




VELAMMAL MEDICAL COLLEGE
HOSPITAL AND RESEARCH INSTITUTE
MADURAI - 625009

1.3.2

Brochures and Detailed Report of Value-Added Courses offered During
2020-21

Index

SL. No.	Name of the Value-Added Courses	Page No.
1.	Suicide Prevention and Psychological First Aid	2 - 8
2.	Basic Computer skills for MBBS students	9 - 14
3.	Pulmonary Function Test	15 - 23
4.	Communication skills and personality development	24 - 28
5.	Problem solving methodologies and decision making	29 - 31


Prof. T. THIRUNAVUKKARASU, M.D.,D.A.
Dean
Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tuticorin Ring Road
Anuppanadi, Madurai-625 009, T.N.



VELAMMAL MEDICAL COLLEGE
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2020-21

The Department of Psychiatry

Value Added Courses (VACs)

Academic Year	Dates	Topic
2020-2021	10 th -11 th September, 2020	Suicide Prevention and Psychological First Aid


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Circular

Velammal Hospital/Dept of Psychiatry/VAC 1

Date: 24.08.2020

An Enrichment Course will be held on 10th -11th , September ,2020 By The Department of Psychiatry.

Topic titled: Suicide Prevention and Psychological First Aid

Presenter: Dr. Ramanujam.V, Professor And Hod, The Department of Psychiatry and Team


All the Prefinal YEAR MBBS students and staff are requested to attend and make it successful.

Head of the Department

Principal

Copy to

1. Notice Board.
2. HODs of All departments


Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,
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Activity Report

Suicide Prevention and Psychological First Aid

Introduction:

The burden of Suicide in our society is humungous. Globally, close to 8 lakh people die by suicide every year, that's one person every 40 seconds. For each suicide, there are more than 20 suicide attempts.

While the causes of suicide are many, with mental illnesses being at the forefront, many suicides are impulsive and in the heat of the moment during times of stress and crises.

Risk factors include experience of loss, loneliness, discrimination, a relationship break-up, financial problems, chronic pain and illness, violence, abuse, and conflict or other humanitarian emergencies. The strongest risk factor for suicide is a previous suicide attempt.

In India, pesticides, self-hanging, jumping off bridges and in front of trains are the major means by which suicide is attempted.

The Mental Healthcare Act, 2017 decriminalizes suicide, assuring adequate medical relief to those attempting it. This is a landmark development ensuring dignity and a humane perspective to the issue and has helped reduce the stigma attached to it.

The key to addressing suicides is to create awareness about its prevention, management and enhance the capacity of health workers to offer first-aid.

Objective:

1. The course aims at enhancing awareness among the medical students / staff about the burden of suicide and train them in the basics of Psychological First Aid.
2. At the end of the course the students are able to possess knowledge regarding the Psychological interventions for Suicide.


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Date: 10.09.2020 and 11.09.2020

Course Duration: 16 HRS

Location: Velammal Medical College Hospital, 3rd floor auditorium,
Madurai


Organized by: Department of Psychiatry

Audience: Pre- Final year MBBS students and Faculty members

Speaker: Faculties from Dept of Psychiatry/ Community Medicine/
General Medicine/

Method adopted: Constructivist Student centered approach.

Materials used: PowerPoint and Small Group Discussion and live
demonstration.


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Curriculum and Programme Agenda

Day 1

Inauguration Pre Test

Session	Time	Topic	Speaker
Session 1:	8.30 am to 9.15 am	Introduction – Historical Overview Of Suicide And Intentional Self Harm	Dr. V. Ramanujam, Dept. Of Psychiatry
Session 2:	9.15 am to 10.15 am	Burden Of Suicide In The Community	Dr. Samir Bele Dept Of Community Medicine
10.15am To 10.30 Am Tea Break			
Session 3:	10.30 am to 11.30 am	Etiopathology Of Suicide	Dr. Rena Rosalind Dept Of Psychiatry
Session 4	11.30am to 12.30pm	Suicide In The Indian Context	Dr. Vidhya, Dept. Of Psychiatry
12.30 pm To 1.00 pm Lunch Break			
Session 4:	1.00 to 2.00 pm	Link Between Mental Illness And Suicide	Dr. V. Ramanujam, Dept. Of Psychiatry
Session 5:	2.00 pm to 3.00 pm	Suicide Risk Assessment	Dr. Sumithra, Dept. Of Psychiatry
Session 6:	3.00 pm to 4.00pm	Small Group Discussion And Demonstration Of Suicide Risk Assessment	Faculties From The Department Of Psychiatry


T. Thirunavukkarasu
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Day 2

Session	Time	Topic	Speaker
Session 1:	8.00 am to 9.00 am	Role Of Public Health Strategies In Suicide Prevention	Dr. Sudarshan, Dept. Of Community Medicine
Session 2:	9.00 am to 10.00 am	Psychological First Aid	Ms. Thangam Dept Of Psychiatry
10.00 am to 10.30 am Tea Break			
Session 3:	10.30 am to 12.30 pm	Small Group Demonstrations – Psychological First Aid	Faculties Dept Of Psychiatry
12.30 pm to 1.30pm Lunch Break			
Session 4	1.30 pm to 2.30pm	Mhca 2017 And Suicide	Dr. V Ramanujam, Dept Of Psychiatry
Session 4:	2.30 pm to 3.30 pm	Role Of Emergency Physician In Suicide Management	Dr. Virgin Joena- Dept Of Medicine
Session 5:	3.30 pm to 4.30 pm	Interesting Case Scenarios And Their Management	Dr. Sumithra, Dept Of Psychiatry


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Certificate Distribution

Description: The value added course on Suicide Prevention acts as an eye opener for creating awareness among the students this issue and also to reduce the social stigma related to the discussion about suicide. By integrating the Departments outside Psychiatry will help the students understand the impact of the illness on the community.

Outcome Analysis : At the end of this session students will have better understanding on the causes/burden and management of Suicide. The outcome is subjectively assessed by feedback questionnaire rated by the students and pretest and post test questions.

Head of the Department

Seal & Signature



*Velammal medical college hospital & Research institute,
Madurai -625009*

CIRCULAR

Ref.No: 045/CIR/2021

Date: 19/08/21

To: All Final Year MBBS Students

Subject: Value Added Course Conducted by Dermatology Department

The Department of Dermatology will conduct a Value-Added Course on Basic computer skills on the 21st and 22nd of August 2021. The course is open to all final-year MBBS students to attend.

The two-day course will offer comprehensive training in computer skills, make the best use of this opportunity offered by the Dermatology Department.

VICE PRINCIPAL

Copy submitted to:

The Hon. Chairman

Copy to:

The Dean

Medical Superintendent

Chief Administration Officer

HOD, Dermatology

All Clinical and Non-Clinical HODs



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AFFILIATED TO THE TAMIL NADU DR. M.G.R MEDICAL UNIVERSITY, CHENNAI

Department Of Dermatology

Value Added Course- Basic Computer Skills For MBBS Students

Introduction:

The Department of Dermatology conducted a 2-day program on Basic Computer Skills for MBBS student on 21.08.2021, 22.08.2021. The program was inaugurated by the Dean of the institution, who emphasized the need for continuous learning and development in the professional field. Dr. Krishna Ram, the Head of the Department expressed his gratitude to Dean for providing necessary arrangement for the program. The objective of the program was to enhance the computer skills of the participants, especially those who were not proficient in using computer software or applications. It also aimed to provide insights into personality development, which is crucial for personal and professional growth.

COURSE TITLE	Basic computer skills – value added courses
TARGET AUDIENCE	Final year MBBS students
DATE	21.08.2021 and 22.08.2021
TIME	9.00am to 5.00pm
VENUE	Lecture Hall , Velammal Medical College And Research Institute
CONDUCTING DEPARTMENT	Department of Dermatology

Day 1: 21.08.2021

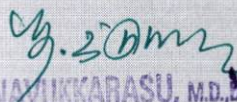
Time	Topic	Faculty
9:00 AM - 10:00 AM	Inauguration by the Dean	
10:00 AM - 11:30 AM	Introduction to Basic Computer Skills	Dr.A.S.Krishnaram
11:30 AM - 11:45 AM	Tea/Coffee Break	
11:45 AM - 1:00 PM	Microsoft Word Basics	Dr.U.Pallavi Rathi Vanthitha
1:00 PM - 2:00 PM	Lunch	
2:00 PM - 3:30 PM	Microsoft Excel Basics	Dr.R.Sakunthala
3:30 PM - 3:45 PM	Tea/Coffee Break	
3:45 PM - 5:00 PM	Creating documents in Excel and word	Dr.B.Nirmal

Day 2: 22.08.2021

Time	Topic	Faculty
9:00 AM - 10:30 AM	Internet and Email Basics	Dr.B.Nirmal
10:30 AM - 10:45 AM	Tea/Coffee Break	
10:45 AM - 12:00 PM	Introduction to PowerPoint	Dr.T.G.Narmadha Devi
12:00 PM - 1:00 PM	Lunch	
1:00 PM - 2:30 PM	Internet safety	Dr.R.Sakunthala
2:30 PM - 2:45 PM	Tea/Coffee Break	
2:45 PM - 4:00 PM	key board shortcuts	Dr.P.Shanmuga Priya
4:00 PM - 5:00 PM	Final Assessment	Dr.R.Gnanasekaran

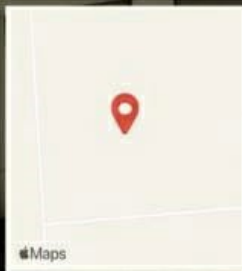
Final Summary:

The program on Basic Computer Skills and Personality Development was a success, with 150 MBBS students as participants attending the two-day event. The event focused on enhancing the computer skills of the participants and providing insights into personality development to help them improve their personal and professional lives. The sessions were conducted by industry experts, and hands-on training was provided to the participants. The program concluded with a final assessment that tested the participants' computer and communication skills. Overall, the program was well-received by the attendees and helped them gain a better understanding of computer skills that are very crucial for medical profession. The event was concluded with certificate distribution.

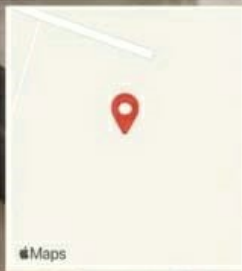

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GPS Map Camera



Madurai, TN, India
Velammal Village, Madurai, 625009,
Lat 9.888777, Long 78.150200
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Madurai, TN, India
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GPS Map Camera



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Pulmonary Function Test

Velammal Medical College Hospital and Research Institute
Madurai

26.7.21

CIRCULAR

Department of Physiology is organising a Value added course on 30 and 31st of July, 2021 on Pulmonary function tests in association with Departments of Anatomy, Biochemistry, Pulmonary medicine and Radiology.

Target audience are First year MBBS students 2020-21 batch

Time: 8 am to 5 pm

The inauguration of this value added course will be held at College MEU Room on 30/7/21 8am.

Kindly grace the occasion.

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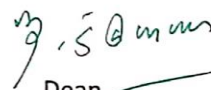
Medical Superintendent

Vice Principal

IQAC coordinator

HODs of all Non-clinical departments

HODs of all Clinical departments


Dean
Prof. T. THIRUNAVUKKARASU, M.D., D.A.,
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Topic Name: Pulmonary function test

Introduction: The condition of the lungs can be assessed by pulmonary function tests. There are a variety of tests which can be used to evaluate the anatomical, physiological and pathological state of the respiratory system. The most common device used for measuring pulmonary functions is spirometer. Hence a complete knowledge about the pulmonary function tests and the usage of spirometry in daily basis becomes essential. Hence this program is aimed at developing the basic knowledge about spirometric techniques and the other commonly used lung function tests.

Objective: The objective is to impart basic understanding of the commonly used pulmonary function tests used in daily clinical practice.

Date: 30 and 31st July 2021

Course Duration: 16 hours of duration (2 days)

Location: Department of Physiology, Velammal Medical College Hospital and Research Institute, Madurai

Organized by: Department of Physiology

Audience: first year MBBS students

Speaker: Faculties of Physiology, Anatomy, Biochemistry, Pulmonary medicine, Radiology

Method adopted: Lecture

Materials used: Spirometer, Lecture hand-outs


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Course time table

Date	Time	Topic	Faculty
30.7.2021 - Friday	8 - 9 am	Introduction and Pretest	All faculty
	9 - 10 am	Clinical case	Dr.Sumana R Professor and Head Dept. of Anatomy
		Gross anatomy- Lung architecture, Broncho pulmonary segment	Dr.S.Rajashankar Professor Dept. of Anatomy
	10 - 11 am	Gross anatomy of pleura, applied aspects	Dr.M.Ramkumar Assistant Professor Dept. of Anatomy
	11 - 12 noon	Normal functions of the Respiratory system	Dr.John Rajpathy Professor Dept. of Physiology
	12 - 1 pm	Lunch break	
	1 - 2 pm	Pulmonary function test and Physiological basis	Dr.S.Anu Professor and Head Dept. of Physiology
	2 - 3 pm	Demonstration on Pulmonary function tests	Dr.K.Rekha Associate Professor Dept. of Physiology
	3-4 pm	Basics of ABG and its interpretation	Dr.A.Hariharan Asst. Professor Dept. of Biochemistry
		Demonstration: Blood collection for ABG analysis	Dr.Mamatha T Shenoy Asst. Professor Dept. of Biochemistry
	4 - 5 pm	Pleural fluid analysis and its clinical interpretation	Dr.M.Jeyakumar Assoc. Professor Dept. of Biochemistry

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		Demonstration: pleural fluid collection	Dr.K.Suganthy Professor Dept. of Biochemistry
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31.7.2021 – Saturday	8 - 9 am	Histology of Respiratory tract – Respiratory Barrier structures / diseases affecting barrier. Changes occurring due to Covid Infection	Dr.Parineeta Suman Professor Dept. of Anatomy
	9 - 10 am	Developmental of the respiratory tract and anomalies	Dr.Veena Lakshmi Asst. Professor Dept. of Anatomy
		Clinical correlation and applied aspects discussion	Dr.Sumana R Professor and Head Dept. of Anatomy
	10 - 11 am	Restrictive vs Obstructive lung diseases	Dr.C.Ramesh Professor and Head Dept. of Pulmonary medicine
	11 - 12 noon	DLCO, interpretation of PFT	Dr.Niranjan Prabakar Senior Resident Dept. of Pulmonary medicine
	12 - 1 pm	Lunch break	
	1 - 2 pm	Radiological changes in lung diseases	Dr.Mariappan Professor Dept. of Radiology
	2 - 3 pm		Dr.Gowtham Guru Postgraduate Dept. of Radiology
	3 - 5 pm	Clinical cases – interpretation and Post test	Dr.M.Saravanan Assoc. Professor Dept. of Physiology

Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,

Dean

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Description: Department of Physiology, Velammal Medical College Hospital and Research Institute, Madurai, Tamilnadu in association with Departments of Anatomy, Biochemistry, Pulmonary medicine and Radiology had organised a certifiable value-added course to First Professional MBBS students (2020-21 batch) on 30 and 31st July 2021.

The program spanned for 16 hours of duration covering the salient aspects and importance of Pulmonary function tests. Eminent speakers from various departments gave talks on the core concept of Pulmonology correlated with pulmonary function tests, its interpretation and their clinical importance apart from what they have learnt in their regular curriculum and practical sessions. A pretest was conducted before the session comprising of 30 MCQs.

In the second day afternoon, clinical case study PFT values were discussed with students. Students were able to solve the values by themselves arriving in a provisional diagnosis. Students, after the completion of the course were able to interpret the pulmonary function test reports in their clinical practice and were able to effectively handle the respiratory pathology in real life. To assess the improvement in the knowledge of students, post test was also conducted at the end of day 2.

Faculties from the departments of anatomy and physiology took classes about the functional anatomy of the lungs followed by the physiological activity of the respiratory system. This was followed by a session on the biochemical aspects of pulmonary function tests by the faculties of the department of biochemistry. Then the process of collection of pleural fluid for biochemical analysis was demonstrated. With that session day one was concluded. On day two, the faculties discussed the common clinical conditions and their clinical examination details. This was followed by the common pulmonary function tests' demonstration and the interpretation of the values of those tests by the faculties from the department of pulmonary medicine. With that session day two was concluded.

Outcome Analysis: There was a post-test session which was followed by a feedback session.

Head of the Department

T. Thirunavukkarasu

Prof. T. THIRUNAVUKKARASU, M.D., M.Sc.

Dean

Velammal Medical College Hospital

and Research Institute

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Seal & Signature



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Chinthamani
Tamil Nadu
India

2021-07-30(Fri) 08:30(am)



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Tamil Nadu
India

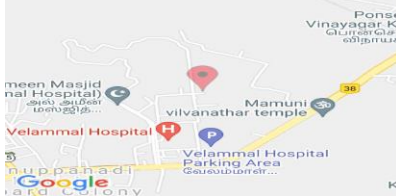
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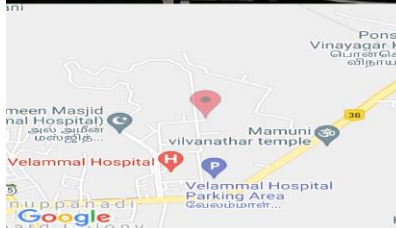
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2021-07-30(Fri) 08:34(am)



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2021-07-30(Fri) 08:35(am)



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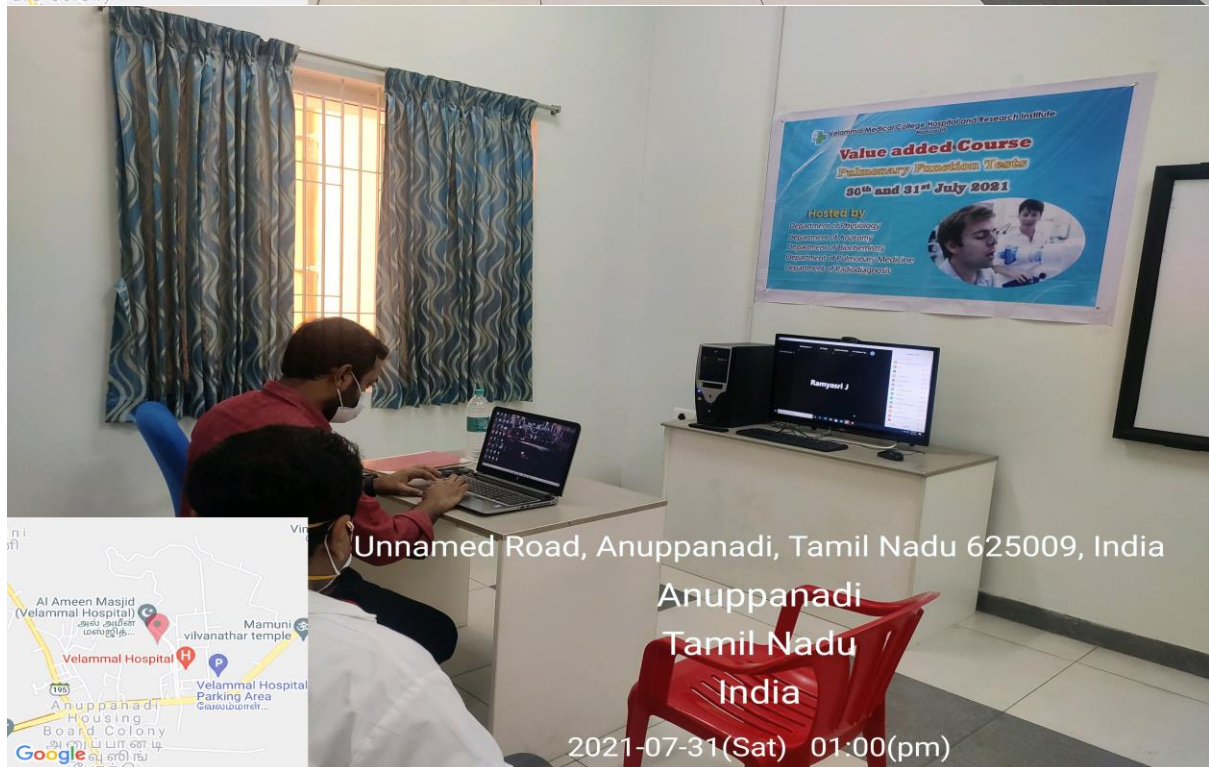
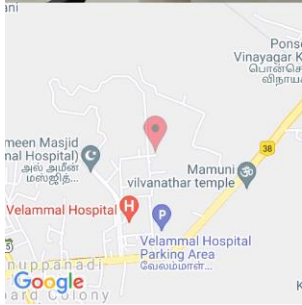
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India

2021-07-30(Fri) 08:42(am)



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Tamil Nadu
India

2021-07-31(Sat) 01:00(pm)





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Velammal Medical College Hospital and Research Institute

Ref. No: VMCHRI/BIOCHEM/VAC

Date: 06.04.2021

CIRCULAR

To

All Doctors

Value Added Course on Clinical Nutrition

Department of Biochemistry is organizing a Value added course on Communication skill and personality development on 21.04.2021 and 22.04.2021 between at 8.00 AM – 5.00 PM.

All Faculties and students are invited.

VICE PRINCIPAL

Copy submitted to:

The Hon. Chairman

Copy to:

The Dean

Medical Superintendent

Chief Administration Officer

HOD, Biochemistry

All Clinical and Non-Clinical HODs



Velammal Medical College Hospital and Research Institute

Department of Biochemistry

Invites all for

Value added Courses on Communication skill and personality development

Date: 21st and 22nd April 2021

Time: 8.00 AM to 5.00 PM

PATRON

Chairman:

Mr.M.V.Muthuramalingam

Advisors:

Dean: Dr.Thirunavukarasu

MS: Dr. Damodaran

DR.P.K.Mohanty

Vice Principal

Professor & HOD

Department of Biochemistry

Resource persons

Dr.K.Suganthi

Dr.M.Jeyakumar

Dr.Mamatha T Shenoy

Dr.A.Hariharan

Dr.M.Viveka

Date	Time	Topics	Resource persons
21.04.2021	8.00 - 8.30 AM	Inauguration Course introduction Pre test	Dean, MS, VP Dr.K.Suganthi
21.04.2021	8.30 – 9.30 AM	Introduction to Communication Skill	Dr.P.K.Mohanti
21.04.2021	9.30 AM - 01.00 PM	Communication Skill	Dr.K.Suganthi
21.04.2021	2.00 – 5.00 PM	Soft Skills How to improve your communication skills	Dr.M.Jeyakumar
22.04.2021	8.00 - 9.30 AM	Personality Development	Dr.A.Hariharan
22.04.2021	9.30 AM – 01.00 PM	Personality Development Tips	Dr.A.Hariharan
22.04.2021	2.00 – 5.00 PM	Personality Types	Dr.K.Suganthi


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VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE
DEPARTMENT OF BIOCHEMISTRY
Report on Value Added Course

Topic : Communication skill and personality development
Date : 21st and 22nd April 2021
Venue : Biochemistry Demonstration Room.

Resource persons:


Dr. P.K. Mohanthy
Dr. K. Suganthy
Dr. M. Jeyakumar
Dr. Mamatha T Shenoy
Dr. A. Hariharan
Dr. Sriandal
Dr. M. Viveka

Department involved : Biochemistry.
Audience : First year M.B.B.S. Students.
Number of Participants : 131
Method of delivery : Lecture and group activity.

Objective for Personality Development: Enhance personal and professional growth by improving character, behavior, attitude, and communication skills, developing self-awareness, confidence, leadership, social skills, and emotional intelligence.

Description:

The program was inaugurated by Dean and Medical Superintendent of Velammal Medical College Hospital and Research Institute. Course introduction was done by Dr. K. Suganthy. Dr. P.K. Mohanty HOD of Biochemistry started the session about Introduction to Communication skill and personality development. Following it Dr. K. Suganthy explained about Communication Skill Dr.M.Jeyakumar explain about the Soft Skills How to improve your communication skills. Dr.A.Hariharan explained about the personality


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DEPARTMENT OF BIOCHEMISTRY
Report on Value Added Course

development and its tips. The session ended with feedback by students, post-test and Vote of Thanks by Dr.K.Suganthy.

Photo:





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MADURAI - 625009

Problem Solving Methodologies and Decision Making

Department of Microbiology

From,

The professor and HOD,

Head of the department,

Department of Microbiology,

velammal medical college hospital & research institute,

Madurai.

To,

The Dean,

Velammal medical college hospital & research institute,

Madurai

Respected Sir,

We from the department of Microbiology are planning to conduct a Certificate courses –" **Problem Solving Methodology and Decision Making** "on 20.09.2020 & 21.09.2020 Involving MBBS students. We kindly request you to give permission to conduct the programme.

Thanking You

Date: 18.09.2020

Yours sincerely,

Place: Madurai

Prof. and HOD, Microbiology


Prof. T. THIRUNAVUKKARASU, M.D., D.A.,
Dean
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VELAMMAL MEDICAL COLLEGE

HOSPITAL AND RESEARCH INSTITUTE

MADURAI - 625009

Infection Control Practices- 20 & 21st.09.2020

Certified programmed on " **Problem Solving Methodology and Decision Making**" was celebrated in velammal medical college on 20 & 21st sep 2020.

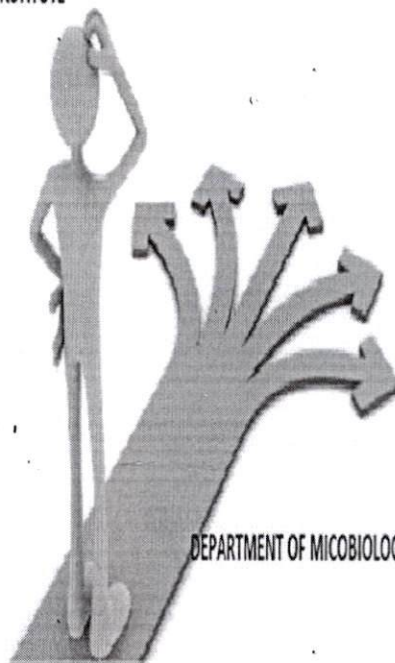
As a part of this programme, a talk on introduction on Problem solving methodology and decision making was given our Associate Prof. Dr. G. Vithiyamam. The topics were addressed including the, Power point presentation was prepared. Some interesting videos were presented. The Dean Dr. Thirunavukarasu, the medical superintendent Dr. Ganesh prabhu, honored the inauguration programme. Microbiology HOD Prof. Dr. T. Rajendran, welcomed the gathering. A total of 100 delegates including Ug students & Nursing students, Faculties from Microbiology, Community medicine attended the programme. Finally, a Quiz programme was held for MBBS students and Prizes were awarded to the winner. The day was completed with a vote of thanks.


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DEPARTMENT OF MICROBIOLOGY

Decision Making & Problem Solving

cg-30mm
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