



VELAMMAL MEDICAL COLLEGE
HOSPITAL AND RESEARCH INSTITUTE
MADURAI - 625009

3.4.1

**Details of Extension and Outreach Programmes Conducted During Last 5
Years**

2017-18


SL. No.	Name of the activity	Organising unit	No. of students participated	No. of teachers participated
1.	Swachh Bharath Abhiyan Around VMCH & RI	VMCH- Dept. of Community Medicine/NSS	30	4
2.	World Malaria Day Observed at Rural Health Training Centre Ladanendal	VMCH- Dept. of Community Medicine/NSS	30	3
3.	Awareness On Organ Donation Day at Rural Health Training Centre Ladanendal	VMCH- Dept. of Community Medicine/NSS	31	3
4.	Drunken Driving Awareness Programme in Different Areas - Canteen, Auto Rickshaw Stands and Bus Stop Outside the Campus	VMCH- Dept. of Community Medicine/NSS	49	3
5.	School Based Health Awareness Program on Dengue Prevention at Velammal Vidhyalaya CBSE School	VMCH- Dept. of Community Medicine/NSS	49	3
6.	Rally And Awareness Program on Dengue Prevention at Velammal Residential School and Students Marched to Ladanendal Village	VMCH- Dept. of Community Medicine/NSS	49	1

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7.	Anti Dengue Day - In and Around College	VMCH- Dept. of Community Medicine/NSS	30	3
8.	World Environment Day	VMCH- Dept. of Community Medicine/NSS	30	2
9.	Alcohol De-Addiction Campaign at Pappankulam Village, Sivagangai	VMCH- Dept. of Community Medicine/NSS	30	3
10.	International Day Against Drug Abuse & Illicit Trafficking-Relapse Prevention Program	VMCH- Dept. of Psychiatry/NSS	30	2
11.	Awareness Program on Diabetes and Its Complications for Keelakarai Villagers	VMCH- Dept. of General Medicine/NSS	20	1
12.	Mega Camp and Awareness Regarding Hypertension at Rameswaram Villagers	VMCH- Dept. of General Medicine/NSS	20	1
13.	General Medical Camp and Awareness Regarding Arthritis at Thirunagar Villagers	VMCH- Dept. of General Medicine/NSS	20	1
14.	Group Discussion and Awareness Obesity and Complication at Thirumangalam	VMCH- Dept. of General Medicine/NSS	20	1


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2018-19

SL. No.	Name of the activity	Organising unit	No. of students participated	No. of teachers participated
1.	Pulse Polio Campaign at UPHC, Chinthamani.	VMCH- Dept. of Community Medicine/NSS	51	1
2.	World Breastfeeding Week 2018 At LKT Nagar, Near to Urban Health Training Centre, Viraganoor, Madurai	VMCH- Dept. of Community Medicine/NSS	65	2
3.	Awareness On Mosquito Borne Diseases at Kailikudi, Madurai	VMCH- Dept. of General Medicine/NSS	60	1
4.	General Health Check-Up Camp - Geriatric Care at Chinnakatta	VMCH- Dept. of General Medicine/NSS	43	1
5.	Multi-Speciality Camp and Adult Vaccination at Sivakasi	VMCH- Dept. of General Medicine/NSS	44	1
6.	Multi-Speciality Camp - Thyroid Disorder at Mudukulathur	VMCH- Dept. of General Medicine/NSS	44	1
7.	General Medical Camp and Awareness on Coping with Adolescence at Thirumangaram	VMCH- Dept. of General Medicine/NSS	43	1
8.	Awareness Program Regarding Malnutrition Among Children and Aged at Palayankotta	VMCH- Dept. of General Medicine/NSS	43	1
9.	Mega Camp and Awareness Program on Food Borne Diseases at Tuticorin	VMCH- Dept. of General Medicine/NSS	42	1

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10.	General Camp on Pregnancy Related Complications at Sivakasi	VMCH- Dept. of General Medicine/NSS	51	1
11.	Gaja - The Sorrow of Delta District Pudukottai, Thanjavur, - Health Treatment	VMCH- Dept. of General Medicine/NSS	48	2
12.	Velammal Helmet Awareness Campaign at Velammal Hospital Campus In & Around the Campus	VMCH- Dept. of General Medicine/NSS	47	1

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2019-20

SL. No.	Name of the activity	Organising unit	No. of students participated	No. of teachers participated
1.	Rally on Swachh Bharat	VMCH- Dept. of Community Medicine/NSS	55	1
2.	Leprosy Case Detection Campaign at South Masi Street, Nethaji Road, Mela Masi Street, Karimedu, Sellur and Ellis Nagar.	VMCH- Dept. of Community Medicine/NSS	61	1
3.	Awareness program At First Garments Madurai at Ammayappar mills	VMCH- Dept. of Community Medicine/NSS	28	1
4.	Pinkathon 2019 at KK Nagar, Sivagangai Road, Madurai	VMCH- Dept. of Community Medicine/NSS	55	1
5.	World Breastfeeding Week 2019 at anganwadi centres	VMCH- Dept. of Community Medicine/NSS	51	3
6.	Health awareness activities at Anmol Shristi	VMCH- Dept. of Forensic Medicine/NSS	68	2

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2020-21

SL. No.	Name of the activity	Organising unit	No. of students participated	No. of teachers participated
1.	Health Check-Up Camp Preventing Covid at Valayankulam	VMCH- Dept. of General Medicine/NSS	59	1
2.	Awareness Program on Fungal Diseases at Virudhunaga	VMCH- Dept. of General Medicine/NSS	43	1
3.	General Medical Check-Up Camp and Awareness Program on Diagnosing Chest Pain at Jaya Jyothi Mills, Rajapalayam	VMCH- Dept. of General Medicine/NSS	46	1
4.	COVID Vaccine Health Check-Up at Kalaiyarkov	VMCH- Dept. of General Medicine/NSS	42	1

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2021-22

SL. No.	Name of the activity	Organising unit	No. of students participated	No. of teachers participated
1.	Sensitization On Sanitation and Hygiene Awareness at Joe Andrea Illam	VMCH- Dept. of Community Medicine/NSS	29	2
2.	Covid-19 Vaccination Awareness Program at Ladanendhal Village, Sivagangai District	VMCH- Dept. of Community Medicine/NSS	30	2
3.	Do's And Don'ts In Menstrual Hygiene At Sakthi Trust Children Home, Samayanallur, Madurai	VMCH- Dept. of Community Medicine/NSS	32	2
4.	Family Adoption Program Sakkimangalam Village	VMCH- Dept. of Community Medicine/NSS	25	4
5.	Leprosy Health Awareness Program at Alanganallur Church	VMCH- Dept. of Community Medicine/NSS	30	1
6.	Community Awareness Program on Self-Care in Diabetes, AMK Home, Simmakal	VMCH- Dept. of Community Medicine/NSS	257	2
7.	Preventing Night Blindness Awareness Programme at Alli Nagaram Thiruppuvanam, Madurai	VMCH- Dept. of Community Medicine/NSS	53	1
8.	Breast Cancer Awareness Programme At Alli Nagaram, Thiruppuvanam, Madurai	VMCH- Dept. of Community Medicine/NSS	68	1

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9.	Awareness On Rain Water Harvesting Programme at Kattayampatti Village, Madurai	VMCH- Dept. of Community Medicine/NSS	30	2
10.	Awareness Rally - Sensitization on Domestic Violence With NSS	VMCH- Dept. of Community Medicine/NSS	53	1
11.	Awareness Program on Breastfeeding at Valayankulam Block PHC	VMCH- Dept. of Community Medicine/NSS	30	2
12.	Importance of Vaccination in Fight Against COVID 19 At Saraswati Narayan College, Madurai	VMCH- Dept. of Anatomy/NSS	294	2
13.	Prevention of Lifestyle Disorders	VMCH- Dept. of Anatomy/NSS	50	2
14.	Lifestyle Diseases: Risks & Facts	VMCH- Dept. of Anatomy/NSS	58	2
15.	Awareness On Modifiable Risk Factors for Healthy Living	VMCH- Dept. of Anatomy/NSS	51	1
16.	Gadget Addiction	VMCH- Dept. of Anatomy/NSS	117	2
17.	Awareness Program on Labour Analgesia at Sivakasi Nadar's Uravinmurai Hospitals, Madurai	VMCH- Dept. of Anaesthesia/NSS	23	2
18.	COLS Program at Velammal College of Engineering & Technology	VMCH- Dept. of Anaesthesia/NSS	34	5
19.	Awareness On Importance of Breast Feeding at Lady Doak College Madurai	VMCH- Dept. of Paediatrics/NSS	303	2

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20.	Awareness On Alcoholism and Drug Abuse at Velammal Engineering College	VMCH- Dept. of Pharmacology/NSS	130	2
21.	Awareness On Harmful Effects of Alcoholism at Velammal Engineering College, Madurai	VMCH- Dept. of Pharmacology/NSS	18	3
22.	Awareness Program on Significance of Ultrasound in Obstetrics and Gynaecology at Arasanoor	VMCH- Dept. of Radiodiagnosis/NSS	84	1
23.	Female Adolescent Health at Dhanapaul Hr. Sec. School, Bibikulam, Madurai and Junior Red Cross	VMCH- Dept. of Physiology/NSS	10	4
24.	Awareness Program - Tips for Identifying and Correcting Central Obesity in School Children at Government High School, Kurandi	VMCH- Dept. of Physiology/NSS	49	3
25.	Awareness of Breathing Exercise in Lung Health at Velammal Engineering College, Viraganur, Madurai and Rotary Club of Madurai Metro Heritage	VMCH- Dept. of Physiology/NSS	87	3
26.	Environmental Hazards for Construction Workers at AK Builders, Bypass Road, Madurai and Rotary Club - Metro Heritage	VMCH- Dept. of Physiology/NSS	87	5

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27.	Cancer Awareness Programme at VMC Rural. Centre, Thirupuvanam.	VMCH- Dept. of General Surgery/NSS	30	1
28.	Foot Care Awareness Programme for Diabetic Patient at VMC Rural. Centre, Thirupuvanam.	VMCH- Dept. of General Surgery/NSS	14	1
29.	Dementia Screening and Awareness Programme in Old Age Home at Rojavanam Old Age Home, Uthangudi, Madurai	VMCH- Dept. of Psychiatry/NSS	96	1
30.	Suicide Awareness Program at Vani Vidyalaya, Subramniyapuram, Madurai.	VMCH- Dept. of Psychiatry/NSS	111	1
31.	Kidney Transplantation at Gowsri Kidney Center Located in Palanganatham	VMCH- Dept. of Nephrology/NSS	15	11
32.	Anaemia Screening and Awareness Camp at Virudhunagar	VMCH- Dept. of Pathology/NSS	2	1
33.	Cataract Screening Camp at Vellaripatti	VMCH- Dept. of Ophthal/DBCS/ NSS	12	1
34.	Diabetic Retinopathy Awareness Programme at Karunagalkudi	VMCH- Dept. of Ophthal/NSS	23	1
35.	Awareness Program and Check-Up Osteoporosis for Elderly at Anna Bus Stand	VMCH- Dept. of Ortho/NSS	39	1
36.	Bone And Joint Day at Velammal Allied Health College.	VMCH- Dept. of Ortho/NSS	52	1

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37.	National Nutrition Week Programme at Velammal Vidhyalaya	VMCH- Dept. of Bio Chemistry/NSS	20	5
38.	COVID Vaccine Awareness at Aruppakkottao	VMCH- Dept. of Micro Biology/NSS	16	2
39.	Hand Hygiene Awareness at Old Kuyavarpalayam Road Area	VMCH- Dept. of Micro Biology/NSS	25	1
40.	Overview of Sleep Apnoea for Software Professionals	VMCH- Dept. of Respiratory Medicine/NSS	5	3
41.	Lung Function Screening in Geriatric Population at Old Age Home Malligai Nagar, Annaiyur, Madurai	VMCH- Dept. of Respiratory Medicine/NSS	5	3
42.	Programme On Smoking Cessation and Vaccination Awareness at Subbalakshmi Lakshmipathi College of Science	VMCH- Dept. of Respiratory Medicine/NSS	9	9
43.	A Talk on Health Awareness Among Youth Regarding Coping with Covid at Lady Doak College	VMCH- Dept. of General Medicine/NSS	153	1
44.	Awareness On Dengue at Eachaneri Village, Thiruppuvanam Taluk	VMCH- Dept. of General Medicine/NSS	18	1
45.	Awareness And Group Discussion on Anaemia at Madipannur	VMCH- Dept. of General Medicine/NSS	21	1
46.	Awareness On Tuberculosis at Thiruppuvanam	VMCH- Dept. of General Medicine/NSS	10	1

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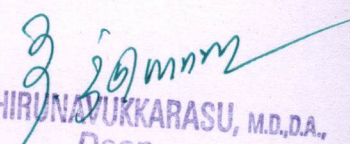


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47.	Stroke Awareness Program at Valayankulam	VMCH- Dept. of General Medicine/NSS	45	1
48.	When To Reach Hospital with Covid Symptoms at Velammal College of Engineering College Viraganoor in Collaboration with Rotary Club Madurai	VMCH- Dept. of Emergency Medicine/NSS	38	1
49.	Awareness of Heart Attack in Post Covid Status at Velammal College of Engineering College Viraganoor in Collaboration with Rotary Club	VMCH- Dept. of Cardiac Anaesthesia/NS S	38	1


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