglobin
FBS & PP Sugar
TC & DC
HIV / HBsAg
Blood Urea & Serum Creatinine
ESR
SGOT, SGPT
Serum Cholesterol
X-ray Chest
Blood grouping & Rh typing
ECG
Pre-employment Counselling
Gynaec Consultation for Women
General Consultation
Diet & Lifestyle Counselling

TEENS HEALTH CHECKUP (13 to 18 yrs)



Complete Blood Count
E.S.R
Random Blood Sugar
Urine Routine
X-Ray Chest
USG Abdomen

Physical Examination and Advice by a Consultant Paediatrician
Counselling on Adolescent Vaccination
Dietician Consultation Body
Dysmorphism & Others
Gynaecologist Consultation for Girls
Exclusive Counselling on problems
specific to Adolescents like
Exam Stress, Parental/Peer
Pressure, Body Dysmorphism & others

CHILDREN HEALTH CHECKUP (UP TO 12 YEARS)



Blood Group and Rh Typing
Complete Blood Count
E.S.R
Complete Urine Analysis
Stool Routine Examination
Mantoux Test
X-Ray Chest
USG Abdomen
Physical Examination and Advice
by a Consultant Paediatrician
Immunization Advice
Ophthalmology Consultation
ENT Consultation
Dental Consultation
Dietician Consultation

Child Obesity Screening Health Checkup (Up to 15 Years)



Assessment of Body Mass Index
Complete Blood Count
Fasting Lipid Profile
Sugar – Fasting, Post Prandial
Thyroid Profile – (TSH, Free T4)
Peripheral Smear
Urine Routine
Liver Function Test
USG Abdomen
Paediatrician Consultation
Dietician Consultation
Gynaecologist Consultation for Girls

Instructions for Health Checkup

- ◆ Walk in on any day from Monday to Saturday with prior appointment and report on empty stomach between 7.00 am and 8.00 am.
- ◆ Please bring your recent medical records.
- ◆ Take your BP medicines and Oral drugs for diabetes on the day of checkup.
- ◆ After the breakfast you can continue your regular medicines.
- ◆ Please bring Motion/Stool sample in a clean container. Do not take anything else other than water on the morning of health checkup.
- ◆ Pregnant women, please inform your doctor about pregnancy to avoid X-rays.
- ◆ Kindly inform the MHC reception if you are Diabetic or having a Cardiac ailment.
- ◆ Please share complete and accurate information with your doctor.

All medical reports will be given on the same day with complete explanation.

Our Specialities

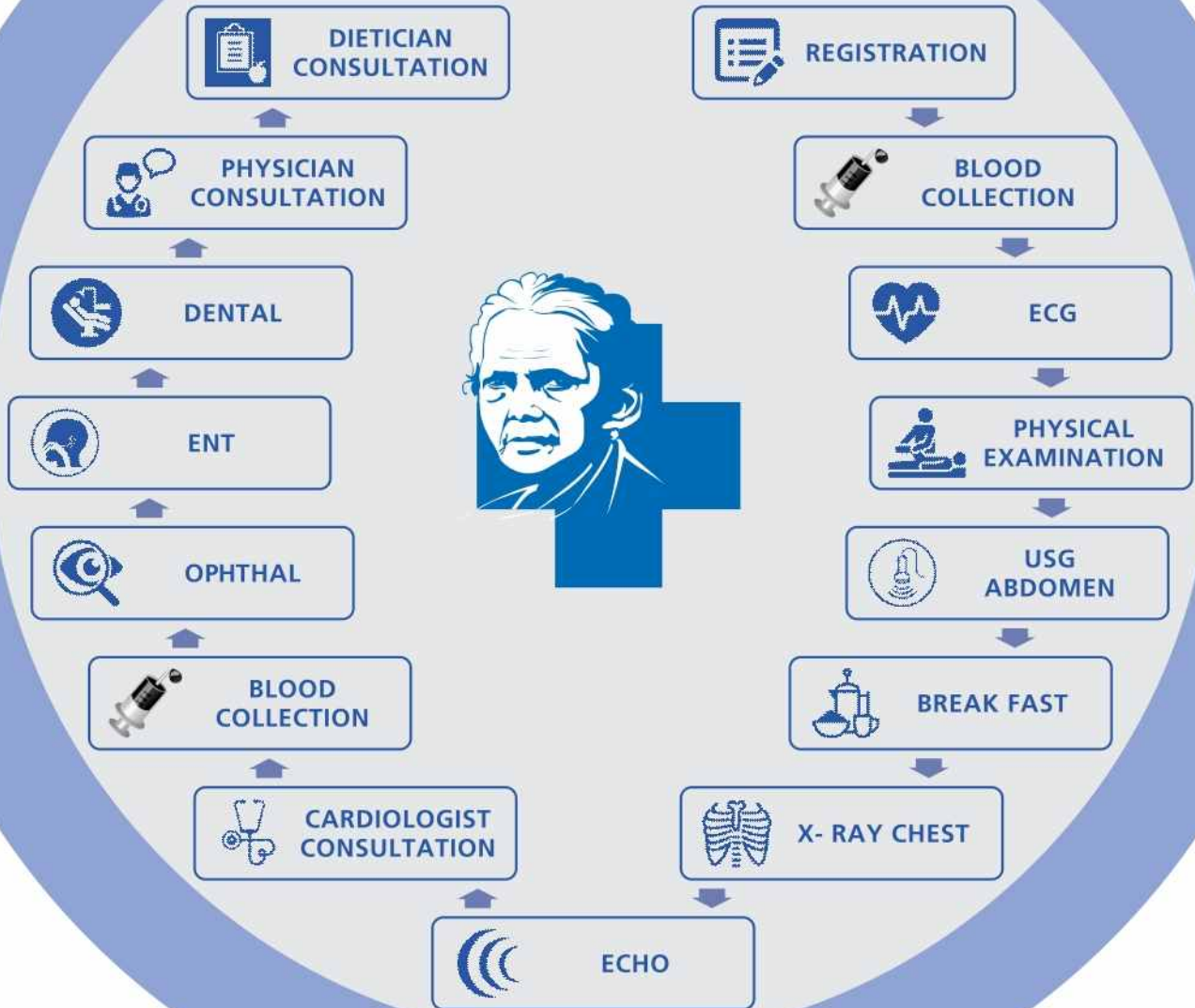
General Medicine »	» Paediatrics
General Surgery »	» Paediatric Surgery
Orthopaedics »	» Obstetrics & Gynaecology
Psychiatry »	» Surgical Gastroenterology
Oral Faciomaxillary Surgery »	» Cardiology (Paediatric and Adult)
Dentistry »	» Cardio thoracic Surgery (Paediatric and Adult)
ENT »	» Intensive Care
Ophthalmology »	» Vascular Surgery
Dermatology »	» Plastic Surgery
Respiratory Medicine »	» Radiology
Neuro Medicine »	» Emergency Medicine
Neuro Surgery »	» Transfusion Medicine
Urology »	» Biochemistry
Nephrology »	» Bacteriology
Rheumatology »	» Pathology
Medical Gastroenterology »	» Toxicology
Medical Oncology »	» Preventive Medicine
Anaesthesiology »	

- » CT Scans - Two (Two Dual slice and one 128 slice)
- » MRI 1.5 Tesla
- » Cathlab
- » Echo / Treadmill

- » 19 Modular Operation Theatres, which include two fully equipped cardiac theatres with ECMO (Extra Corporeal Membrane Oxygenation)
- » Fully Equipped Blood Bank

- » Advanced Biochemistry, Pathology and Bacteriology Laboratories
- » 150 beds in Critical Care which include - Neonatal ICU, Paediatric ICU, Medical ICU, Surgical ICU, Coronary ICU

PROCESS



Velammal's Health Checkup Packages

Primary Health Check Up (VPHC)	Rs. 1,200/-
Executive Diabetic Checkup (VEDC)	Rs. 1,200/-
Senior Citizen Health Check Up (VSCHC) 60 Years And Above	Rs. 1,250/-
Preventive Health Checkup (VPHC)	Rs. 2,200/-
Executive Body Health Check Up (VEBHC)	Rs. 3,000/-
Cardiology Health Check Up (VCHC)	Rs. 4,000/-
Whole Body Health Check Up (VWBHC)	Rs. 4,000/-
Pre-employment Health Check Up (VPEHC)	Rs. 1,000/-
Teens Health Checkup (13 to 18 Yrs)	Rs. 600/-
Children Health Check Up (VCHC) (upto 12 Years)	Rs. 900/-
Childhood Obesity Screening Health Checkup (upto 15 Yrs)	Rs. 1,400/-



Ambulance
0452 - 7114444, 7114000



24 Hour Casualty & Emergency
0452 - 7114444, 7114000

Pharmacy
0452 - 7113730

Enquiry
0452 - 7113399

Blood Bank
0452 - 7113630, 31, 32

Velammal Hospitals

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