



Detailed Report on Alumni Activities

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Dean
Velammal Medical College Hospital
and Research Institute
'Velammal Village'
Madurai-Tuticorin Ring Road
Anuppenadi, Madurai (TN)-625 009



VELAMMAL MEDICAL COLLEGE
HOSPITAL AND RESEARCH INSTITUTE
MADURAI - 625009

Circular

Date: 28/08/2020

Velammal Medical College Alumni Association is organising a training programme 'Will O Wit: a PG prep expose' on 05/09/2020. 'The speakers are alumni who are currently pursuing their post-graduation at highly eminent institutes. All interns and students are requested attend the programme via Zoom as it is of high value.

Dean

To: All Interns/students through Concerned HODs

Copy Submitted to:

The Hon. Chairman

The Director

Copy to:

Medical Superintendent

Vice Principal

Chief Administrative Officer

Advisory Board Members

Dean

Velammal Medical College Hospital
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'Velammal Village'
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Report for Will-O- Wit

An Orientation programme was conducted by the newly formed Velammal Medical College Alumni Association for giving an insight into NEET-PG. It also marked the first grand event by the alumni association of the college. The aim was to give tips and tricks about the exam and the preparation strategies involved. The welcome address was given by the president of the alumni association Dr. Maria Vidhyan Fernando. He spoke on the formation of the association and the aims that it wishes to achieve. The honorary address was given by Dr. R.M Raja Muthiah, Dean of VMCH&RI. He spoke on the importance of the alumni association and how a strong alumni association is essential in networking and aiding one's career graph. The Speakers were introduced by Dr. Ramesh, professor of General Medicine. The speakers were Dr. Saran Lal (MD anaesthesia, AIIMS Delhi), Dr. Abishek (MD paediatrics, JIPMER) and Dr. Aruna (MD General Medicine). Each one had spoken about their pg preparation, its intricacies, strategies involved, the counselling process and lastly the stark difference in the lives of a PG student and an undergraduate/ intern. A Q&A session was hosted by Mr. S. Ajay Sreevatsav, student coordinator 2nd year MBBS, VMCH&RI and all the queries asked by the students were answered in a clear manner. The vote of thanks was given by Dr. C. Prathap, Executive secretary of the Alumni Association and the session was concluded.

List of guest speakers- 05-09-2020

Topic: "WILL-O-WIT"- A PG prep expose

Platform: ZOOM meetings

Guest speakers:

1. Dr. Saran Lal (MD Anaesthesia, AIIMS, Delhi)
2. Dr. Abhishek (MD Paediatrics, JIPMER)
3. Dr. Aruna (MD General Medicine, Madras Medical College)



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List of Students	
SL. No.	Name of student
1.	Aadit Krishna S
2.	Ajay S
3.	Ajay Shankar V S
4.	Akash B S
5.	Akshita Singh
6.	Akshitha Meenakshi V
7.	Ameya Venkatesh
8.	Amina Marwa Sabreen A
9.	Asmitha M
10.	Bailey Prakash
11.	Bharghavi G
12.	Christina Reshma R
13.	Dharshini Priya E
14.	Divya R
15.	Dumpa Roshini
16.	Gayathri P J
17.	Gayathri S
18.	Gokul Prakash S
19.	Gopika M
20.	Gopika P
21.	Gowsika A
22.	Hrudaynath Madhav Menon
23.	Ijaz Mohamed N
24.	Ilakkia N
25.	Jayahari K
26.	Jeffy M Aro
27.	Joseph Tharakan C I
28.	Kamala Kannan M S
29.	Karigha S
30.	Karthikheyen S
31.	Kavya E
32.	Kavyasree A K
33.	Kishorre Mallaia S K
34.	Kumaran S
35.	Linford Nitin C
36.	Maanushri S

[Signature]
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37.	Madhav Krishna B
38.	Masanaraj N
39.	Mohana Praveen R B
40.	Mukesh Kanna M
41.	Muthu Lakshmi M
42.	Muthusamy M
43.	Nachammai P L
44.	Navaneetha Ganesh R
45.	Naveen Prabhu A
46.	Neha S
47.	Om Prakash S M
48.	Pravena B
49.	Priya Singh
50.	Priyanga A
51.	Priyavarshini G
52.	Raghul Kumar K
53.	Rakha Adershni D
54.	Rakshana R
55.	Rengapadmanathan B
56.	Reshma S
57.	Riya M
58.	Rohit Paul
59.	Roobaavahini T S
60.	Ruddhida R
61.	Saeda M M
62.	Sanjay Arvind Krishna
63.	Sathya Prasath K M
64.	Shajith J
65.	Shanmathi S
66.	Shiva Ganesh T M
67.	Shivani P H
68.	Shree Lakshmi K N
69.	Snehaa Lakshmi V
70.	Sowmya K
71.	Sree Vaishnavie K
72.	Srilekaa N
73.	Srinidhi Prabhu
74.	Srivathsan R S

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	Sudharshana M
	Surakshasuji T S
	Surya P
	Surya S
	Suzanna Mathews
	Swarna Valli T
	Swathi G R
	Ujitha A M
	Uma Bhagavathy P
	Varsha M J
	Vishnu Srinivasan


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VELAMMAL MEDICAL COLLEGE ALUMNI ASSOCIATION



presents

"WILL-O-WIT"

A PG Prep Expose



- You can interact and learn all about PG Exams from experts who have cracked it
- All the Do's & Dont's that you need to know
- Get all your questions answered

OUR

ESTEEMED SPEAKERS



Dr. Saran Lal

(MD Anaesthesia AIIMS, Delhi)

Dr. Abishek
(MD Paediatrics, JIPMER)



Dr. Aruna

(MD General Medicine, Madras Medical College)



5th of September, 2020

05:00 pm to 06:15 pm

Hosted
on



zoom

WILL-O-WIT

Program Agenda

- 05:00 pm Welcome Address & Introduction to Alumini Association
Dr. S. Maria Vidhyan Fernando
President, Alumni Association, VMCH & RI
- 05:05 pm Honorary Address
Dr. R.M. Rajamuthaiah
Dean, VMCH & RI
- 05:08 pm Introduction of Speakers
Dr. R. Ramesh
Professor, General Medicine, VMCH & RI
- 05:10 pm Speaker 1
Dr. Saran Lal
MD Anaesthesia AIIMS, Delhi
- 05:27 pm Speaker 2
Dr. Abishek
MD Paediatrics, JIPMER
- 05:44 pm Speaker 3
Dr. Aruna
MD General Medicine, Madras Medical College
- 06:00 pm Q&A Session hosted by
S. Ajay Sreevatsav
Student Co-ordinator 2nd MBBS, VMCH&RI
- 06:10 pm Vote of Thanks
Dr. C. Prathap
Executive Secretary, Alumni Association, VMCH & RI

WILL-O-WIT

Our Pillars of Support

Shri M.V. Muthuramalingam

Honourable Chairman, Velammal Educational Trust

Dr. R.M. Rajamuthaiah

Dean, VMCH&RI

Dr. T. Thirunavukkarasu

Medical Superintendent, VMCH&RI

Dr. P.K. Mohanthy

Vice Principal, VMC

Organising Committee - NEET PG

Dr. Anu S

Physiology HOD, VMC

Dr. Ramesh R

Professor, General Medicine, VMCH&RI

S Ajay Sreevatsav

Student Co-ordinator, 2nd MBBS, VMCH&RI

S Joyal

Student Co-ordinator, 2nd MBBS, VMCH&RI

N. Prasanna Venkatesh

Student Co-ordinator, Final MBBS, VMCH&RI



**VELAMMAL MEDICAL COLLEGE, HOSPITAL
AND RESEARCH INSTITUTE, MADURAI**

Department of Community Medicine

ALUMNI ASSOCIATION

Presents

“WILL O WIT”

A PG PREP EXPOSE

Report: Will o wit is an online webinar conducted on the fifth of September 2020 by the department of physiology, Velammal Medical college hospital and research institute, Madurai, organised by Velammal Medical College Alumni Association. The webinar was held on the topic of PG preparation, where in, esteemed guest speakers were asked to enlighten medical undergraduates about the nuances of preparing oneself to tackle the post graduate examination. The purpose of the webinar was to educate undergraduate medicos on the various techniques and tactics to crack Neet pg exam and to also rid them of their fears and doubts. The guest speakers were eminent doctors(Alumni) with post-graduation from reputed and esteemed medical universities. They volunteered to take time off their busy schedule to elaborate and share their personal experiences, the highs and lows, the difficulties they went through and the hard work they put in to ace the exams with flying colours. The event started at around 5 pm which was presided over by almost 67 attendees, all of them being from the final year, along with our esteemed dean Dr.Rajamuthiah, our medical superintendent Dr.Thirunavukkarasu sir, the HOD of physiology Dr.Anu ma'am and the members of the velammal alumni association. session started off with the welcome speech by Dr. Ramesh sir, which was followed by the introduction of the speakers which was done by Dr.Maria Vidhyan. Then, the Alumni speakers: Dr. Abishek, Dr. Aruna and Dr. Saran lal respectively, took turns to share their personalised experiences during the course of preparation for their PG exam. It gave the attendees an insight into their strategies, tactics, references, and a lot more ideas which laid a foundation as to what the possibilities are and what we can make of them. It was really intriguing to listen to each individual speaker as they brought about a variety of scenarios and

R. Rajamuthiah
Dean
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**VELAMMAL MEDICAL COLLEGE, HOSPITAL
AND RESEARCH INSTITUTE, MADURAI**

Department of Community Medicine

experiences which they faced, with major contrasting features to one another. This was followed by a doubt clearing session, which was conducted by S.Ajay Sreevatsav, a student of the second year. The doubts from the student's side were complied and presented to the speakers one by one, where they took turns to answer each individuals doubt with clarity and precision. The doubt clearing session proved fruitful as many meaningful doubts were asked and cleared. Some attendees asked questions spontaneously during the webinar, via the chat box which was further cleared at this session. No doubts were left unanswered. The session concluded with a thank you note from Prasanna venkateshan, a final year student. A feedback form was given for the attendees to fill which got an overwhelming response. The attendees, via their responses, reported that the session was an overall success and a very interactive one, where in most of their doubts were cleared and they found their fears and misconceptions surrounding the pg exam a little less worrisky. Some also commented that the 2 webinar was a little too formal and that it could've been a little less monotonous, but overall, the webinar went ahead with no setbacks and had a very good response from the attendees, who also wished to attend such webinars in the future.



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- You can interact and learn all about PG Exams from experts who have cracked it
- All the Do's & Dont's that you need to know
- Get all your questions answered

OUR ESTEEMED SPEAKERS



Dr. Saran Lal
(MD Anaesthesia AIIMS, Delhi)

Dr. Abhishek
(MD Paediatrics, JIPMER)



Dr. Aruna
(MD General Medicine, Madras Medical College)



5th of September, 2020
05:00 pm to 06:15 pm

Hosted
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zoom

WILL-O-WIT

Program Agenda

- | | |
|----------|--|
| 05:00 pm | Welcome Address & Introduction to Alumni Association
Dr. S. Maria Vidhyan Fernando
President, Alumni Association, VMCH & RI |
| 05:05 pm | Honorary Address
Dr. R.M. Rajamuthaiah
Dean, VMCH & RI |
| 05:08 pm | Introduction of Speakers
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| 05:27 pm | Speaker 2
Dr. Abhishek
MD Paediatrics, JIPMER |
| 05:44 pm | Speaker 3
Dr. Aruna
MD General Medicine, Madras Medical College |
| 06:00 pm | Q&A Session hosted by
S. Ajay Sreevatsav
Student Co-ordinator 2nd MBBS, VMCH&RI |
| 06:10 pm | Vote of Thanks
Dr. C. Prathap
Executive Secretary, Alumni Association, VMCH & RI |

WILL-O-WIT

Our Pillars of Support

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Dr. T. Thirunavukkarasu

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Student Co-ordinator, 2nd MBBS, VMCH&RI

S Joyal

Student Co-ordinator, 2nd MBBS, VMCH&RI

N. Prasanna Venkatesh

Student Co-ordinator, Final MBBS, VMCH&RI

WILL-O-WIT

Velammal Medical College Alumni Association

Dr. S. Maria Vidhyan Fernando S

President

Dr. A. Sowmiya

Vice President

Dr. T. Harish Kumar

General Secretary

Dr. C. Prathap

Executive Secretary

Dr. Dharun Maharaj

Joint Secretary

Dr. R. Dhaarini

Joint Secretary

Dr. M. Arun Raj

Treasurer

Executive Members

2013 Batch

Dr. C. Madhan

Dr. M. Hari Balakrishnan

Dr. S. Abishek

Dr. S. Reshma

Dr. T. Dhivya

.....

2014 Batch

Dr. V. Omprakash

Dr. Jai Chandra Bose

Dr. Parthiben Bala

Dr. Sankar

Dr. Dinesh

Dr. Rafi Ahmed



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HOSPITAL AND RESEARCH INSTITUTE



CERTIFICATE OF PARTICIPATION

This Certificate is proudly presented to

for participating in **Career Guidance Programme**

WILL O WIT

conducted on 05th September 2020 organized by

Velammal Medical College Alumini Association

in Collaboration with **VMCH & RI, Madurai.**

Dr. T. Thirunavukkarasu
Dean

Dr. Samir Bele
Head of the Department

Dr. Maria Vidhyan
President, VMC Alumini Association

- 1.What are the subjects that we have to combine and study?
- 2.How frequently they attended grand tests?
- 3.What is the ideal time to start PG preparations? What are the things to follow?
How many questions will be asked on clinical scenarios?
- 4.If I started preparing for NEET PG during internship, can I crack it in first attempt
Also, internship is the final part of MBBS ,so we don't want to miss the fun. How can we balance between PG preparations and other things simultaneously?
5. Preparation strategy for NEET vs central institute exams.
- 6.Study duration for each subject...topics to be concentrated more...subject weightage?
How much should I score in NEET PG to get government college seat for MS/MD?
- 7.How many times did they revise each subject?
- 8.Is there any specific order of subjects to be followed while preparing?
- 9.When did they start? How did they prepare?
Did they use any apps like marrow or Prepladder..?
10. In NEET, if someone doesn't get enough marks in their first attempt..
How to handle it? How to develop confidence?
- 11.How to stay motivated throughout the course of preparation ?
- 12.What are all countries from which PG's are accepted in India? What are all the exams we have to appear?
- 13.Scope of various courses
- 14.Is it okay if we start in final year how to balance final year and preparation simultaneously?
- 15.Can girls choose orthopedics because it remains a cliché that girls are not meant to do a man's job?
- 16.Which speciality to choosewhen did you come to know that this field is meant for u?
- 17.Are both genders treated equally in surgical specialties?
- 18.How did u prepare for NEET in your intern days?
- 19.Are central institutes better than state government colleges?
- 20.How is PG life? Is it hectic? Can u enjoy life?
21. Which speciality yields lot of money?
22. Is it possible to get a PG seat with 1 year preparation and how to organize our time 4 each subject?

23. How to learn pathology slides and ECG?

24. How to revise wisely?

25. What kind of schedule they followed ? And how did they sustain in their preparation through 10 months without getting distracted ?

26. Weightage and amount needed for preparation for each subject?

Will 'o' Wit

A PG prep Expose

- Will 'o' Wit is the inaugural programme organized by the Alumni Association of Velammal Medical College.
- The aim of Will O Wit is to motivate students to prepare for their PG preparation



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presents

"WILL-O-WIT"

A PG Prep Expose

- You can interact and learn all about PG Exams from experts who have cracked it
- All the Do's & Dont's that you need to know
- Get all your questions answered

OUR ESTEEMED SPEAKERS



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(MD Anaesthesia AIIMS, Delhi)

Dr. Abhishek
(MD Paediatrics, JIPMER)



Dr. Aruna
(MD General Medicine, Madras Medical College)



5th of September, 2020
05:00 pm to 06:15 pm

Hosted
on



zoom

The Esteemed speakers for today..

- Dr. Saranlal – MD Anaesthesia, AIIMS Delhi
- Dr. Abishek- MD Paediatrics, JIPMER
- Dr. Aruna- MD General Medicine, Madras Medical College,

Frequently asked questions by students

- When do I start to prepare?
- How should I start preparing?
- What are the subjects that we have to combine and study?

- How frequently they attended grand tests?

- 4.If I started preparing for NEET PG during internship, can I crack it in first attempt ?

Also, internship is the final part of MBBS ,so we don't want to miss the fun. How can we balance between PG preparations and other things simultaneously?

- Preparation strategy for NEET vs central institute exams.
- Study duration for each subject...topics to be concentrated more...subject weightage?
- How many times did they revise each subject

- Is there any specific order of subjects to be followed while preparing
- Did they use any apps like marrow or Prepladder..?
- In NEET, if someone doesn't get enough marks in their first attempt..
How to handle it? How to develop confidence?

- What are all countries from which PG's are accepted in India? What are all the exams we have to appear?
- Scope of various courses
- Is it okay if we start in final year how to balance final year and preparation simultaneously?
- Can girls choose orthopedics because it remains a cliché that girls are not meant to do a man's job?

- Which speciality to choosewhen did you come to know that this field is meant for you?
- Are both genders treated equally in surgical specialties?
- How did u prepare for NEET in your intern days?

- Are central institutes better than state government colleges?
- How is PG life? Is it hectic? Can u enjoy life?
- Which speciality yields lot of money?
- Is it possible to get a PG seat with 1 year preparation and how to organize our time 4 each subject?

- How to learn pathology slides and ECG?
- How to revise wisely?
- What kind of schedule they followed ? And how did they sustain in their preparation through 10 months without getting distracted ?
- Weightage and amount needed for preparation for each subject?

The image features a scenic mountain landscape with a central purple-to-pink gradient diamond. The diamond contains the text 'THANK YOU' in white, bold, sans-serif capital letters. The background is a composite of mountain peaks, valleys, and a lake, viewed through a series of overlapping circular and hexagonal frames. The sky is filled with soft, white clouds, and the overall color palette is dominated by blues, greens, and earthy tones, with the central diamond providing a vibrant contrast.

**THANK
YOU**



VELAMMAL MEDICAL COLLEGE
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Circular

Ref No.:

01st July 2022

To,

All concerned,

An Online webinar on "PLAB Journey"

An Online Webinar on the topic "PLAB journey" is being organized for the students of the medical college on 05th July, 2022 between 5:00 PM and 7:00 PM.

Topic: PLAB Journey

Speakers: Dr. Shivani B Kuttuva

All the students are requested to make use of this wonderful opportunity.

Dean

Copy submitted to:

The Hon. Chairman

The director

Copy to:

Medical superintendent

Vice principal

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Velammal Medical College Hospital
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Agenda for the guest talk on 05-07-2022

Topic: An online webinar on "PLAB journey"

Speaker: Dr. Shivani B Kuttuva

Moderator: Dr. Samir Bele, Professor and HoD, Department of Community medicine

Time: 5:00 PM to 7:00 PM

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Report

PLAB Journey- A Talk by Dr. Shivani Bhaskar Kuttuva

An online webinar was organized by the alumni association of Velammal Medical College on 5th July of 2020 on the topic 'PLAB journey' given by Dr. Shivani Bhaskar Kuttuva. She had given an idea on what PLAB is, what are its pre requisites, what purpose does it serve and the whole process.

The laborious process and steps involved were explained in a crisp and concise by Dr. Kuttuva. She'd talked about the finances involved, the difference in protocols in the field of healthcare between India and the UK and the change in quality of life. She'd also shared her motivation and game plan that she'd followed to reach her goal and how to maintain a clear cut path to reach the summit. Following the talk, there was a discussion between the Students and Dr. Kuttuva which was interactive and Dr. Kuttuva had responded to each and every question with clarity and flair. The session was moderated by Dr. Samir Bele, professor and HoD of Department of Community Medicine.

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SL. No.	Name of the student	Year of study
1.	Vijaya Jothi	final year
2.	Dharani Poun	intern
3.	Arunn Karthick	graduated
4.	Vignesh Ram	final year
5.	Dharshini Venkat	intern
6.	Harikrishnan KK	2nd year mbbs
7.	Sharika Sakunthala	final year
8.	Srividhya K	final year
9.	Nandhakumaran	intern
10.	BB Vishwapoojitha	final year
11.	Sugandhaprakaush	intern
12.	Rasheedha	intern
13.	Prabhakaran	intern
14.	Swarnavalli	pre final
15.	Nilaa	intern
16.	Jai Chandrabose	graduated
17.	Vibu Sudhan	intern
18.	Yogitha	intern
19.	Amuthan	final year
20.	Haritha Kalyan	final year
21.	Amina	graduated
22.	Neelima	graduated
23.	Jeash Narayan KS	final year
24.	Akshay Siddeshwar	intern
25.	Chaithanya	graduated
26.	Aswathi Vijay	graduated



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**CERTIFICATE
OF PARTICIPATION**

This Certificate is proudly presented to

for participating in "Career Guidance Programme
PLAB Journey - By Dr. Shivani B. Kuttuva" (2013 Batch)

conducted on 05th July 2020 organized by

Velammal Medical College Alumni Association

in Collaboration with **VMCH & RI, Madurai.**

Dr. T. Thirunavukkarasu
Dean

Dr. Samir Bele
Head of the Department

Dr. Maria Vidhyan
President, VMC Alumni Association

PLAB JOURNEY

DR. SHIVANI B KUTTUVA



PLANNING YOUR PLAB JOURNEY



COMPLETING INTERNSHIP

Makes you eligible for FULL GMC registration
In the long run it gets troublesome for IMGs (who are not right to work) to get into UKFPO Foundation training. You can bypass that by doing your country's approved internship.



TAKING PLAB 1

Happens twice a year overseas

The available exam dates and centers can only be seen via the GMC online account. The subsequent booking and registration application has to be done via this account too.



PLAB 2 VISIT TO THE UK

Application for UK Visa & taking PLAB 2

A lot of planning and preparation is required for this step. If you understand what needs to be done, you can apply for UK Visa by yourself. If you don't need a visa to visit UK or already have a visa for UK, you can take PLAB on it.



GETTING A JOB IN THE NHS

Job searching and application is also online

NHS jobs website is the biggest hub for job advert. Look for FY2/CT1/SHO/Trust grade level jobs to accustom yourself to the system. When the application rounds open, you can look for training jobs for your level via Orail.



GETTING MEDICAL DEGREE

Finishing your Primary Medical Qualification

You can not start your PLAB journey while you are still a medical student. You at least have to have passed your final medical exams.



IELTS / OET

Have to get the required score

The required score for IELTS is 7.5 overall (minimum 7.0 in all modules). OET requirement is 8 in all four sub-sets and overall. In both cases the score has to be in one sitting and the latest exam will be considered.



EPIC VERIFICATION

Verification of your medical degree

Electronic Portfolio of International Credentials (EPIC) is the process of verification of your medical degree. It has to be completed before you apply for GMC registration. Try to complete it as soon as possible. It doesn't expire.



APPLYING FOR GMC REG.

The application is online based

After PLAB 2 pass results are out, you can apply for FULL GMC registration at that very moment provided you have all the evidences for GMC registration ready at hand. GMC may want you to post some documents or send them scanned copy via email as well. No ID check is required if PLAB route is taken.



TIER 2 VISA APPLICATION

You can bring your dependents with you

The final step before your dream of working as a doctor in the UK comes true. The application is straightforward and less complicated than the visit visa application. All you need is Certificate of Sponsorship (from your job), TB clearance (if needed), proof of english proficiency (if needed), and criminal records certificate(s).



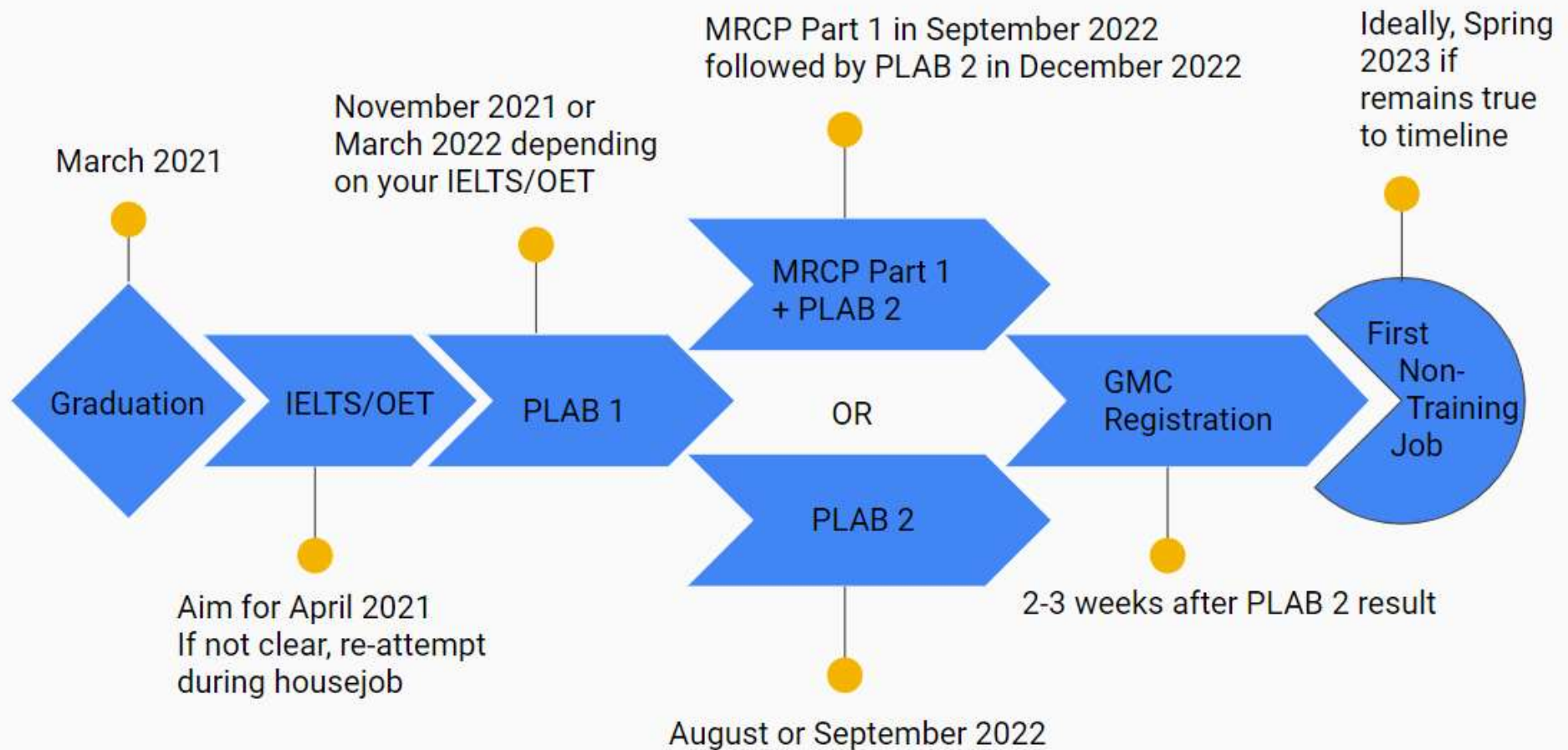
A Doctor's Road to UK

Plotting your path to becoming a doctor in the UK

@drroadtouk

@drroadtouk

@roadtouk



PLAB

VERSUS

USMLE

COMPARING THE 2 EXAMS

PLAB is a registration exam. It enables you to get GMC registration to work as a doctor in the UK.

Residency (training) application has a separate recruitment process. GMC registration is one of the eligibility criteria.

GMC registration can be obtained by other ways as well. e.g. MRCP/MRCS, MTI etc

3 exams
IELTS / OET
PLAB 1
PLAB 2

8-12 months
of preparation

£160 - £200 for IELTS
or
-£332 for OET

£235 for PLAB 1
£860 for PLAB 2

Total Exams Fees
£1255 - £1427

USMLE enables you to apply for residency in the USA.

Direct application for residency after USMLE.

USMLE is the only pathway towards licensure/residency.

4 exams
Step 1
Step 2 CK
Step 2 CS
Step 3

2-4 years
of preparation

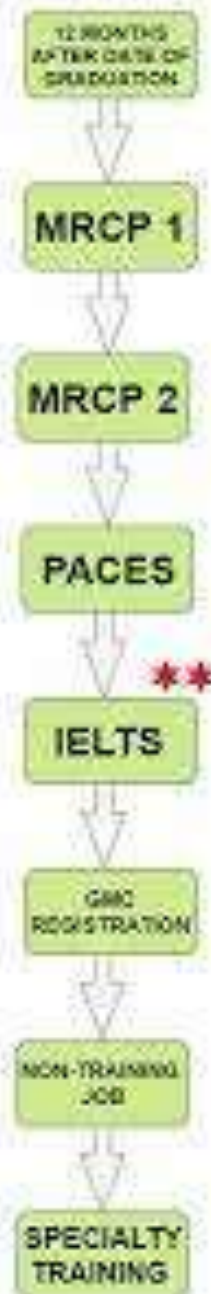
\$940 for Step 1 (~£724)
\$940 for Step 2 CK (~£724)
\$1580 Step 2 CS (~£1216)
\$875 for Step 3 (~£674)

Total Exams Fees
-£3338

PLAB



MRCP



PLAB journey



Shivani Baskar Kuttuva

Untitled form



Questions

Responses **12**

12 responses



Accepting responses

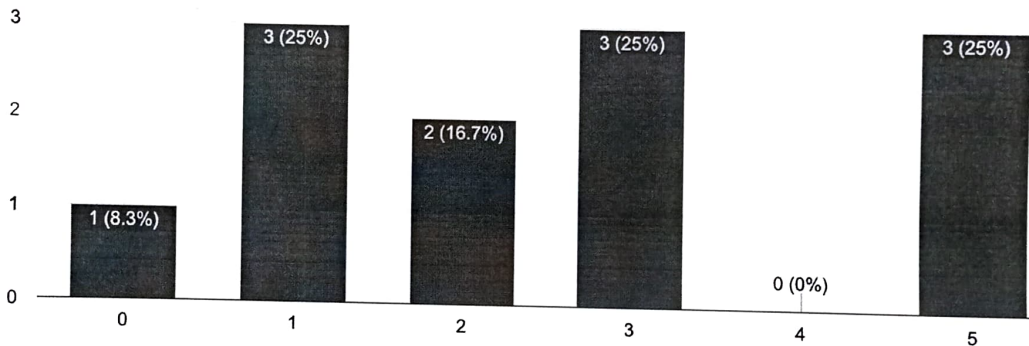
Summary

Question

Individual

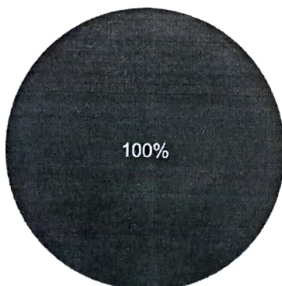
How much knowledge did you have on the PLAB journey before you attended this session?

2 responses



Has this program helped you to get an overview?

2 responses



Yes

No

Maybe

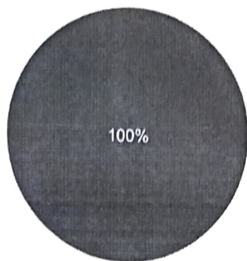
Untitled form



Questions Responses **12**

Were all your queries answered?

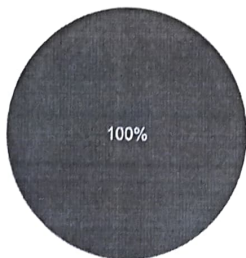
12 responses



- Yes
- to a certain extent
- Not much

Do you feel supported to be a member of this program?

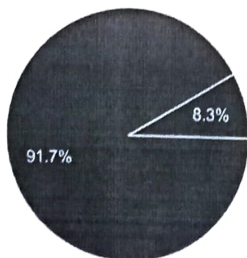
12 responses



- Yes
- No
- Maybe

Would you like to join our telegram group for further discussions?

12 responses



- Yes
- No



Untitled form



Questions Responses 12

How do you suggest to improve the sessions in the future?

7 responses

Session served the purpose completely i should say. These kind of informative sessions should have reached many students.I suggest that these sessions should be involving many students in future.

A reminder on the day of the session would be helpful

I still have small confusions in the mrcc part...but the rest of it were very well explained !

This is already the best possible standard in which things were explained in detail. Nothing more and nothing less !!!!!

I think this was well done and helped those who had no knowledge at all. Maybe it can be query specific based on the stage of preparation.

Frequent session about the updates will be of much use

Nothing. It was perfect

Do you have any positive comments?

10 responses

The session wasn't just useful for MBBS graduate like me where i already had little idea about PLAB ,it was useful for beginners aswell.I witnessed the effort involved to fulfill the queries of almost every kind of participants in the session.It was well organised,involving active participation of everyone. My heartfelt thanks and congratulations for putting in somuch efforts and preparation to make this happen. Expecting similar informative events to happen in future. Thank you Thank you.

Cleared all the doubts to begin the journey

Covered all details more than once to make it clear

Dr.Shivani mam was very friendly and approachable and she made it a point that we understood every step of the plab journey...she made everything clear...She told about the expenses,lifestyle,steps in the exams.etc....she was very patiently answering our queries...thank you soo much for this opportunity!Best wishes for Dr.Shivani mam

Very few people know about the procedure in detail and you're one among them !!! Thanks for sharing the knowledge and enlightening us with it which was otherwise a blind end . Kudos to the effort you've put in 🙏

Do you have any positive comments?

10 responses

the plab journey...she made everything clear...She told about the expenses,lifestyle,steps in the exams.etc....she was very patiently answering our queries...thank you soo much for this opportunity!Best wishes for Dr.Shivani mam

Very few people know about the procedure in detail and you're one among them !!! Thanks for sharing the knowledge and enlightening us with it which was otherwise a blind end . Kudos to the effort you've put in 😊

Well executed and managed!

It was very helpful . Looking for more sessions like this in future

It was an amazing session. Shivani Mam walked us through the entire pathway very clearly .

The session was very informative and I have more knowledge and awareness about how to approach the exam

I had an idea about how this journey would be but not in detail. This session gave me in depth details in areas where I needed

Thank you for answering!



Details on PLAB JOURNEY zoom meet
4 messages

Samir Beale <drsamirbeale@velammalmedicalcollege.edu.in>

Shivani kuttuva <shivankuttuva@yahoo.in>
To Samir Bele <drsamirbele@velammalmmedicalcollege.edu.in>

S

This is the final list of registered students. Only a half of them attended the zoom meet, however.

Mon, Jul 6, 2020 at 1:11 AM

Vijaya Jothi	vijaya99@gmail.com
Dhanraj Poun	pdhanraj05@gmail.com
ArunKarthick	arunkarthick56@gmail.com
Vigneshram	vign007ary@gmail.com
Dhanesh Venkat	dhanesh_7258@gmail.com
Harikrishnan K K	harunkrishnan2001@gmail.com
Shraka Sakunthala	shakassakunthala@gmail.com
Smrithya K	smrithu@cloud.com
NANDHAKUMARAN	nandhakumarep@gmail.com
BB vishwajyothi	vishwajyothi@gmail.com
Sugandhaprakasah	sugandhak@gmail.com
Rashneetha	rashneethakumar25574@gmail.com
Prathakaran V	prathakaranp11091997@gmail.com
Swarnavathi T	swarnavathi@gmail.com
Niza	Nizamul15@gmail.com
Jai Chandrabose	jachandrabose1189@gmail.com
VIBU SUDHAN	vibusudhan@gmail.com
Yogitha	yogithaprem21@gmail.com
Amuthan	mbamuthan@gmail.com
Haritha kalyan	harithakalyan99@gmail.com
Amma K	amma666@gmail.com
Asavathi Vijay	asv695@gmail.com
Neelima ody gob	neelimaodygob@gmail.com
Jeeah Narayan KS	kayash@gmail.com
Alshay siddeshwar	alshaysiddeshwar@gmail.com
Chaitanya	Chaitu65@gmail.com
V Balaji	balajivijayan1995@gmail.com
Mohamed Ibrahimuliah A	irahadamardeen@gmail.com
Mohamed Hebulah	meethubulah123@gmail.com

The book is available for free download at <http://www.industrydocuments.ucsf.edu/docs/000000>

Regards,
Dr Shwani Basak Kuttuva

11/11/2014

[illegible]

11/21/2020, 10:05 AM



Samir Bele <drsamirbele@velammalmedicalcollege.edu.in>

Request to include my program under Velammal's alumni association

4 messages

Shivani kuttuva <shivanibkuttuva@yahoo.in>
To: drsamirbele@velammalmedicalcollege.edu.in

Mon, Jun 29, 2020 at 11:45 PM

Respected Sir,

I am Dr Shivani Baskar Kuttuva from 2013 batch of VMCH & RI. I have now cleared IELTS and PLAB 1 and I'm waiting to appear for PLAB 2 to enter post-graduation training in the UK. Unfortunately, PLAB 2 exams have been cancelled this 2020 due to the current pandemic and I am held up in the United Kingdom. I thought in the meantime I could do something for my juniors as well as towards my CV by holding a zoom lecture on 'PLAB journey' and follow them up and provide preparatory materials through telegram group (doesn't require phone numbers to connect and huge files can be shared). If I continue to do so for 6 months and make a positive impact, which should be made evident by a letter or certificate from the organisation, I can include it under 'Leadership and management skills' in my CV.

This is my kind request to you to include it as a part of Velammal's alumni program. Towards my initiative, I have gathered a bunch of juniors who were interested and also have a PPT drafted for the zoom session. I have attached the google registration form summary and PPT draft to this mail. Please go through this and kindly let me know if I can do this as a part of alumni program.

Thanking you

Regards,

Shivani B Kuttuva

email ID: shivanibkuttuva@yahoo.co.in

WhatsApp call: +447404724774

2 attachments

Registration form

155K

WhatsApp Image 2020-06-29 at 18.48.46.jpeg

155K

WhatsApp Image 2020-06-29 at 18.48.46.jpeg
155K

Presentation 2.pptx
8732K

Samir Bele <drsamirbele@velammalmedicalcollege.edu.in>
To: Shivani kuttuva <shivanibkuttuva@yahoo.in>

Tue, Jun 30, 2020 at 8:04 PM

Good initiative Shivani, we will support you. I request you to become a part of the alumni association first, share the timeline of your program, list of students interested etc. I will share the information with all the students, interns, and alumni to have more participation. Please fill the attached form and send a scan copy. A nominal fee of Rs. 500 you

will have to pay to become the member. I will share the account details of the alumni association shortly.

[Quoted text hidden]

[Quoted text hidden]

Regards,

Shivani B Kuttuva

email ID: shivanibkuttuva@yahoo.co.in

WhatsApp call: +447404724774



Alumni Registration manual.doc

44K

Shivani kuttuva <shivanibkuttuva@yahoo.in>

To: Samir Bele <drsamirbele@velammalmedicalcollege.edu.in>

Wed, Jul 1, 2020 at 12:23 AM

Sir,

Thank you for accepting my request but the problem is I am not registered with GMC yet as I am yet to appear for PLAB 2. So, I think it's better if I have this zoom meeting limited to a few juniors who are known to me. Once, I get a full GMC registration and start working in the NHS, I can probably do it on a larger scale when I come to India.

Vijaya Joithi	Final year
Dharani poun	Intern
Arunnkarthick	Graduated
Vigneshram	Final year
Dharshini Venkat	Intern
Harikrishnan K K	2nd year mbbs
Sharika Sakunthala	Final year
Srividhya K	Final year
NANDHAKUMARAN	Intern
BB vishwapoojitha	Final year
Sugandhaprakaush	Intern
Rasheedha	Intern
Prabhakaran v	Intern
Swarnavalli.T	Pre-final
Nilaa	Intern
Jai Chandrabose	Graduated
VIBU SUDHAN	Intern
Yogitha	Intern
Amuthan	Final year
Haritha kalyan	Final year
Amina K	Graduated
Aswathi Vijay	Graduated
Neelima oby gopi	Graduated
Jeash Narayan KS	Final year
Akshay siddeshwar	Intern
Chaitthanya	Graduated



There are some entries from other colleges also, sir.
I will sign up with the alumni association and pay the fee.

Tentatively, I'm planning to hold it on July 5th, 4 PM IST.

Thanking You

Regards,
Shivani B Kuttuva

[Quoted text hidden]

Samir Bele <drsamirbele@velammalmedicalcollege.edu.in>
To: Shivani kuttuva <shivanibkuttuva@yahoo.in>

Thu, Jul 2, 2020 at 6:22 PM

Okay Shivani, my best regards.

Please make a note that our institution is applying for NAAC accreditations and since alumni are vital stakeholders any activity pertaining to this is equally important for us. Please maintain all data/ records (attendance, log in details, meeting details, ppt or any other relevant records) in all possible manner to provide proof that we have conducted this activity. we will definitely require it.

thanks

[Quoted text hidden]



The Healing Touch

**Velammal Medical College Hospital & Research Institute
& Speciality Wing**

**OFFICE OF DEAN
CIRCULAR**


Ref.No.099/H/Cir/2022

Date: 11.07.2022

Career Guidance Meeting

Career Guidance Meeting is arranged for CRRIs on 12.07.2022 (Tuesday) at 2:30 pm in the 3rd floor Auditorium. Dr. N. Subramanian, Dr.Yuva Vishalini, Dr.Shivani, Dr.Madhan Dr.Dhivya and Dr.Seran Reddy will guide and share their experiences and all the CRRIs should utilize this opportunity for shaping their better future.

All HODs are requested to make a note of this and ensure the presence of CRRIs ontime for the meeting.


DEAN
11/7/22

To:

All CRRIs

Through Concerned HODs

Copy Submitted to:

The Hon.Chairman

The Director

Copy to:

Medical Superintendent

Vice Principal

Chief Administrative Officer

Advisory Board Members



VELAMMAL MEDICAL COLLEGE


HOSPITAL AND RESEARCH INSTITUTE

MADURAI - 625009

Report

Career Guidance Programme Hosted by Alumni of VMCH&RI

On 12.07.2022 a career guidance programme was hosted by the Alumni Association of Velammal Medical College. The aim was to give the Interns of VMCH&RI an idea of the career options available currently. The welcome address was given by Dr. Thirunavukkarasu, Dean VMCH&RI. He had talked about how he went about choosing careers when he was an intern, and how the options presented to medical graduates in his time were fewer when compared to what is being offered currently. Dr. Subramaniam, Rheumatologist had given his insight on his experience abroad and how he tackled it. He introduced the speakers, Dr Sai Yuvavishalini, who is currently on her way to the UK to continue her PLAB journey; Dr. Madhan who has successfully entered the administrative services and is currently under training; Dr. Dhivya, final year postgraduate in Anaesthesia in VMCH&RI and Dr. Shivani, Junior doctor working in the NHS in UK. Each speaker had a different perspective on career pathways. Dr Sai Yuvavishalini had spoken about the PLAB process and the selection criteria, she'd explained on her pursuits during her UG period and how it helped build her resume as a candidate. Dr Shivani, who is currently a junior doctor in the UK, had explained on the process of PLAB, and the order of exams given to reach the level of a superspecialist. She'd also mentioned about the vast difference in attitude towards patient care, work culture and wages between UK and India. Dr. Madhan had spoken about the alternative career pathways that is being offered, ranging from insurance, foreign aid organizations, journalism and civil services. Lastly, Dr Dhivya had given a talk on research and how she went about paper presentations and how it would aid her in the future. The vote of thanks was presented by Dr. Swarnavalli, CRRI, and the session was concluded.

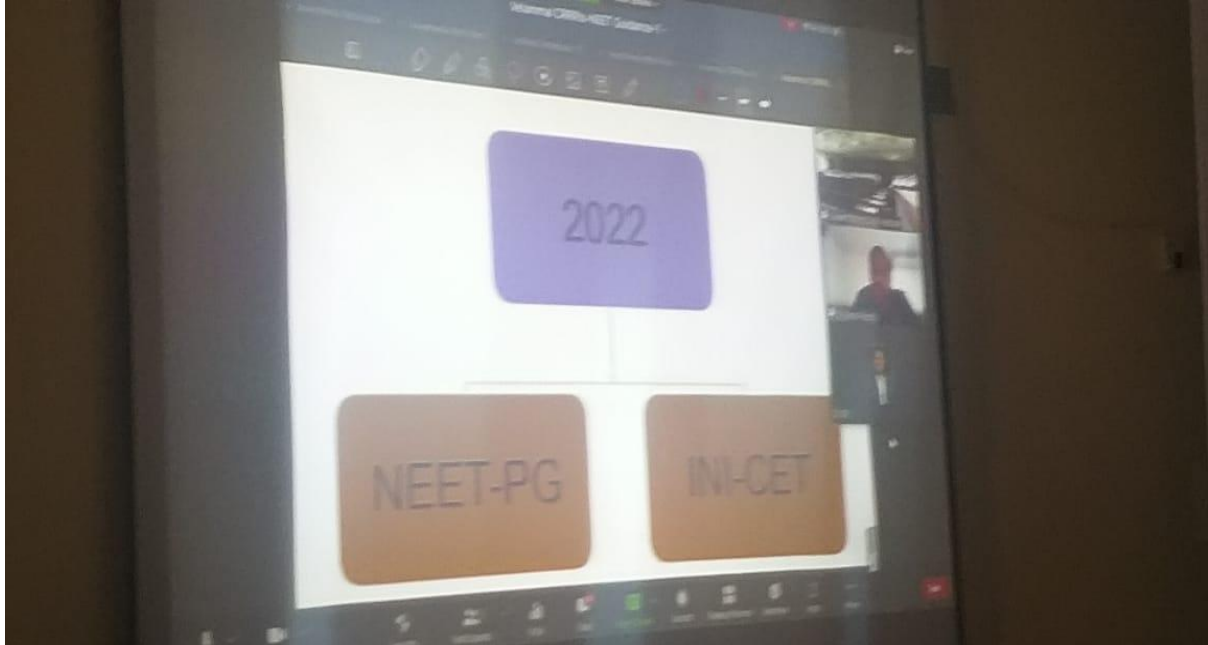

Dean
Velammal Medical College Hospital
and Research Institute
'Velammal Village'
Madurai-Tuticorin Ring Road
Anuppanadi, Madurai (TN)-625 009



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HOSPITAL AND RESEARCH INSTITUTE

MADURAI - 625009





VELAMMAL MEDICAL COLLEGE

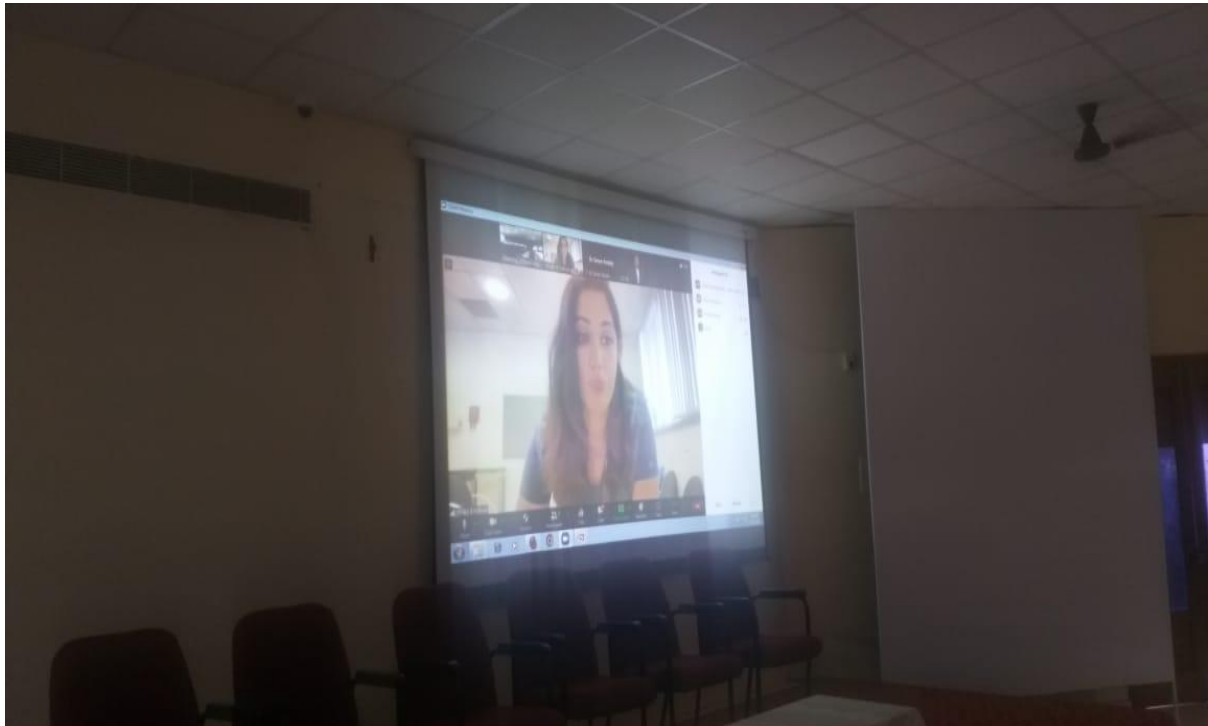
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VELAMMAL MEDICAL COLLEGE

HOSPITAL AND RESEARCH INSTITUTE

MADURAI - 625009

Velammal Medical College Hospital, Madurai

Invites YOU for the

CAREER TRAINING PROGRAMME FOR CRRIs on 12th July 2022.

Date: 12th July 2022,

Time: 3pm to 430pm

Venue-3rd Floor auditorium

- 3pm- Introduction and Welcome : Dr N Subramanian, MD, MRCP, FRCP,
Rheumatologist
- 305pm- Deans Address : Dr Thirunavukkarasu, Dean VMCH
- 310pm- Whats beyond MBBS : Dr N Subramanian, MD, MRCP, FRCP,
- 320pm- Career abroad- first hand info : Dr Yuva Vishalini, GMC registered in UK
- 330pm- Working in NHS UK : Dr Shivani, Core trainee Surgery,
NewCastle, UK
- 340 pm Civil Services : Dr Madhan IPS (training) (Velammal
Alumni)
- 355pm-PG and Research : Dr Dhivya, MD (Anas PG, VMCH)
- 405pm- NEET exam guidance : Dr Seran Reddy, MD (Anas/Critical care)
Hyderabad.
- 420pm- QA- All Panelists
- Concluding Remarks : Dr Subramanian
- Vote of thanks : Dr Swarnavalli CRRi

Thank you

Dr N Subramanian, Rheumatologist, VMCH



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HOSPITAL AND RESEARCH INSTITUTE
MADURAI - 625009

List of participants

SL. No.	Name of Student
1	Aadit Krishna S
2	Aarira Krishnan
3	Adlin Trinita A
4	Ajay S
5	Akash B S
6	Akshita Singh
7	Akshitha Meenakshi V
8	Ameya Venkatesh
9	Amina Marwa Sabreen A
10	Anitta Xavier A
11	Asmitha M
12	Aswin N K
13	Bailey Prakash
14	Bharghavi G
15	Dharshini Priya E
16	Divya R
17	Gayathri P J
18	Gayathri S
19	Gayathri S
20	Gokul Prakash S
21	Gopika M
22	Gowsika A
23	Grace Elsa Jogy
24	Hrudaynath Madhav Menon
25	Ilakkia N
26	Jayahari K
27	Jayasurya T
28	Jeffy M Aro
29	Jhancy Rani
30	Joseph Tharakan C I
31	Kamala Kannan M S
32	Karigha S
33	Karthikheyam S

J. S. Gnan
Dean
Velammal Medical College Hospital
and Research Institute
'Velammal Village' Road
A. Madurai-Tuticorin Bypass Road
Anuppanadi, Madurai (TN)-625 009



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34	Kavitha K R
35	Kavya E
36	Kavya P
37	Kavyasree A K
38	Kumaran S
39	Kuthadi Pooja
40	Linford Nitin C
41	Maanushri S
42	Madhav Krishna B
43	Mathimaran R
44	Mohana Praveen R B
45	Mukesh Kanna M
46	Muthu Lakshmi M
47	Muthusamy M
48	Nachammai P L
49	Navaneetha Ganesh R
50	Naveen Prabhu A
51	Neha S
52	Pooja Shankar
53	Prasana Venkataraman V
54	Pravena B
55	Prem Subha Guru V
56	Priya Singh
57	Priyadharshini R
58	Priyavarshini G
59	Punit Easwar S
60	Raghul Kumar K
61	Rakha Adershni D
62	Rakshana R
63	Rengapadmanathan B
64	Riya M
65	Rohit Paul
66	Ruddhida R
67	Sanjay Arvind Krishna
68	Sarumathi N
69	Sathya Prasath K M
70	Shajith J
71	Shanmathi S



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MADURAI - 625009

72	Sharon Sneha T
73	Shiva Ganesh T M
74	Shivani P H
75	Shree Lakshmi K N
76	Sowmya K
77	Sree Vaishnavie K
78	Sri Janani S
79	Srinidhi Prabhu
80	Srivathsan R S
81	Surya P
82	Surya S
83	Suzanna Mathews
84	Swarna Valli T
85	Swathi G R
86	Ujitha A M
87	Uma Bhagavathy P
88	Varsha M J
89	Vishnu Prakash K
90	Vishnu Srinivasan
91	Yempalla Nikhitha
92	Muthuvijaykumar
93	Remena Selas
94	Preetha R
95	Kanimozhi
96	Kavya S
97	Parameshwari


Dean

Velammal Medical College Hospital
and Research Institute
'Velammal Village'
Madurai-Tuticorin Ring Road
Anuppanadi, Madurai (TN)-625 009

CAREER TRAINING PROGRAMME FOR THE CRRIs

12TH JULY 2022



Career Options After MBBS



Velammal Medical College Hospital, Madurai

Invites YOU for the

CAREER TRAINING PROGRAMME FOR CRRIs on 12th July 2022.

Date: 12th July 2022,

Time: 3pm to 430pm

Venue-3rd Floor auditorium

3pm- Introduction and Welcome	: Dr N Subramanian, MD, MRCP, FRCP, Rheumatologist
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405pm- NEET exam guidance	: Dr Seran Reddy, MD (Anas/Critical care) Hyderabad.
420pm- QA-	All Panelists
Concluding Remarks	: Dr Subramanian
Vote of thanks	: Dr Swarnavalli CRRi

Thank you

Dr N Subramanian, Rheumatologist, VMCH

Introduction to the speakers

Dr. Yuva Vishalini

1. A GMC registered practitioner in the UK
2. An alumna of Velammal medical college hospital and research institute, Madurai.



Introduction to the speakers

Dr. Shivani B Kuttuva

1. Core trainee- Surgery, New Castle, UK.
2. An alumna of Velammal medical college hospital and research institute, Madurai.



Introduction to the speakers

Dr. Madhan

1. IPS training
2. An alumnus of Velammal medical college hospital and research institute, Madurai.



Introduction to the speakers

Dr. Dhivya

1. Final year post graduate in Anaesthesiology
2. And an alumnus of Velammal medical college hospital and research institute, Madurai.

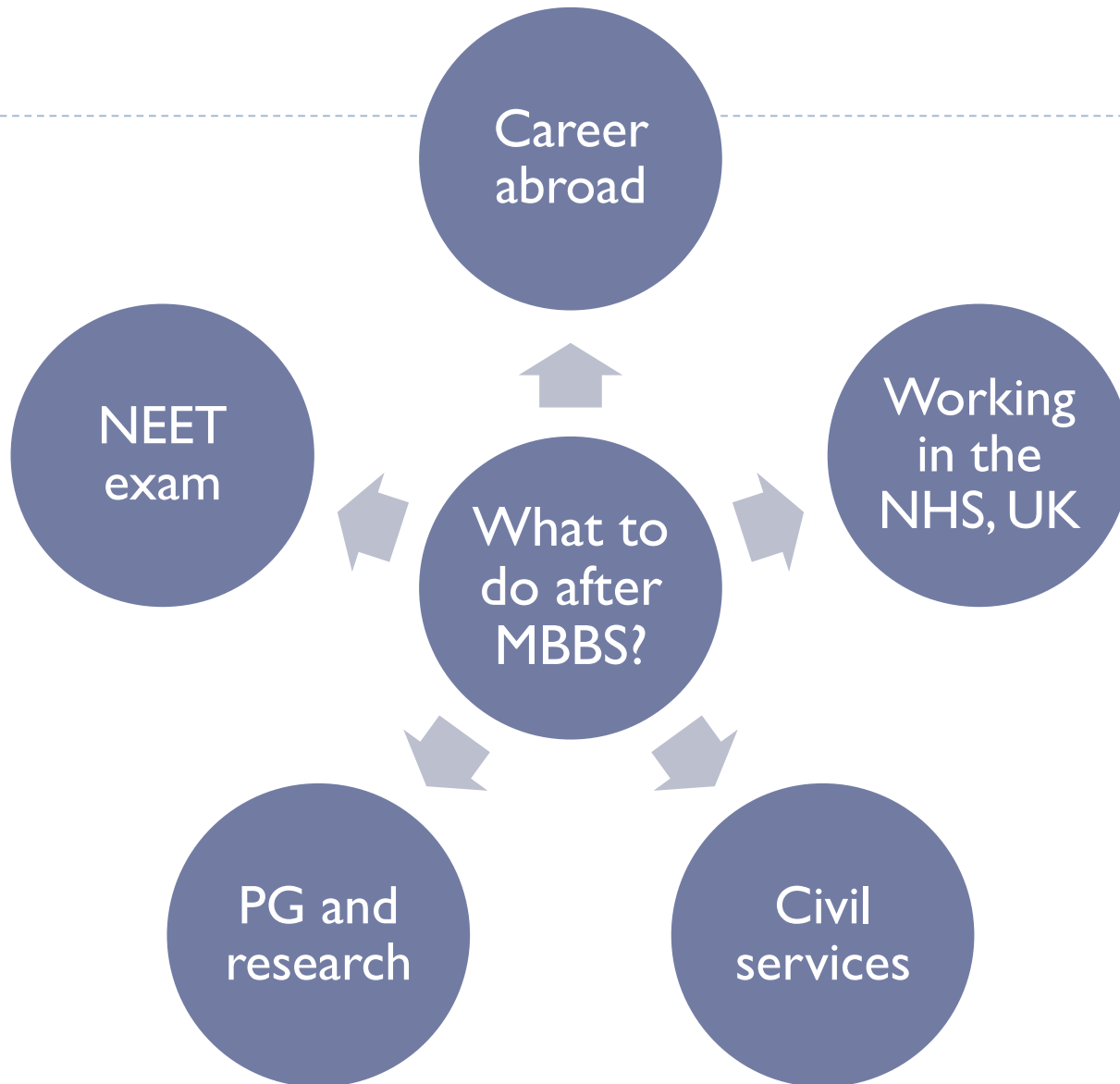


Introduction to the speakers

Dr. Seran Reddy

1. MD (Anaesthesia and critical care)
2. Practicing in Hyderabad





LESSON

Making a solid NHS jobs profile



VISA HOMEWORK



ECFMG



IELTS



PLAB 1



PLAB 2 VISA



PLAB 2

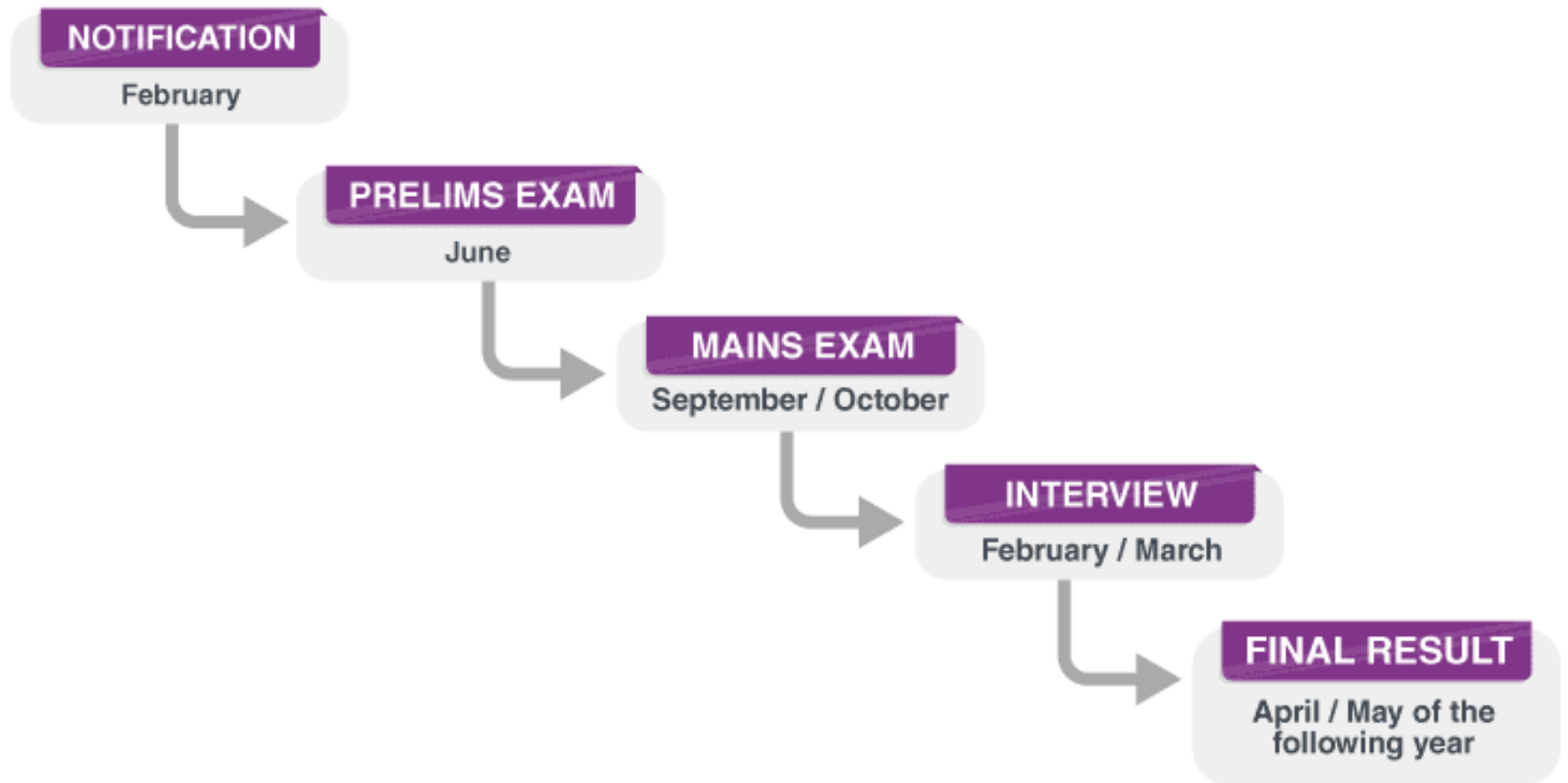


GMC REGISTER

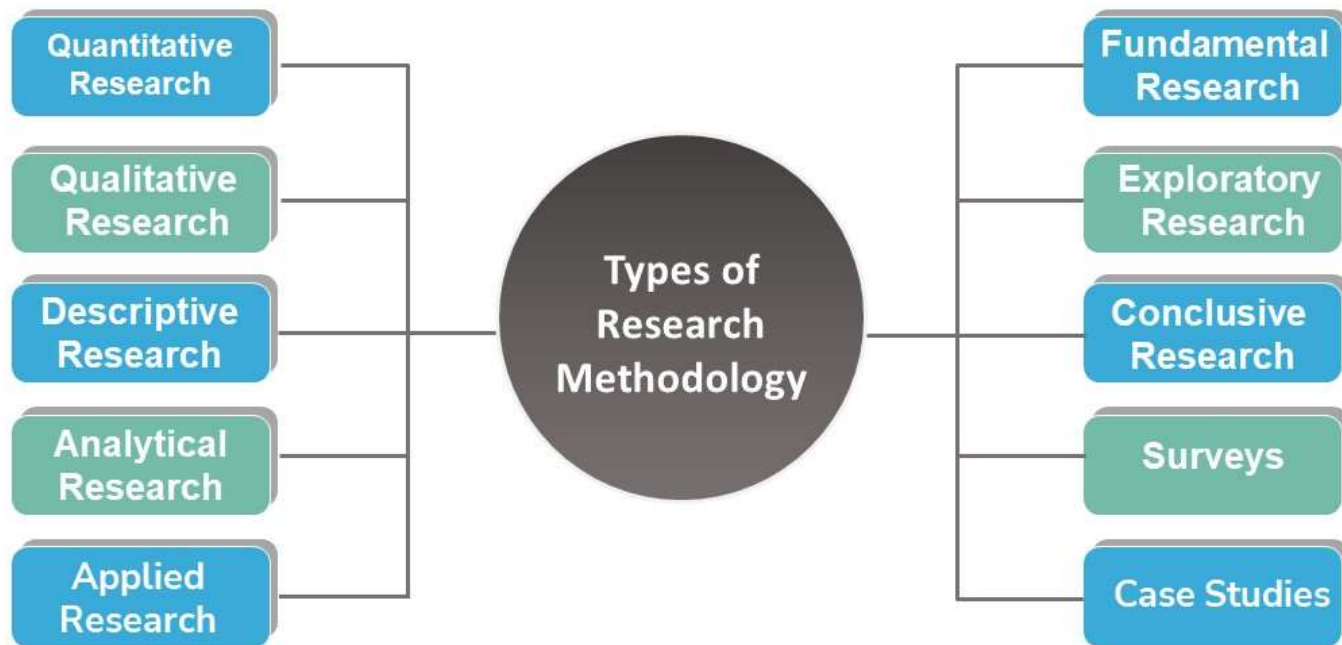


EMPLOYMENT

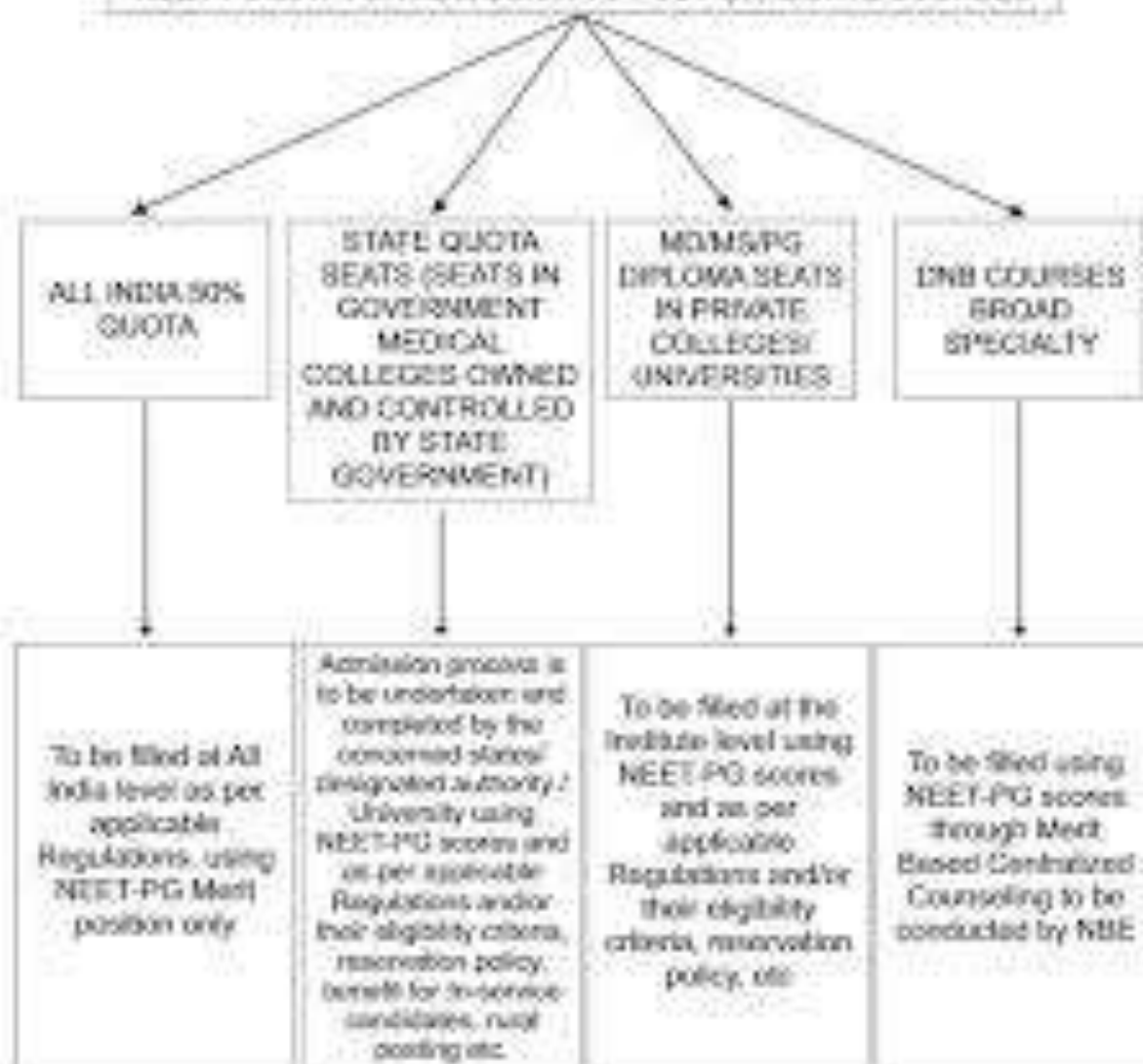




Types of Research Methodology



NEET-PG 2017 FOR ADMISSION TO POST GRADUATE COURSES





ANY
QUESTIONS?





VELAMMAL MEDICAL COLLEGE
HOSPITAL AND RESEARCH INSTITUTE



CERTIFICATE OF PARTICIPATION

This Certificate is proudly presented to

.....

for participating in **“Alumini Association Meet - Career guidance
programme for CRRIs”** conducted on 12th July 2022

by the **DEPARTMENT OF COMMUNITY MEDICINE** held at **VMCH & RI, Madurai.**

Dr. T. Thirunavukkarasu
Dean

Dr. Samir Bele
Head of the Department

Dr. Maria Vidhyan
President, VMC Alumni Association

COMMUNICATION SKILLS FOR EFFECTIVE DOCTOR-PATIENT RELATIONSHIP

BY DR.JAYASHREE



**“Doctors are
Arrogant,always
Busy ,never have
time,just
Want to turn over
patients
Make more money
They don’t care”**

COMMUNICATION SKILLS

“THAT’S A TALENT
YOU EITHER HAVE IT OR DON’T HAVE IT
YOU CANNOT LEARN IT
I DON’T HAVE IT”



BASIC INTERVIEW TECHNIQUES

DRESS CODE:

“THE PHYSICIAN ATTIRE ISN'T NECESSARILY A
RELIABLE INDICATION OF HIS AND HER SKILL
COMPETENCE”

“BUT THIS IS NOT ALWAYS PATIENT'S THINK

PATIENT ASSOCIATE PROFESSIONAL ATTIRE WITH

HONESTY

KNOWLEDGE

HIGH QUALITY CARE

ENTERING IN YOUR CLINIC

PATIENTS ARE IN WAITING AREA

MANY DOCTORS WILL WALK BRISKLY WHILE PULLING A LONG FACE

“SMILING AND WARMLY GREETING PEOPLE MEANS YOU ARE AND
HUMBLE AND
FRIENDLY”



“THIS ACTUALLY MAKES YOU MORE IMPORTANT TO PEOPLE”

BASIC INTERVIEW TECHNIQUES

“BEGIN YOUR INTERVIEW WITH ONE QUESTION IN MIND”

WHO IS THIS PERSON?



ONLY WITH SYMPTOMS CAN REACH A DIAGNOSIS

IT'S A FACT THAT DOCTOR CANT REACH A DIAGNOSIS WITHOUT SYMPTOMS

“PATIENTS ARE NOT DOCTORS AND THEY DON'T KNOW THE FACT”

NEVER ASSUME THEY SHOULD

WHAT TO DO?

TELL THEM



BASIC INTERVIEW TECHNIQUES

LEARN TO LISTEN (LISTENING IS AN ART TO BE TAUGHT) AND **LISTEN TO LEARN** (THE TRUE STORY OF PATIENT ILLNESS)

DEALING WITH MISTRUST OF DOCTORS CARE

DOC,HAVE YOU SEEN CASE LIKE THIS BEFORE ?

WE ARE QUALIFIED

WE ARE HONEST

WE ARE CREDIBLE

WE CARE

WE ARE RESPONSIBLE

OUR PATIENT MUST TRUST US



DEALING WITH PATIENT'S EMOTIONS

ANGER

WHAT DOCTORS DO WHEN
CONFRONTED WITH AN ANGRY PATIENT?



SADNESS AND FEAR

HOW TO DEAL WITH PATIENT SADNESS?



GIVING BAD NEWS

PROFESSIONAL STEPS OF GIVING BAD NEWS

??



The **S-P-I-K-E-S** Protocol

The **S-P-I-K-E-S** Protocol

S Setting Up the Conversation

P Perception

I Invitation

K Knowledge

E Emotions

S Strategy and Summary

S – SETTING - Secure an appropriate area for the discussion.

- Have the conversation in a quiet undisturbed area.
- Prepare for what to say and anticipate the patient/family reaction.
- Have the key people (whom the patient wants) in the room.
- Seat the patient closest to you and have no barriers between you.
- Sit down, try to be calm, make eye contact.

P – PERCEPTION - Assess the patient's understanding of the seriousness of their condition.

- Ask what the patient and family already know.
 - “Tell me what you understand about your condition so far.”*
 - “What did the other doctors tell you?”*
 - “I’d like to be sure we are on the same page with understanding your condition, so can you tell me...”*
- Assess the patient and family members’ level of understanding.
- Take note of discrepancies in the patient’s understanding and what is actually true.
- Watch for signs of denial.

I – INVITATION - Get permission to have the discussion. ***"ASK BEFORE YOU TELL."***

- Set goals for the discussion - ask the patient if they want to know the details of the medical condition/treatment.
"I'd like to go over the results, would that be ok?"
"Today my plan is to discuss...is that okay?"
- Accept the patient's right not to know.
- Offer to answer any questions the patient/family member may have.

K – KNOWLEDGE - Explaining the facts

- **Avoid** medical jargon by explaining the facts in a manner that the patient will understand.
NOT: *"You have a nuclear grade 1ER/PR positive spiculated 4-centimeter lesion."*
BETTER: *"You have a fairly good sized tumor in your breast."*
- Fill in any gaps that were evident in the "Perception" stage.
- Present the information in small chunks.
- After each chunk, verify the patient's understanding.
"Are you with me so far?"

E – EMOTIONS - The Empathic Response – Be Supportive

- Deal with emotions as they occur
(patients who are very emotional will not comprehend what you say).
- Use open-ended and direct questions to explore what the patient is feeling.
“Can you tell me more about how you feel?”
“Did that make you angry?”
- Respond to emotions with empathic and affirming statements.
“I can see you weren’t expecting this.”
“Most people would be upset finding this out.”
- Use *“tell me more”* statements.
PT: *“I don’t know how I’m going to tell my kids.”*
MD: *“Tell me more about that.”*
- Try to keep your own emotions from taking over.
- **AVOID** responding with false reassurance such as:
“Everything will be fine.”
“I’ve seen lots of miracles happen.”

Note: You don’t have to have the same feelings as the patient
nor do you have to agree with the patient.

S – STRATEGY & SUMMARY - Closing the interview

Strategy

- Decide what the best medical plan would be for the patient.
- Appraise in your mind or clarify with the patient their expectations of treatment and outcome.
- Recommend a strategy on how to proceed.
- Collaborate and agree on the plan.
- Ask the patient to repeat to you their understanding of the plan.
- Have a clear treatment plan in writing for the patient to take home with them.

Summary

- Summarize the conversation.
- Offer to answer questions. (be prepared for tough questions):
 - PT: *"Does this mean I'm going to die?"*
 - MD: *"Tell me more about what concerns you?"*
 - PT: *"Can I be cured?"*
 - MD: *"I'm sorry to say that it is unlikely. Our goal is to keep it in check."*
 - PT: *"How long do I have to live?"*
 - MD: *"I can discuss that with you, but first tell me why you ask?"*

References

Baile WF, Buckman R, Lenzi R, Glober G, Beale EA, Kudelka AP. SPIKES-A six-step protocol for delivering bad news: Application to the patient with cancer. The Oncologist 5(4):302-11, 2000.



CLASS PROTOCOL

- BY DR.MUNEESWARAN

The **C-L-A-S-S** Protocol

The C-L-A-S-S Protocol

Five Key Steps for Clinical Interviews

C - CONTEXT	The physical set up of the area you choose for the interview
L - LISTENING SKILLS	How to be an effective listener
A – ACKNOWLEDGE	How to validate, explore and address emotions and concerns
S - STRATEGY	How to provide a management plan that the patient can understand
S - SUMMARY	How to summarize and clarify the conversation ensuring comprehension

C-Context (setting)

A private area with no distractions

Physical Space

- Choose an area where you can have a private conversation.
- Your eyes should be at the same level as the patient and/or family member (sit down if you need to).
- There should be no physical barriers between you.
- If you are behind a desk, have the patient and/or family members sit across the corner.
- Have a box of tissues available.

Family Members/Friends

- The patient should be seated closest to you.

Body Language

- Present a relaxed demeanor.
- Maintain eye contact except when the patient becomes upset.

Touch

- Only touch a non-threatening area (hand or forearm).
- Be aware of cultural issues that may not allow touching.

L - LISTENING SKILLS

Be an effective listener.

Open Ended Questions

- *“How did you manage with the new treatment?”*
- *“Can you tell me more about your concerns?”*
- *“How have you been feeling?”*

Facilitating

- Allow the patient to speak without interrupting them.
- Nod to let the patient know you are following them.
- Repeat a key word from the patient's last sentence in your first sentence.

Clarifying

- *“So, if I understand you correctly, you are saying...”*
- *“Tell me more about that.”*

Time & Interruptions

- If there are time constraints, let the patient know ahead of time.
- Pagers and phone calls – don't answer, but if you must, apologize to the patient before answering.
- Try to prepare the patient if you know you will be interrupted.

A -ACKNOWLEDGE EMOTIONS

Explore, identify, and respond to the emotion.

The Empathic Response

- Identify the emotion.
- Identify the cause of the emotion.
- Respond by showing you have made the connection between the emotion and the cause.
“That must have felt terrible when...”
“Most people would be upset about this.”
- You don’t have to have the same feelings as the patient.
- You don’t have to agree with the patient’s feelings.

S –STRATEGY

Propose a plan that the patient will understand

The Plan

- Appraise in your mind or clarify with the patient their expectations of treatment and outcome.
- Decide what the best medical plan would be for the patient.
- Recommend a strategy on how to proceed.
- Evaluate the patient’s response.
- Collaborate and agree on the plan.

S -SUMMARY

Closing the interview

Final Thoughts

- Summarize the discussion in a clear and concise manner.
- Check the patient's understanding.
- Ask if the patient has any other questions for you.
- If you don't have time for further questions, suggest that they can be addressed at the next appointment.
- Make a clear contract for a follow up visit.

CONES PROTOCOL

-

BY DR .RAVI RAGHUL

The **C-O-N-E-S** Protocol

The C-O-N-E-S Protocol

When You Have to Tell

C Context

O Opening Shot

N Narrative

E Emotions

S Strategy & Summary

Use the C-O-N-E-S Protocol when:

- Disclosing that a medical error has occurred
- There is a sudden deterioration in the patient's medical condition
- Talking to the family about a sudden death

NOTE: The news should be delivered by the most senior person on the patient's treatment team.

C – Context

- Prepare for what to say and anticipate the patient/family reaction.
- Have the conversation in a quiet undisturbed area.
- Seat the patient closest to you and have no barriers between you.
- Sit down, try to be calm, maintain eye contact.
- Have a box of tissues available.

O – Opening Shot

- Alert the patient/family member of important news.

“This is difficult. I have to tell you what I found out about why your mother is so ill.”

“This is hard, but I have some information to give you that is important.”

“I must talk to you about your condition.”

“Thanks for coming in. I must tell you what is going on with your father.”

N – Narrative Approach

- Explain the chronological sequence of events.

“As you know, your mother came in back in...”

“Then, we gave her... and there was little improvement.”

“Last night we....and I just found out that ...”

“In other words, she received too much chemotherapy.”

- Avoid assigning blame and/or making excuses.
- Emphasize that you are investigating how the error occurred.

“We started investigations and by the end of today I hope to be able to answer your questions as clearly as possible.”

“I hope by the end of today she will turn the corner and start improving.”

- Offer a clear apology.

“I am really sorry that this has happened.”

E – Emotions

- Address strong emotions with empathic responses.
- Use the E-V-E protocol as soon as strong emotion occurs.

“I know it’s upsetting for you and it’s awful for me too.”

"I know this is awful."

"It's very rare, but it does happen and I'm sorry to say that it did."

- Beware of being pushed into making promises you can't deliver.
- Avoid reassuring the person that there's going to be a good outcome or that no harm was done.

S – Strategy & Summary

- Summarize the discussion and make specific plans for follow up.
- Let them know the situation is a priority.

"I am the doctor responsible for your mother so it is important that I found out what happened."

"I'll be open and honest with you when I have all the facts."

"I can guarantee we will do our best."

"Here is what I propose we do."

"Let's meet at the end of today or I can call you when I know more."

- If you don't know the answer, say so and that you will attempt to find out.
- Disclosing medical errors is now a standard. It's not optional.
- Sensitive disclosures have a favorable impact on malpractice claims.



VELAMMAL MEDICAL COLLEGE
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CERTIFICATE OF PARTICIPATION

This Certificate is proudly presented to

.....
for participating in **“Career Guidance Programme
HOW TO COMMUNICATE WITH YOUR PATIENT EFFECTIVELY”**

conducted on 16th July 2022 organized by

Velammal Medical College Alumni Association

in Collaboration with **VMCH & RI, Madurai.**

Dr. T. Thirunavukkarasu
Dean

Dr. Samir Bele
Head of the Department

Dr. Maria Vidhyan
President, VMC Alumni Association



VELAMMAL MEDICAL COLLEGE
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Circular

Date:25/07/2022

A career guidance programme is being organized by the Velammal Medical College Alumni Association in collaboration with the Department of Community Medicine. Dr. Venkatesh Karthikeyan, Junior Resident, Department of Community Medicine AIIMS Patna is going to give a talk on how he went about his PG entrance exam as a medical student and post his graduation. All the Interns and students are requested to attend this meeting via Zoom for their benefit.

Dean

To: All Interns/students through Concerned HODs

Copy Submitted to:

The Hon. Chairman

The Director

Copy to:

Medical Superintendent

Vice Principal

Chief Administrative Officer

Advisory Board Members

* Dean

**Velammal Medical College Hospital
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VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

Agenda for guest speech on 31-07-2022

Topic: How to find your dream PG branch and work towards it

Platform: Zoom meetings

Speaker: Dr. Venkatesh Karthikeyan. MD (community medicine), AIIMS, Patna.

2:00 PM to 2:05 PM	Introduction and welcome address	Dr. Trupti Bodhare Professor Department of community medicine
2:05 PM to 2:50 PM	Speech on "How to find your dream PG branch and work towards it?"	Dr. Venkatesh Karthikeyan MD (Community medicine) AIIMS, Patna.
2:50 PM to 2:55 PM	Interactive session	Dr. Venkatesh Karthikeyan MD (Community medicine) AIIMS, Patna.
2:55 PM to 3:00 PM	Vote of thanks	Dr. Samir Bele Professor and HoD Department of community medicine

3.30

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VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

Report for Career Guidance Program

Velammal Medical College Alumni Association organized an online career guidance program on 31.07.2021 on Zoom and the topic was "How to find your dream PG branch & work towards it".

The program was commenced at 2:00 pm on Zoom platform. Nearly two hundred ninety MBBS students and CRRIs had participated in the event that reflected their passion and interest. The program lasted for around one and half hours.

The program was organised under the supervision of Dr. Trupti Bodhare, Professor Community Medicine department of Velammal Medical College Hospital & Research Institute. The program was commenced with a warm welcome speech and introduction of speaker Dr. Venkatesh Karthikeyan, Community and Family Medicine Post Graduate from AIIMS Patna by Dr. Trupti Bodhare.

The speaker of the program Dr. Venkatesh Karthikeyan took over the program and inspired all the audiences with a detailed discussion on how to find one's dream PG branch and how to work towards it positively. He also emphasized that career decision is one of the most significant decisions in one's life and therefore, it must not be taken under parents' compulsion or peer pressure. He also motivated the students to never go out of following their passion. Soon after the formal event, began the interactive session which helped students to clarify their doubts with the speaker.

The online program concluded with a vote of thanks by Dr. Samir Bele, HoD Community medicine department, Velammal Medical College Hospital & Research Institute.

9.50m
Zoom

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Zoom Meeting

Recording...

Participants (273)

Waiting Room (1) [Message](#)

114 Senthil Kumar

In the Meeting (273)

- SB S... (Host, me, participant ID: 370918)
- SB Samir Bele (Co-host)
- SB Samir Bele (Co-host)
- DV Dr Venkatesh Karthikeyan, ADMI...
- H (001) M.Hemalatha
- U (002) Janaki
- K (003) Kabilan T
- (010) Advaita Ashwath
- (011) Ajay Sreevatsav

114 Senthil Kumar entered the waiting room

Admit View

Dr Venkatesh Karthikeyan, ADMI Patna

14:09 31-07-2021

Zoom Meeting

Recording...

Participants (278)

Find a participant

SB S... (Host, me, participant ID: 370918)

SB (Co-host) [Ask to Unmute](#) [More >](#)

- OH 046 Hariprnav
- DV Dr Venkatesh Karthikeyan, ADMI...
- H (001) M.Hemalatha
- U (002) Janaki
- K (003) Kabilan T
- (010) Advaita Ashwath
- (011) Ajay Sreevatsav
- (035) Dharshini S
- (037) Dinesh Karthi S
- (038) Divya bharthi V S
- H (051) Himawani S
- (066) Lalana

Invite Mute All

Dr Venkatesh Karthikeyan, ADMI Patna

14:13 31-07-2021



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Zoom Meeting Participant ID: 370918

Recording...

Dr Venkatesh K...

Chat

From (123) Sidharth M Raahejaa to Everyone:
Hello Sir! How did you take care of your mental health during your preparation time?

From (037) Dinesh Karthi S to Everyone:
Hello sir, how did u manage to maintain the balance between curricular and extracurricular activities, how to overcome the fear of extracurriculars interfering your preparation and learning hours during UG?

From (123) Sidharth M Raahejaa to Everyone:
Thank u sir

From (135) Sudheeksha to Everyone:
hello sir! how deep are the questions in neet pg examination?

Who can see your messages? Recording On

To: Everyone (in Waiting Room)

Type message here...

Join Audio Start Video Security Participants 265 Polls Chat Share Screen Reactions More End

15:00 31-07-2021



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Zoom Meeting

Recording...

Participants (262)

Q Find a participant

SB S... (Host, me, participant ID: 370918)

SB Samir Bele (Co-host)

DV Dr Venkatesh Karthikeyan, ADM...

IT 142 Tharun Prasaath B

H (001) M.Hemalatha

U (002) Janaki

K (003) Kabilan T

(010) Advaitha Ashwath

(011) Ajay Sreevatsav

(026) K.Ashwin

(035) Dharshini S

(037) Dinesh Karthi S

(038) Divya bharthi V S

(051) Himawani S

Invite Mute All

15:02 31-07-2021

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CERTIFICATE OF PARTICIPATION

This Certificate is proudly presented to

for participating in "Career Guidance Programme
NEET PG - By Dr. Venkatesh Karthikeyan" (2014 Batch)
conducted on 31st July 2021 organized by
Velammal Medical College Alumni Association
in Collaboration with VMCH & RI, Madurai.

Dr. T. Thirunavukkarasu
Dean

Dr. Samir Bele
Head of the Department

Dr. Maria Vidhyan
President, VMC Alumni Association



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Circular

Date: 13/08/22

Velammal Medical College Alumni Association in collaboration with the Department of Community Medicine is going to organise on a programme on 'How to communicate with your patient effectively' on 16/08/2022 between 2-4 pm. The topic is, relevant for the current scenario in healthcare. All students posted in Community Medicine practical are instructed to attend the programme without fail.

Dean

To:

All students

Through Concerned HODs

Copy Submitted to:

The Hon. Chairman

The Director

Copy to:

Medical Superintendent

Vice Principal

Chief Administrative Officer

Advisory Board Members

Agenda for the guest lecture on 16-8-2022

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Topic: "How to communicate with your patient effectively?"

Speakers:

1. Dr. Amuthan, alumnus of the 2016 batch
2. Dr. Senthil Kannan, alumnus of the 2016 batch
3. Dr. Preetham, alumnus of the 2016 batch
4. Dr. Akshai Ram, alumnus of the 2016 batch

Venue: Demo hall in the department of Community medicine

2:00 PM to 2:15 PM	Welcome address Introduction of the Guest speakers	Dr. Samir Bele Professor and HOD, Department of Community medicine.
2:15 PM to 2:45 PM	Presentation on the topic "How to communicate with your patients effectively?"	Dr. Amuthan Alumnus of the 2016 batch.
2:45 PM to 3:45 PM	Interaction session between the speakers and the Pre Final Year students	Dr. Amuthan Dr. Akshai Ram Dr. Preetham Dr. Senthil Kannan Alumni of the 2016 batch.
3:45 PM to 4:00 PM	Vote of thanks	Dr. Samir Bele Professor and HOD, Department of Community medicine.

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Report

How to communicate with your patient effectively? - an activity by the alumni of Velammal medical college.

A training programme on 'how to communicate with your patient effectively' was organized by Velammal Medical College Alumni Association in collaboration with the Department of Community Medicine on 16/08/2022 in the Department of Community Medicine in the Demonstration room of the department of community medicine in Velammal Medical College between 2-4 pm. Dr. Akshai Ram, Dr. Preetham, Dr. Senthil Kannan and Dr. Amuthan had given a guest lecture and shared their personal experiences during internship. They gave multiple suggestions, dos and don'ts while communicating effectively with a patient. They emphasized on the significant role of effective communication and shared decision making in day to day clinical practice. The session was interactive and the guest speaker had answered the queries raised by the students. The session was moderated by Dr. Samir Bele, Professor & HoD of Department of Community Medicine.

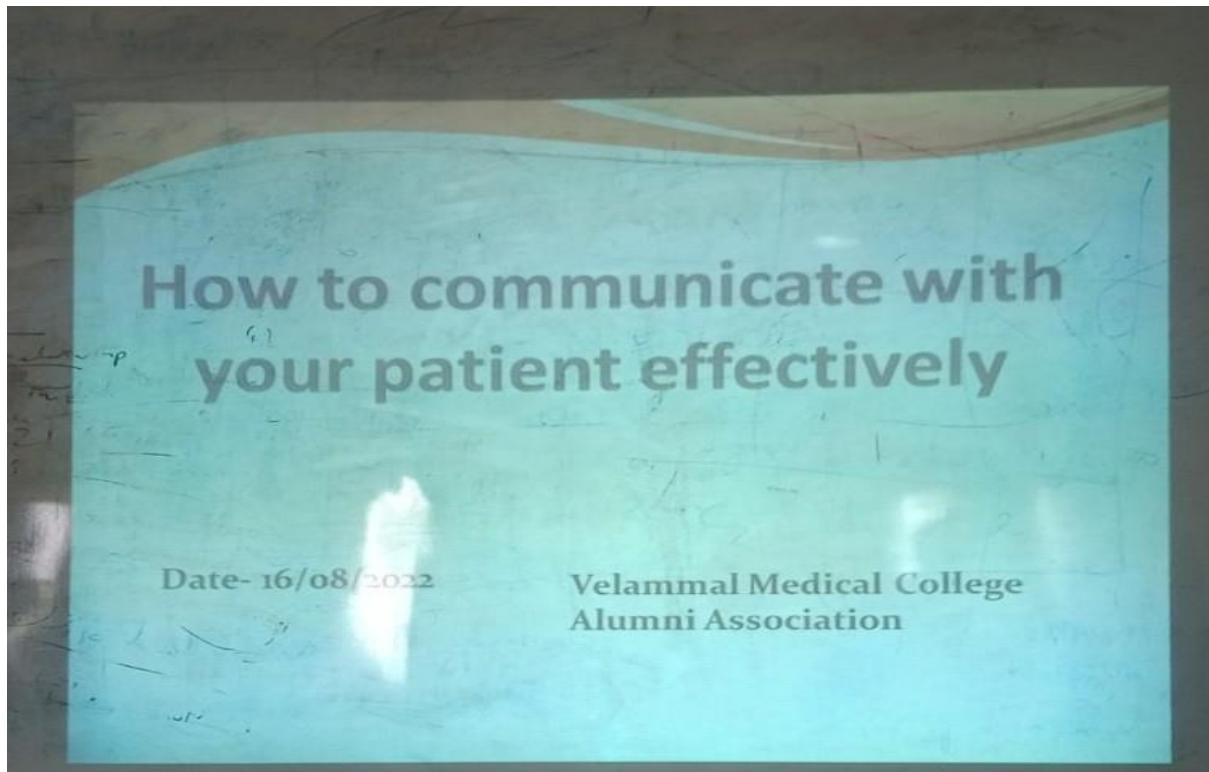
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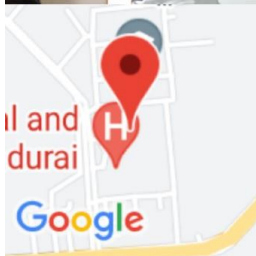
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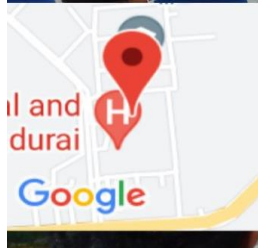




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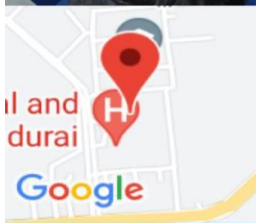
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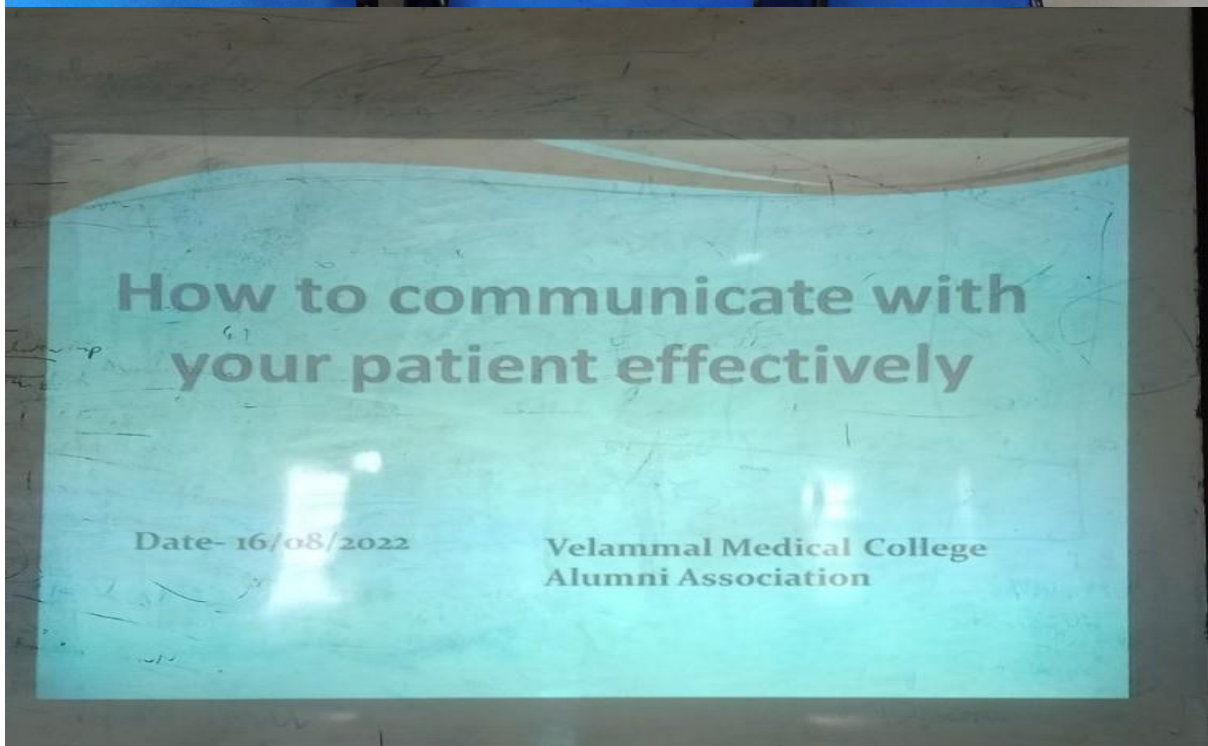
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VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

Topic: How to Communicate With Your Patient Effectively

Date: 16.08.2022 Time: 2pm -4pm

Venue: Demo Hall -2

SL. No.	Name of the students
1.	Jaya shree r
2.	Jeeva .t
3.	Jeevika u
4.	Jenixun i m
5.	Jeya kumara gurubaran s
6.	Jisho deva isravel j
7.	Jyothika j
8.	Kaaviya p
9.	Kamalakkannan s n
10.	Kanishka sree m r
11.	Karal mark
12.	Karthik vasu senthil
13.	Karthika devi m
14.	karthikeyan
15.	Kavinish rajan k
16.	Keerthana a
17.	Keerthana m
18.	Keshava vijaya ananth
19.	Kishore kumar m k
20.	Kokilavani s
21.	Kowsalya s
22.	Krishna kuptha k s
23.	Lakshmi narayanan manokar
24.	Lavanyaa d
25.	Madhumitha malli kumaresan
26.	Madhumitha p
27.	Maneesha kumarai
28.	Manikandan r
29.	Meena s
30.	Mirdhula k
31.	mirthanya
32.	Mohan vishwa m
33.	Monika s

[Signature]
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34.	Monisha r
35.	Nirmal k
36.	Nishika j
37.	Nithya p
38.	Nivetha n
39.	Nivya s v
40.	Pooja k s
41.	Poonkuzhali ka
42.	Pradhikshana kundu prasanna
43.	Prashanth a
44.	Preethi s
45.	Priscilin vinita j
46.	Priya p
47.	Priyadarshini s
48.	Priyadharshini k
49.	Ragavi a
50.	Ragavi r

G. J. A. W.

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Madurai-Tuticorin Ring Road
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How to communicate with your patient effectively

Date- 16/08/2022

**Velammal Medical College
Alumni Association**

The 'why': a rationale for communication skills teaching and learning

Why teach communication skills?

Can you teach and learn communication skills?

Is the prize on offer to doctors and their patients worth the effort?

Why teach communication skills?

Today's scenario

- Complex illnesses and treatments
- Healthcare teams
- Increased patient expectations
- Blame and Complaint culture
- Litigation
- Diversity
- Resource limitation

Why teach communication skills?

- Is it important to study the medical interview
- To achieve an effective interview, doctors need to be able to integrate four aspects of their work which together determine their overall clinical competence:
 - - knowledge
 - - communication skills
 - - problem solving
 - - physical examination

Are there problems in communication between doctors and patients?

- Video 1

Are there problems in communication between doctors and patients?

54% of patients' complaints and 45% of their concerns are not elicited (Stewart et al. 1979).

In 50% of visits, the patient and the doctor do not agree on the nature of the main presenting problem (Starfield et al. 1981).

Only a minority of health professionals identify more than 60% of their patients' main concerns (Maguire et al. 1996).

Are there problems in communication between doctors and patients?

- Consultations with problem outcomes are frequently characterized by unvoiced patient agenda items (Barry et al. 2000).
- Doctors frequently interrupt patients so soon after they begin their opening statement that patients fail to disclose significant concerns (Beckman and Frankel 1984; Marvel et al. 1999).
- Doctors often interrupt patients after the initial concern has been voiced apparently assuming that the first complaint is the chief one

Gathering information

- Doctors often pursue a 'doctor-centred', closed approach to information gathering that discourages patients from telling their story or voicing their concerns
- Doctors rarely ask their patients to volunteer their ideas
- Doctors only respond positively to patient cues in 38% of cases in surgery and 21% of cases in primary care

Explanation and planning

Doctors overestimate the time they devote to explanation and planning

Patients and doctors disagree over the relative importance of imparting different types of medical information

Doctors consistently use jargon that patients do not understand

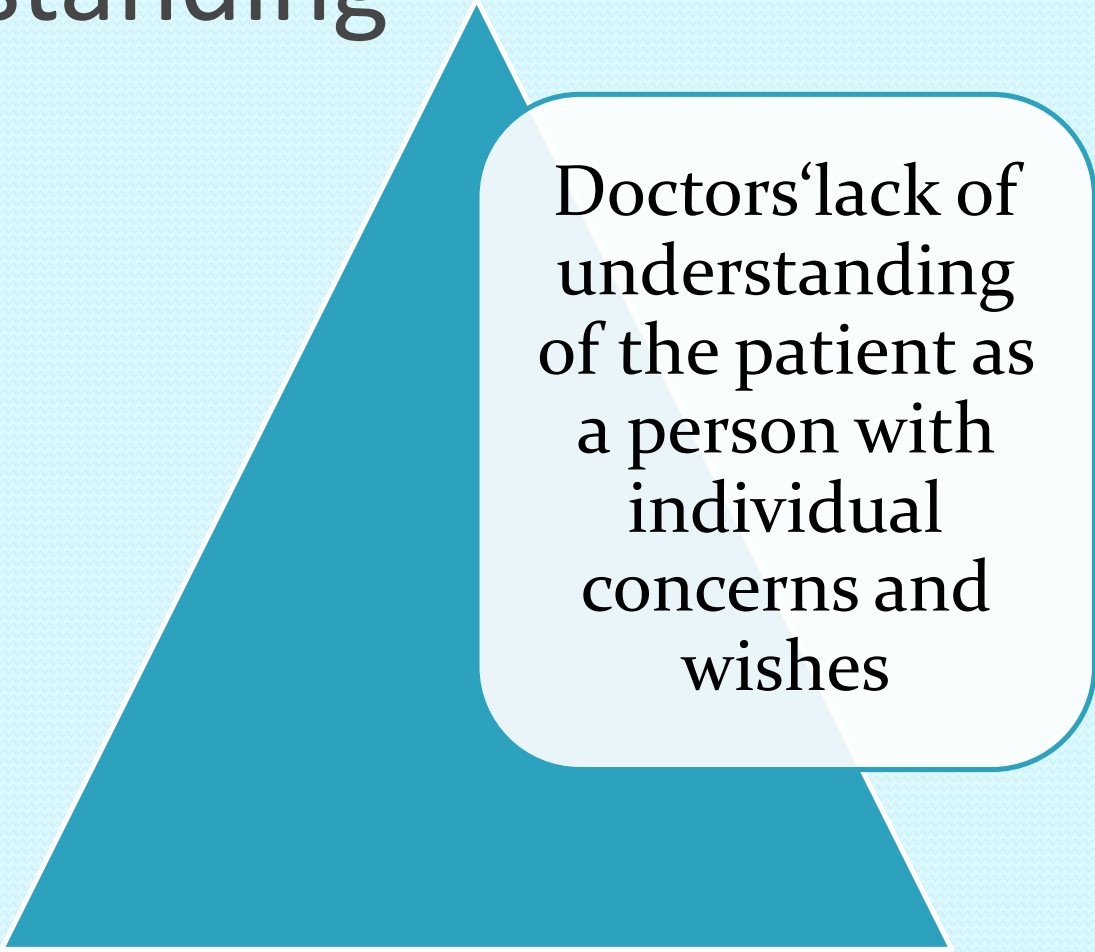
There are significant problems with patients' recall and understanding of the information that doctors impart

Only a minority of patients achieve their preferred level of control in decision making


Problems in communication

- Breakdown in communication between patients and physicians is a critical factor leading to malpractice litigation and violence against doctor
- Major concerns are deserting the patient, devaluing the patient's views, delivering information poorly and failing to understand the patient's perspective

Lack of empathy and understanding



Doctors' lack of understanding of the patient as a person with individual concerns and wishes



Is there evidence
that communication
skills can overcome
these problems and
make a difference to
patients, doctors
and outcomes of
care?

Process of the interview

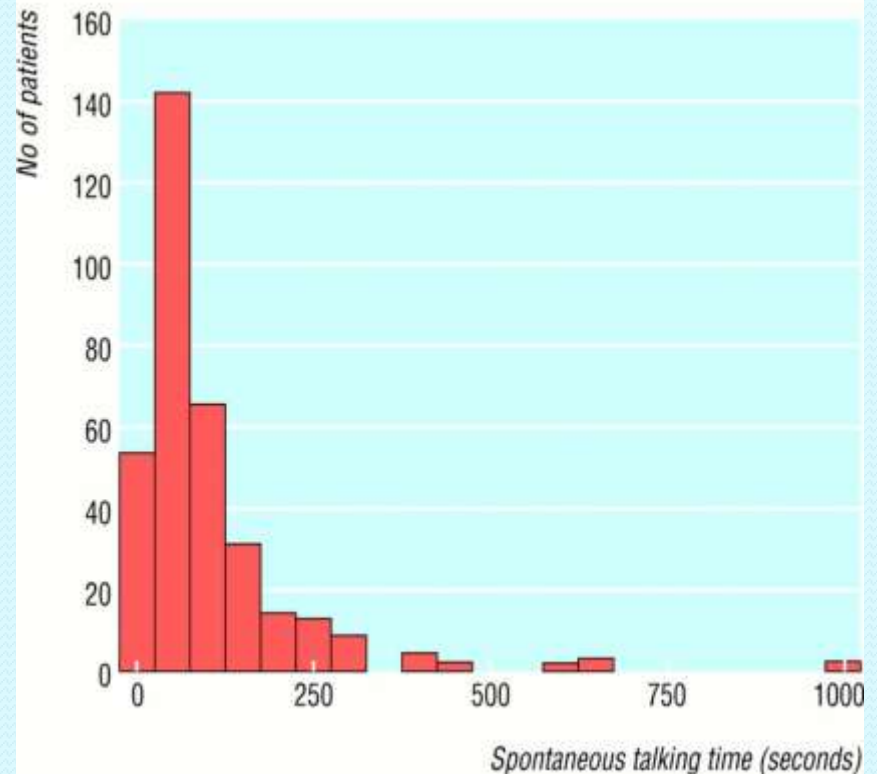
- How long
(on an average) before a
doctor interrupts the
patient?

Primary care

- 22 seconds

Secondary care

- 92 seconds



Process of the interview

- The longer the doctor waits before interrupting the more likely they are to discover the full spread of issues
- The use of open rather than closed questions and the use of attentive listening lead to greater disclosure of patients' significant concerns
- The more questions that patients are allowed to ask of the doctor, the more information they obtain
- Picking up and responding to patient cues shortens rather than lengthens visits

Patient satisfaction

- Greater 'patient-centredness' in the interview leads to greater patient satisfaction
- Discovering and acknowledging patients' expectations improves patient satisfaction
- Asking patients if they have any questions
- Physician non-verbal communication (eye contact, posture, nods, distance, communication of emotion through face and voice) is positively related to patient satisfaction
- Patient satisfaction is directly related to the amount of information that patients perceive they have been given by their doctors

Patient recall and understanding

- Asking patients to repeat in their own words
- The patient's and doctor's explanatory frameworks are should not be at odds
- Patient recall is increased by, summarising, repetition, clarity and use of diagrams

Adherence

- Patients who are viewed as partners, informed of treatment rationales and helped to understand their disease are more adherent to plans made (Schulman1979).
- Doctors can increase adherence to treatment regimens by explicitly asking patients about their knowledge, beliefs, concerns and attitudes to their own illness (Inui et al. 1976; Maiman et al. 1988).


Outcome

- Patient-centred communication is associated with better recovery from discomfort and concern, better emotional health and fewer diagnostic tests and referrals
- Patients who are coached in asking questions and negotiating with their doctor not only obtain more information but actually achieve better blood pressure control in hypertension and improved blood sugar control in diabetes
- Improving communication with patients and their families significantly reduced length of stay

Medico-legal issues

Reduced malpractice rates were seen in physicians who oriented their patients (signposted), asked for patients' opinions, checked for understanding, encouraged patients to talk, laughed and used humour (Levinson et al. 1997).

In a study of 103 orthopaedic surgeons, those who had better rapport with their patients, who took more time to explain and who were available had fewer malpractice suits (Adamson et al. 2000).



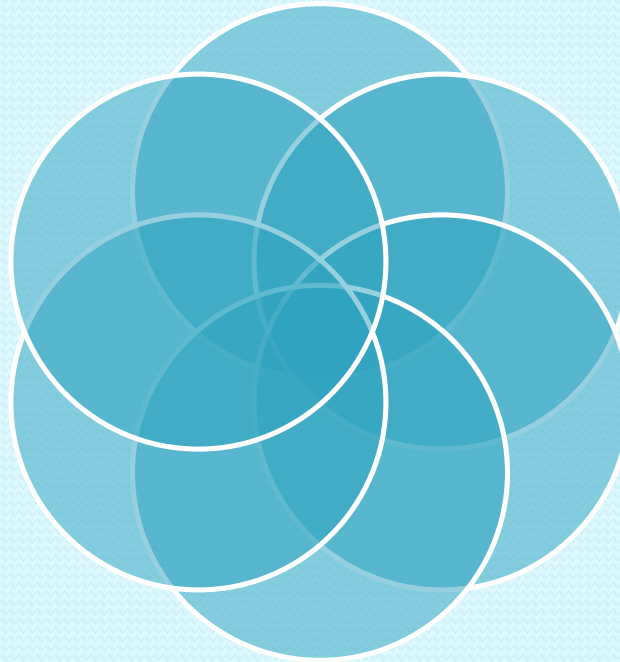
Can you teach
and learn
communication
skills?

teaching

Communication is
a core clinical skill.

Specific learning
methods are
required to obtain
behaviour change:

Changes resulting
from
communication
skills training can
be retained.



It is a series of
learned skills.

Experience can be
a poor teacher of
communication
skills.

Communication
can be taught.

Good Communication Skills are central to Clinical Medicine!

Diagnosis from History alone: 85%

Diagnosis after Examination only: 5-10%

Diagnosis after Investigation: 5-10%

Example

Clinical Skills

- Give intramuscular and subcutaneous injections.
- Carry out arterial blood sampling.
- Perform suturing.

Communication Skills


- Explain procedure
- Respond to patient's emotions

It is a series of learned skills

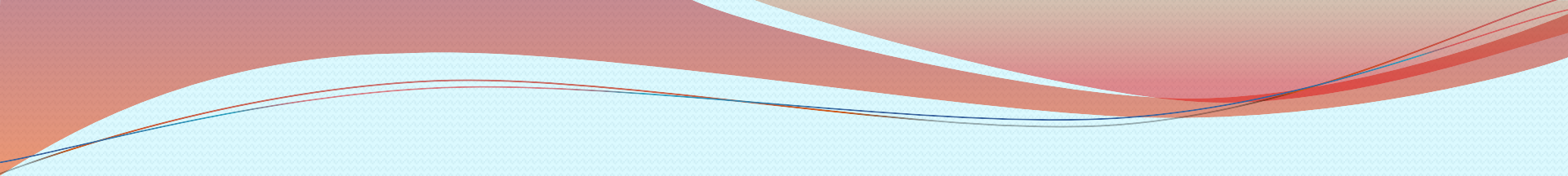
- Not just a matter of personality
- We need to identify the actual skills that have been used, practice the individual components and then put them back together again into a seamless whole

Experience can be a poor teacher

- Unfortunately, communication skills do not necessarily improve with time
- While experience may be an excellent reinforcer of habits, it tends not to discern between good and bad habits, doctors persistently use the same methods over and over again
- Heifer (1970) showed that medical students' communication skills deteriorated as they proceeded through their training



Specific
communication
skills teaching does
produce change in
learners' skills:
communication
skills can be taught

- 
- Aspergren's literature review quality-graded 180 studies on teaching and learning communication skills in medicine concluded that there is overwhelming support for the assertion that communication can be taught and learned
 - More efficient and effective

The changes resulting from communication skills training can be retained

- Maguire et al. (1986a) followed up their original students 5 years after their training. They found that both groups had improved but those who had been given communication skills training had maintained their superiority in key skills such as the use of open questions, clarification, picking up verbal cues and coverage of psychosocial issues

Specific learning methods are required to obtain change

systematic
delineation and
definition of
essential skills

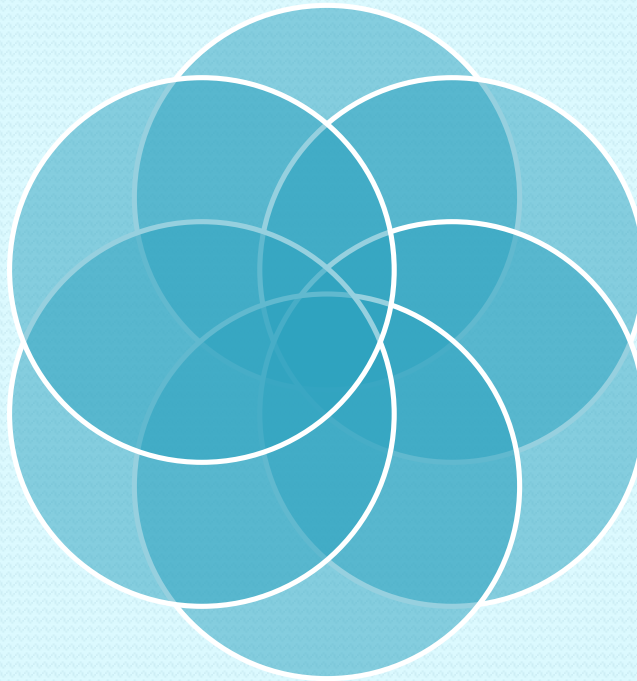
active small
group or one-to-
one learning

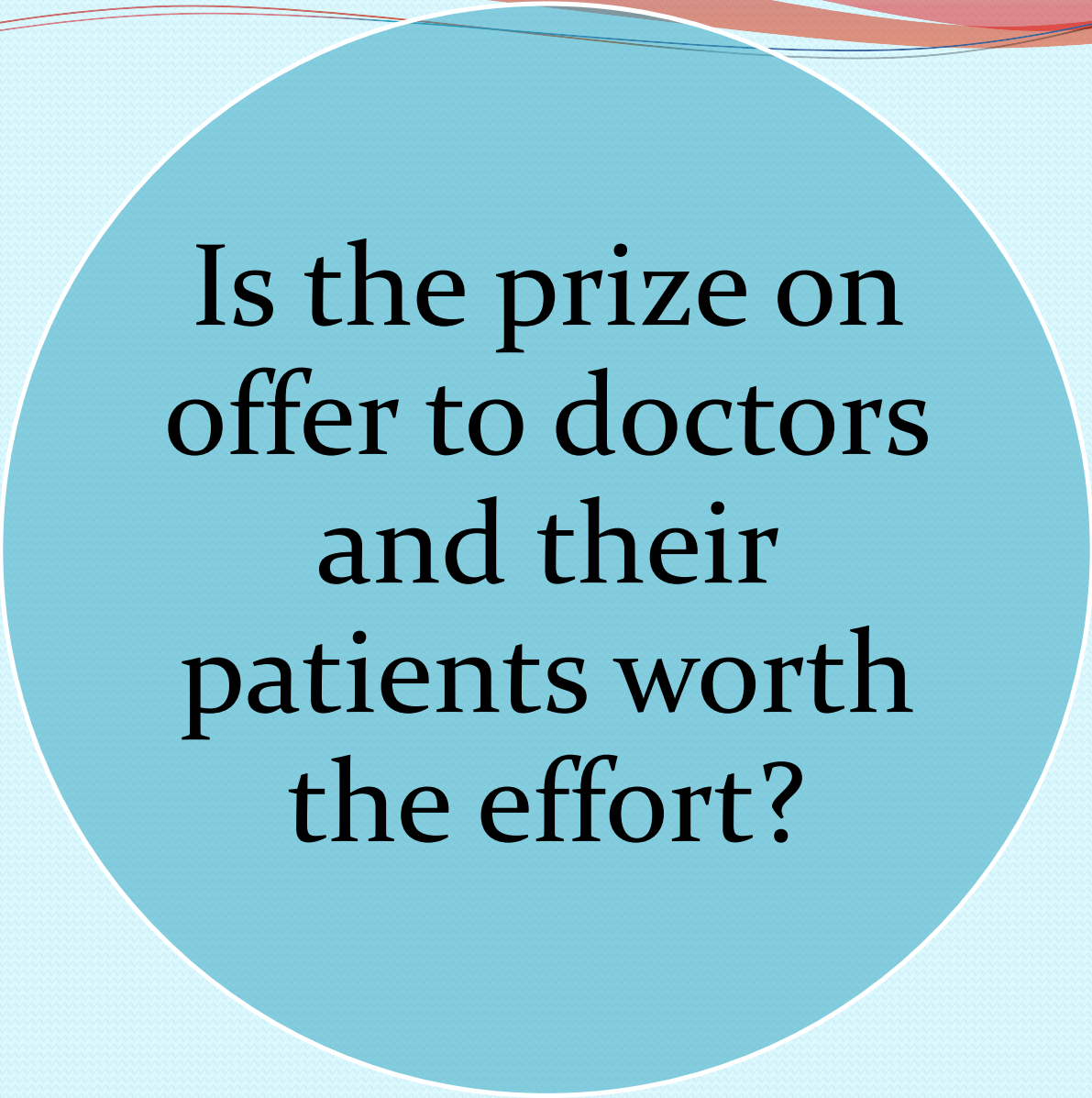
observation of
learners

repeated practice
and rehearsal of
skills

well-intentioned,
detailed and
descriptive
feedback

video or audio
recording and
review





Is the prize on
offer to doctors
and their
patients worth
the effort?

- Communication is not just 'being nice' but produces a more effective consultation for both patient and doctor.
- Effective communication significantly improves:
 - accuracy, efficiency and supportiveness
 - health outcomes for patients
 - satisfaction for both patient and doctor
 - the therapeutic relationship.
- Communication bridges the gap between evidence-based medicine and working with individual patients.

More effective consultations



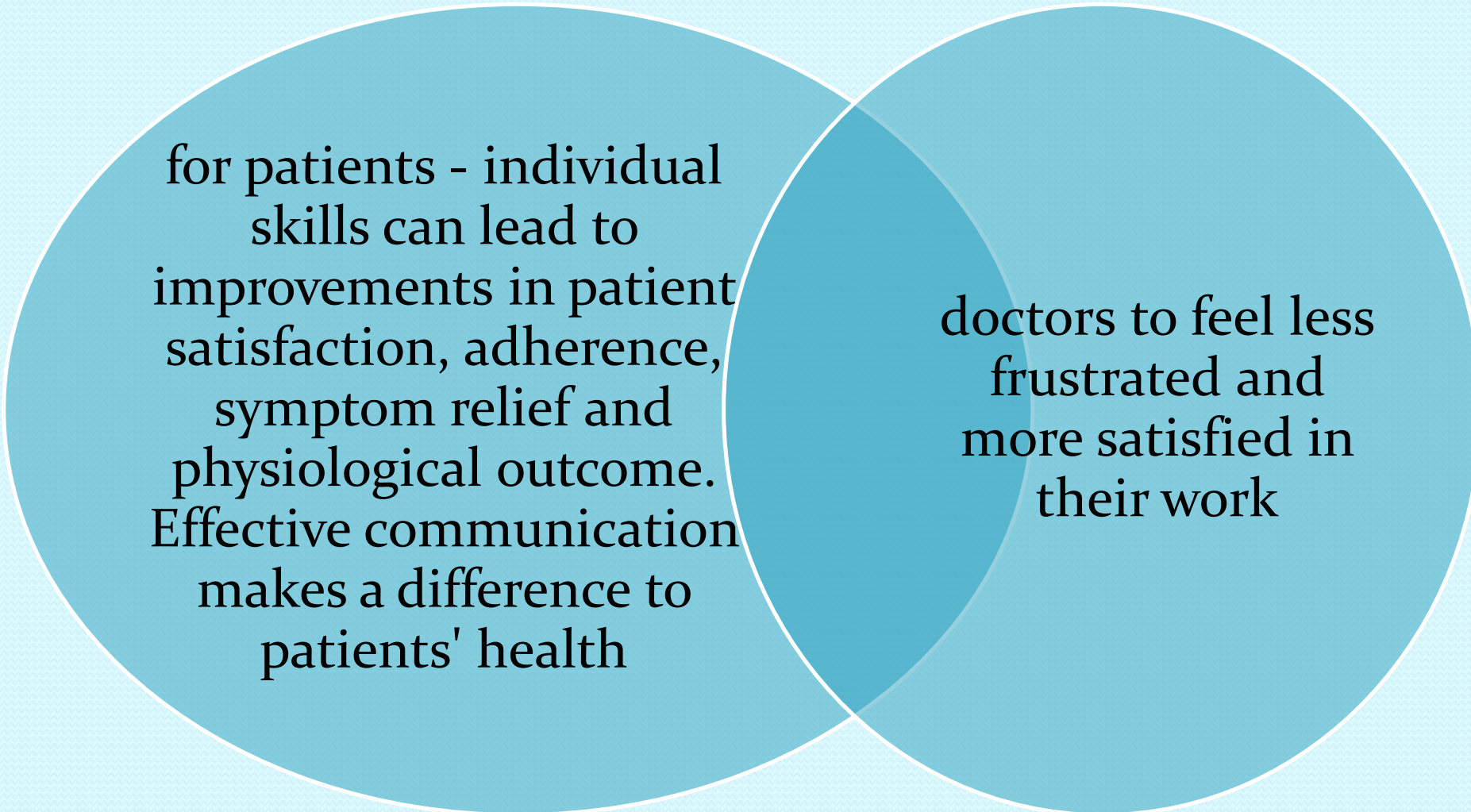
efficiently discover the problems or issues that the patient wishes to address

accurately obtain the full history

collaboratively negotiate a mutually acceptable management plan

supportively form a relationship that helps to reduce conflicts for both patient and doctor

Improved health outcomes



for patients - individual skills can lead to improvements in patient satisfaction, adherence, symptom relief and physiological outcome. Effective communication makes a difference to patients' health

doctors to feel less frustrated and more satisfied in their work

The young doctors

Patients
preferred
those
who

- Introduced themselves
- Were Empathetic
- Appeared self-confident
- Listened to them
- Responded to verbal cues
- Asked precise and simple questions
- Did not repeat themselves

What I am going to do?

- Initiation of the interview (introduces self to patient, Uses name of patient in greeting, presents in a positive and attentive manner, defines the purpose of the interview).
- Listening Skills (maintains good eye contact, is attentive to patient's agenda, avoids distracting activities).
- Questioning Skills (speaks clearly and fluently, uses language understandable to patient, asks appropriate probing questions).
- Management Style and contents (does not make incorrect statements, give appropriately appropriate instructions in a readily understood manner, controls the direction and pace of the interview).
- Closing of Interview (summarizes what has been said, checks out problem list with the patient, reassures the patient appropriately, checks if there are any patient questions).

THANK YOU



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MADURAI - 625009

Circular

Ref No.:

05th October 2022

To,

First Year Students (2021-22 Batch)

Alumni Training Programme

A guest lecture on the topic “How to effectively communicate with your patients?” is being organized by the Alumnus of 2016 batch for the students of the batch 2021-2022 on 08th October 2022, between 10:00 AM and 11:00 AM.

Topic: How to effectively communicate with your patient?

Speakers: Dr. Muneeshwaran

Dr. Ravi Raghul

Dr. Jayashree

All the students are requested to make use of this wonderful opportunity.

Dean

Copy submitted to:

The Hon. Chairman

The director

Copy to:

Medical superintendent

Vice principal



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Agenda

Topic: How to effectively communicate with your patients?

Venue: Lecture Hall- 1, VMCH and RI.

Date and time: 08th October 2022, 10:00 AM- 11:00 AM

SL. No.	Time	Topic	Speaker
1.	10:00 – 10:05 AM	Introduction to the event	Dr. Samir Bele Professor and HoD Department of Community Medicine
2.	10:05 – 10:20 AM	How to effectively communicate with your patients?	Dr. Jayashree Alumnus of VMCH and RI, 2015 batch
3.	10:20 – 10:35 AM	CLASS strategy	Dr. Muneeshwaran Alumnus of VMCH and RI, 2016 batch
4.	10:35 – 10:50 AM	CONES strategy	Dr. Ravi Raghul Alumnus of VMCH and RI, 2016 batch
5.	10:50 – 10:55 AM	Interaction session with the speakers	
6.	10:55 – 11:00 AM	Vote of thanks	Dr. Vasumathi Department of community medicine



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Report

Topic: How to effectively communicate with your patients?

Venue: Lecture Hall- 1, VMCH and RI.

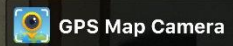
Date and time: 08th October 2022, 10:00 AM- 11:00 AM

On 8th October 2022, an event was organised by the Department of Community Medicine in association with the Alumni association of VMCH and RI which involved guest lectures by the Alumni on the topic “How to effectively communicate with your patients?” at lecture hall 1 between 10:00 and 11:00 AM.

The event began with the welcome address and Introduction of the Guest speakers by Dr. Samir Bele, Professor and HoD, Department of Community Medicine at 10:00 AM.

At 10:05 AM Dr. Jayashree, an alumnus of the 2015 batch was invited over the stage to speak on the topic:” How to communicate effectively with your patients?” which was followed by the guest lecture on the CLASS strategy by Dr. Muneeshwaran, an alumnus of the 2016 batch at 10:20 AM.

Later, at 10:35 AM, Dr. Ravi Raghul, an alumnus of the 2016 batch presided over the stage to deliver his lecture on CONES strategy. This was followed by an interactive session at 10:50 AM where the curious students voiced out their doubts and concerns to the speakers which were answered by the speakers. And the event came to an end by 11:00 AM with Vote of thanks by Dr. Vasumathi.





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GPS Map Camera



Google

Chinthamani, Tamil Nadu, India

Madurai-Tuticorin Ring Road, Velammal, Anuppanadi Near Chinthamani,

Toll Gate, V5P2+R2F, Chinthamani, Tamil Nadu 625009, India

Lat 9.887608°

Long 78.149944°

08/10/22 10:10 AM GMT +05:30



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Madurai, Tamil Nadu, India

5/371A, Rajiv Gandhi Nagar, Anupanadi, Madurai, Tamil Nadu
625009, India

Lat 9.901404°

Long 78.146288°

08/10/22 10:41 AM GMT +05:30

List of Speakers

Topic: How to effectively communicate with your patients?

Venue: Lecture Hall- 1, VMCH and RI.

Date and time: 08th October 2022, 10:00 AM- 11:00 AM

SL. No.	Name	Designation
1.	Dr. Samir Bele	Professor and HoD Department of Community Medicine
2.	Dr. Jayashree	Alumnus of VMCH and RI, 2015 batch
3.	Dr. Muneeshwaran	Alumnus of VMCH and RI, 2016 batch
4.	Dr. Ravi Raghul	Alumnus of VMCH and RI, 2016 batch
5.	Dr. Vasumathi	Department of Community medicine



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List of Participants

SL. No.	Name of the Students
1	Aashika Ashokkumar
2	Aathira R A Devi
3	Abinaya G
4	Abino Bruce R M
5	Abisshree P V
6	Abitha H R
7	Adhel Tawfiq Seeni Mohamed
8	Akash M R
9	Akilan A
10	Akshitha Sharen
11	Ananya Kumaran
12	Anthra A
13	Anu Shree C R
14	Anusuya P
15	Arulmozhi S V
16	Arunachalam S
17	Asmita Mrinal G
18	Aswin A
19	Aswin D
20	Aswin Kumar B
21	Athavan A
22	Athishnivash S S
23	Bala Thanishka B
24	Barath Kumar E
25	Bathri Narayanan B S
26	Bavesh Krishnan S
27	Belmino Bridson T
28	Benjamin Donato Michaelraj
29	Bharathichellam T
30	Bharathraj K
31	Chibi Krishnan S N K
32	Danyasri R
33	Darshan S
34	Deepika C
35	Deepika R



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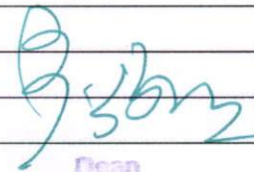
36	Deepshika S
37	Dhanush Krishna V
38	Dharsni K
39	Dheepa Gayathri L
40	Divya K
41	Divya S
42	Elayanila S
43	Emifa Shalom Jayachandra Raja
44	Ezhil Valavan Anuprabha
45	Gnana Christus Joel G
46	Hansika J
47	Hari Prashanna R
48	Harikrishna T
49	Hariraj A
50	Harish Adhitya P M
51	Harisha Renu M
52	Harshidha S
53	Huneiza Fathima Mohamed Saki
54	Jagan Balaji S
55	Janani M
56	Jayasakthi Aja J
57	Jayashree S
58	Jegapriya R
59	Kamalesh A
60	Kanchana S
61	Kanish K
62	Karthika D
63	Kathiravan K
64	Kavia Shivani S
65	Kaviarase P
66	Kavin S
67	Kaviya Sri R
68	Kaviya Varshini K L
69	Kaviyashree R
70	Keerthik Roshan M
71	Kiruthika El
72	Kisshore Kumar Murali
73	Laiyonard Susan L

9.5.02
Dean



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74	Madhumitha S S
75	Madhuvanthi V
76	Malavika A
77	Manasha M
78	Manoj P A
79	Mathalai Easha Sri M
80	Mithra Shree K
81	Mohamed Adnan Abdul Samathu
82	Mohammed Sameer Abubacker S
83	Mugundhan B
84	Mukisha A
85	Nanditha S
86	Narpavi K
87	Navakanya S J
88	Naveensundar K
89	Nikillan K
90	Nithyashri M
91	Paul Thomson V
92	Pavithra M
93	Pavithra S M V
94	Prajith Selvaraj Sherbourn Issac S
95	Pranav Kesava S R
96	Pranav R P
97	Pranav Ram S
98	Pravin V S
99	Prem M
100	Priya Dharshini A
101	Rafa Furgana J
102	Rahul R
103	Ramya K
104	Ramya T
105	Reema Rabi
106	Renuka Devi S
107	Rithikamathi C
108	Ritika Ajith
109	Sadhurvedhi N S
110	Sahaana R
111	Saisurya S


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112	Sakthi K
113	Sangeetha B
114	Sangeethaa M
115	Sanjith Prasanna Masanaraj
116	Sankareswar B
117	Sanoli R B
118	Sarumathi K
119	Shanmugapriya M A
120	Shivaprakash M
121	Shivaraman R K
122	Sivaranjani V
123	Sivashanmugam S D
124	Souli Abinith A R
125	Sowmiya M
126	Srisimiriti M
127	Srivarshini S
128	Subhasrii S U
129	Sudarsya R
130	Sudha Sri E
131	Sudharsan K
132	Sughitha S
133	Sukanyavarsha A G
134	Sundaradoss P S
135	Suparna M L
136	Supreetha V
137	Surendiran A
138	Sushindhar R
139	Sushma K
140	Thanigaimurugan M
141	Thanikkesan P
142	Thanushri V S
143	Varsha A
144	Vigneshwar D P
145	Vijay B
146	Vishal E
147	Vishali P
148	Viveka R T
149	Yazhini G

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