




VELAMMAL MEDICAL COLLEGE
HOSPITAL AND RESEARCH INSTITUTE
MADURAI - 625009

7.1.1

Detailed Report of Gender Sensitization Programs Organised

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"Valaikappu- Bangle Ceremony for antenatal patients".

Circular

Date: 10.06.2017

It is to inform that; Velammal Medical College Hospital & Research Institute will organise a **Valaikappu- Bangle Ceremony for antenatal patients** in our College on 12th June 2017 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

Topic: Valaikappu- Bangle Ceremony for antenatal patients.

Venue: Auditorium

Date: 12th June 2017

Time: 10 A.M to 12 P.M

Velammal Medical College, Madurai

Copy for necessary action:

- All Head of the Departments
- Assistant Administrative Officer

Dean

[Signature]
Prof. T. THIRUNAVUKKARASU, M.D., D.A.,
Dean

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Title of the Activity: Valaikappu- Bangle Ceremony for antenatal patients

Date & Venue: 12th June 2017, Velammal Medical College, Auditorium. 10 A.M to 12 P.M

Outcomes and description of the activity achieved: Valaikappu function is an important traditional samskara in south Indian states. From the day of the fetus formation in its mother's womb, a child grows in different stages, each with a stipulated time frame. The brain formation completes by seventh month of pregnancy and thus the unborn child can record sounds and vibration from its surroundings, helping for uplifting fetal brain growth. It is an ancient ritual celebrated for the pregnant woman and the baby by the elders for safe delivery.

We OBG department conducted this auspicious function for our Velammal Antenatal mothers for the second year. We also invited other pregnant women in and around Madurai. Our chief guest was our beloved chairman Shri Mr. M. V. Muthuramalingam our honourable madam.

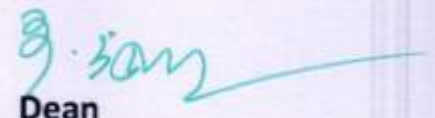
Mrs. Kunjaravalli Muthuramalingam started the baby Shower function and blessed the Antenatal mothers. More than 160 pregnant women participated in this function and received the blessings.

We also conducted a small cultural program followed by lunch with 5 different variety rice. The festival ended by honouring the pregnant women with gifts (A Kit containing a saree, Nutrient Powder and Iron supplements.)

Total Attendance:180

Activity In charge:- Dr.Kavitha

Sign


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Pregnant women attending the Valaikappu function



Dr. Kavitha with staff coordinating the ceremony





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"Relapse Prevention Programme".

Date: 03-07-2017

Circular

It is to inform that; Velammal Medical College Hospital & Research Institute will organise a **Relapse prevention programme** in our college on 03rd July 2017 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

Topic: Relapse prevention programme

Venue: Nambikkai Ward

Date: 03rd July 2017

Time: 10 A.M to 12 P.M

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Title of the Activity: Relapse prevention programme

Date & Venue: 03rd July 2017, Velammal Medical College, Auditorium. 10 A.M to 12 P.M

Outcomes of the activity achieved:

The program focussed on appreciating patients and families who are on treatment and the chief guest- Thiru Rajagovindhasamy. -Director Mannar College interacted with the female caregivers and addressed the social and legal issues prevalent.

Description of the activity:

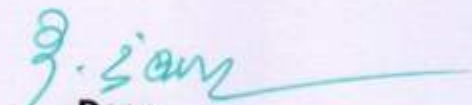
As a part of Deaddiction, the Department faculties conduct Psychoeducation classes every last Thursday of a month addressing the family members of patients with Psychiatric illnesses. Various programs have been conducted addressing care giver burden of patients and also role and problems faced by woman in dealing with substance use in family.

Activity Experience:

As a part of Woman empowerment, the Department of Psychiatry initiated various programs addressing the woman including wives and mothers of patients affected by substance use disorders especially alcohol and cannabis.

Total Attendance:150

Activity In charge: Department of Psychiatry


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Department of Psychiatry
VMC

Programme Report

Date:

- 5.7.2017

Time

- 12noon to 1pm

Venue:

- Nambikkai ward

Event :

- Relapse Prevention Programme - 4

Target group -

- Addiction and de-addiction recovered persons
and their family members

No of Participants:

- 150

Chief Guest :

- Thiru.Rajagovinthasamy
Director - Mannar Thirumalai Nayakkar Collage

Sponsored by :

- ICON- PHARMA

Organised by:

- Department of Psychiatry,
VMCH


Dr. V. RAMANUJAM, M.D.D.P.M.,
Professor of Psychiatry
Velammal Medical College Hospital
and Research Institute
Madurai-625 009



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Department of Psychiatry
VMC

Date: 5.07.2017

Time: 12noon to 1pm

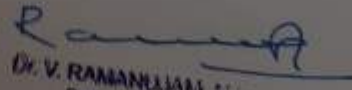
Venue: Nambikkai ward

International Day Against Drug Abuse and Illicit Trafficking
Awareness programme

Programme agenda

Prayer:	- Mr.Sanker (inpatient)
Welcome Address	- Dr. Sugaparaneeetharan Assistant Professor Department of Psychiatry, VMC
Chief Guest Introduction :	- Dr.V.Ramanujam Professor & Head of the Department, Department of Psychiatry, VMC
Special address by	- Thiru.Rajagovinthasamy Director - Mannar Thirumalai Nayakkar Collage
Gift Distribution to	- Best Recovered Patients
Feelings and Sharing	- Recovered Patients
Vote of Thanks:	- Mr.B.Ravichandran Psychologist cum Counsellor, VMC
National Anthem:	

Followed by Lunch


Dr. V. RAMANUJAM, M.D., D.P.M.,
Professor of Psychiatry
Velammal Medical College Hospital
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Feelings and sharings



thank...u.....

Ramajam
Dr. V. RAMANUJAM, M.D.D.
Professor of Psychiatry
Velammal Medical College Hos
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Ram

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and Research Institute
Madurai-625 009



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Meaningful moments



held on
24-2-16



Ram
Dr. V. RAMANUJAM, M.
Professor of Psychia
Velammal Medical College
and Research Instit
Madurai-625 009



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"International Women's Day".

Date: 03-03-2018

Circular

It is to inform that; Velammal Medical College Hospital & Research Institute will organise an **international Women's Day** in our College on 05th March 2018 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

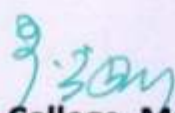
Topic: International Women's Day

Venue: Auditorium

Date: 05th March 2018

Time: 10 A.M to 12 P.M

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Velammal Medical College, Madurai

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Title of the Activity: International Women's Day

Date & Venue: 05th March 2018, Velammal Medical College, Auditorium. 10 A.M to 12 P.M

Outcomes of the activity achieved:

The women's day programme was focused on the welfare and activities for women including master health check-up and advise on their overall development

Description of the activity: Various activities were conducted by the department of OG

Activity Experience: The participants were benefitted from the programme

Total Attendance: 202

Activity In charge. Dr. Kavitha



Dean

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**VELAMMAL MEDICAL COLLEGE
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WORLD WOMEN'S DAY
CELEBRATION - 2018**



World women's day is celebrated on March 8th of every year. In current world, women are not only a part of family, but also occupy a vital role in the society. Cancer is a life threatening health issue among women that causes destruction to physical, mental and social wellbeing of women. Therefore, to reduce the suffering, early cancer screening is required. In view of developing healthy women-healthy country, Department of Oncology, VMCH&RI has organized free cancer screening camp between 5th and 11th march 2018 for all women as a part of world women's day celebration.

Ac



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2018-19

"International Women's Day".

Date: 01-03-2019

Circular

It is to inform that; Velammal Medical College Hospital & Research Institute will organise an **international Women's Day** In our college on 03rd March 2019 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

Topic: International Women's Day

Venue: Auditorium

Date: 03rd March 2019

Time: 10 A.M to 12 P.M

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Title of the Activity: International Women's Day

Date & Venue: 03rd March 2019, Velammal Medical College, Auditorium. 10 A.M to 12 P.M

Outcomes of the activity achieved:

The women's day programme was focused on the welfare and activities for women including master health check-up and advise on their overall development

Description of the activity: Various activities were conducted by the department of OG

Activity Experience: The participants were benefitted from the programme

Total Attendance: 220

Activity In charge: Dr. Kavitha


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A The programme was attended the Chairman panel of women discussing the relevant topics of women's safety and health





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"Mother's Day".

Date: 04-06-2019

Circular

It is to inform that; Velammal Medical College Hospital & Research Institute will organise an **Mother's Day** in our College on 06th June 2019 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

Topic: Mother's Day

Venue: Auditorium

Date: 06th June 2019

Time: 10 A.M to 12 P.M

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Velammal Medical College, Madurai

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Title of the Activity: Mother's Day

Date & Venue: 06th June 2019, Velammal Medical College, Auditorium. 10 A.M to 12 P.M

Outcomes of the activity achieved:

Antenatal & postnatal mothers were honoured and had an enlighten discussion on antenatal & postnatal care, Breast feeding & contraception 15-20 mothers participated.

Description of the activity:

Mother's Day is a celebration honouring the mother of the family, as well as motherhood. Mother's Day is celebrated on various days in many parts of the world, most commonly celebrated on second Sunday in the month of May. Mother's plays a pivotal role in the family. She gives birth, brings up the children, teaches behaviours, habits, culture and moulds into a good human being

For every child, her/his mother is the best person in the world. She is creative, inspires kids, patient, responsible, loving and caring to her kids and does everything without any expectation (Unconditional Love). Mother's Day is celebrated for taking an opportunity to thank all mothers.

Activity Experience:

We department of OBG Velammal Medical college honoured our Antenatal and Postnatal mothers and had an enlightening discussion about antenatal and postnatal care, importance of breast feeding and contraception and then presented a small memento to them.

Total Attendance: 150

Activity In charge: Dr. Kavitha


Dean

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9.00 Am - 9.30 Am - Welcome Address - Dr. Rathi Lavanya

9.30 Am - 10.30 Am - Antenatal Care - Dr. Jeevitha

10.30 Am To 11. 00 Am Break

11.00 Am - 11.30 Am - Postnatal Care - Dr. Sasikala

11.30 Am - 12.30 Pm - Interaction - Dr. Raja Rajeswari HOD

- Dr. Shanthi

- Dr. Kavitha

12.30 Pm - 1.00 Pm - Vote of Thanks - Dr. Kaarthika

1.00 Pm - Lunch


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Interaction with the mothers and talk on postnatal care and health





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2019-20

"Valaikappu- Bangle Ceremony for Antenatal Patients".

Circular

Date: 10-07-2019

It is to inform that; Velammal Medical College Hospital & Research Institute will organise an **Valaikappu- Bangle Ceremony for Antenatal Patients** in our College on 12th July 2019 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

Topic: Valaikappu- Bangle Ceremony for Antenatal Patients

Venue: Auditorium

Date: 12th July 2019

Time: 10 A.M to 12 P.M

Dean

Velammal Medical College, Madurai

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- Assistant Administrative Officer

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Title of the Activity: Valaikappu- Bangle Ceremony for Antenatal Patients

Date & Venue: 12th July 2019, Velammal Medical College, Auditorium. 10 A.M to 12 P.M

Outcomes of the activity achieved:

Valaikappu function is an important traditional samskara in south Indian states. From the day of the fetus formation in its mother's womb, a child grows in different stages, each with a stipulated time frame. The brain formation completes by seventh month of pregnancy and thus the unborn child can record sounds and vibration from its surroundings, helping for uplifting fetal brain growth. It is an ancient ritual celebrated for the pregnant woman and the baby by the elders for safe delivery.

We OBG department conducted this auspicious function for our Velammal Antenatal mothers for the second year. We also invited other pregnant women in and around Madurai. Our chief guest was our beloved chairman Shri Mr. M. V. Muthuramalinga. our honourable madam

Mrs. Kunjaravalli Muthuramalingam started the baby Shower function and blessed the Antenatal mothers. More than 160 pregnant women participated in this function and received the blessings.

We also conducted a small cultural program followed by lunch with 5 different variety rice. The festival ended by honouring the pregnant women with gifts (A Kit containing a saree, Nutrient Powder and Iron supplements.)

Total Attendance: 150

Activity In charge: Dr. Kavitha


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Participants of valaikappu function





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"Pinkathon"

Date: 11-10-2019

Circular

It is to inform that; Velammal Medical College Hospital & Research Institute will organise an **Pinkathon** in our College on 13th October 2019 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

Topic: Pinkathon

Venue: Auditorium

Date: 13th October 2019

Time: 10 A.M to 12 P.M

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Title of the Activity: Pinkathon

Date & Venue: 13th October 2019, Velammal Medical College, Auditorium. 10 A.M to 12 P.M

Description of the activity:

Pinkathon was celebrated on 13.10. 2019. This was held in K K. Nagar, Sivagangai road, for about 4km. 1020 members participated. This event was meant to encourage women towards a healthy lifestyle, also create awareness for breast cancer & other some relating to women's health.

Speaker: Mr. Venkta Phanidhar CEO

Total number of participants: 1020

No of student participants: 150

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Participants of Pinkathon in the rally

Pinkathon 2019





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14/10/19

BREAST CANCER AWARENESS DAY

VENUE : VMCH HOSPITAL LOBBY

[PINKATHON] → 13/10/19

KK NAGAR SIVAGANGAI ROAD
4km.

PARTICIPANTS - 1020 members





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"International Women's Day"

Circular

Date: 07-03-2020

It is to inform that; Velammal Medical College Hospital & Research Institute will organise an **International Women's Day** in our college on 09th March 2020 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

Topic: International Women's Day

Venue: Auditorium

Date: 09th March 2020

Time: 10 A.M to 12 P.M

Dean

Velammal Medical College, Madurai

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Title of the Activity: International Women's Day

Date & Venue: 09th March 2020, Velammal Medical College, Auditorium. 10 A.M to 12 P.M

REPORT ON INTERNATIONAL WOMEN'S DAY

Velammal School and College of Nursing, Madurai organized International Women's Day celebration on 09.03.2020. The program was chaired by Dr. B.Indrani, Assistant Professor, Madurai Kamaraj University and Our Principal Dr.R.Revathi. It is an important occasion for all of us to pause for a moment to reflect on ourselves, to appreciate how much has been done and what more needs to be done in the field of gender equality. Our students gave the speech and poetry on the Theme – I am Generation Equality: Realizing Women's Rights. The program came to end with National anthem.



Activate Windows

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Description of the activity: The programme intended for the women to focus on gender equality and equal opportunities



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Activity Experience: The participants were made aware about the various ways to tackle inequality

Total Attendance: 150

Activity In charge: Dr. Kavitha

பெண்கள் தின சிறப்பு சலுகை

முகாம் ஏற்பாடு:
கருத்தரிப்பு மருத்துவ பிரிவு

**சிறப்பு கருத்தரித்தல்
வழிப்புணர்வு முகாம்**

மருத்துவ ஆலோசனை
விந்து பரிசோதனை
USG ஸ்கேன் } **இலவசம்**

15% சலுகை

தேதி: 09, 10 & 11 - மார்ச் 2020

- இரத்தப் பரிசோதனை
- IUI செயல்முறை
- IVF/ICSI செயல்முறை

இடம்:
கருத்தரிப்பு மருத்துவ பிரிவு, 4வது தளம், வேலம்மாள் மருத்துவமனை
தொடர்புக்கு: 84899-00800



வேலம்மாள்
மருத்துவமனை
க.வி.வ.க. க.வி.ப.ப.

தொடர்புக்கு: 0452 - 7113333 | Toll Free: 1800 425 00 108
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வேலம்மாள் கிராமம், அனுப்பானடி, மதுரை-625009



VELAMMAL MEDICAL COLLEGE
HOSPITAL AND RESEARCH INSTITUTE
MADURAI - 625009

"Special Awareness Programme on Infertility".

Date: 07-03-2020

Circular

It is to inform that; Velammal Medical College Hospital & Research Institute will organise a **Special Awareness Programme on Infertility** in our college on 09th March 2020 to 11th March 2020 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

Topic: Special awareness programme on infertility

Venue: Auditorium

Date: 09th March 2020 to 11th March 2020

Time: 10 A.M to 12 P.M

Dean

Velammal Medical College, Madurai

Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,
Dean

Velammal Medical College Hospital
and Research Institute
"Velammal Village"

Madurai-Tuticorin Ring Road
Anuppanadi, Madurai-625 009, T.N.

Copy for necessary action:

- All Head of the Departments
- Assistant Administrative Officer



VELAMMAL MEDICAL COLLEGE
HOSPITAL AND RESEARCH INSTITUTE
MADURAI - 625009

Title of the Activity: Special awareness programme on infertility

Date & Venue: 09th March 2020 to 11th March 2020, Velammal Medical College, Auditorium. 10 A.M to 12 P.M


Outcomes of the activity achieved: 30 couples were benefitted by this programme. 4 got registered for IUI & 1 got registered for ICSI

Description of the activity: Special awareness programme on infertility was conducted by the department of infertility. It was conducted on march 9th to 11th. 30 couples were benefitted by this programme. 4 got registered for IUI & 1 got registered for ICSI.

Activity Experience: It was beneficial for all the participants of the programme

Total Attendance: 60

Activity In charge: Dr. Kavitha


Prof. T. THIRUNAVUKKARASU, M.D., D.A.
Dean
Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tuticorin Ring Road
Anuppenadi, Madurai-625 009, T.N.



VELAMMAL MEDICAL COLLEGE
HOSPITAL AND RESEARCH INSTITUTE
MADURAI - 625009



பெண்கள் தின
சிறப்பு சலுகை

முகாம் ஏற்பாடு:
கருத்தரிப்பு மருத்துவ பிரிவு

சிறப்பு கருத்தரித்தல்
விழிப்புணர்வு முகாம்

மருத்துவ ஆலோசனை
விந்து பரிசோதனை
USG ஸ்கேன்

இலவசம்

15%
சலுகை

தேதி: 09,10 & 11 - மார்ச் 2020

- இரத்தப் பரிசோதனை
- IUI செயல்முறை
- IVF/ICSI செயல்முறை

இடம்:

கருத்தரிப்பு மருத்துவ பிரிவு, 4வது தளம், வேலம்மாள் மருத்துவமனை
தொடர்புக்கு: 84899-00800



வேலம்மாள்
மருத்துவமனை
க.வி.வ.ர.ன்.க.வ.னி.ர.பு

தொடர்புக்கு: 0452 - 7113333 | Toll Free: 1800 425 00 108
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HOSPITAL AND RESEARCH INSTITUTE
MADURAI - 625009

2020-21

"Gender Sensitization Programme- Sexual Abuse at workplace- How to tackle?".

Date: 17-10-2020

Circular

It is to inform that; Velammal Medical College Hospital & Research Institute will organise a **Gender Sensitization Programme- Sexual Abuse at work Place- How to tackle?** in our college on 19th October 2020 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

Topic: Gender Sensitization Programme- Sexual Abuse at workplace- How to tackle?

Venue: Auditorium

Date: 19th October 2020

Time: 10 A.M to 12 P.M

Dean

Velammal Medical College, Madurai

Copy for necessary action:

- All Head of the Departments
- Assistant Administrative Officer

Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,
Dean

**Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tuticorin Ring Road
Anuppanadi, Madurai-625 009, T.N.**



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Title of the Activity: Gender Sensitization Programme- Sexual Abuse at workplace- How to tackle?

Date & Venue: 19th October 2020, Velammal Medical College, Auditorium. 10 A.M to 12 P.M

Outcomes of the activity achieved:

Social issues such as sexual abuse is a serious concern for women at work. The programme focused on the issues at workplace to help women face them and help them to report to the authorities concerned.

Description of the activity: The gender sensitisation programme was conducted on 19/10/2020 at velammal medical college, Lecture Hall 3. The programme discussion was on how to tackle the sexual abuse at workplace. The speaker Dr. Trupti Bodhare delivered the lecture. The programme started at 3 30 pm and the discussion ended at 4 30 pm. The postgraduate students had attended the programme. The programme was organised by the department of Community medicine and IQAC.

Activity Experience: There was active discussion from the students and salient points were noted.

Total Attendance: 19

Activity In charge. Dr.Trupti Bodhare, Professor Department of Community Medicine


Prof. T. THIRUNAVUKARASU, M.D., D.A.,
Dean
Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tuticorin Ring Road
Anuppanadi, Madurai-625 003, T.N.

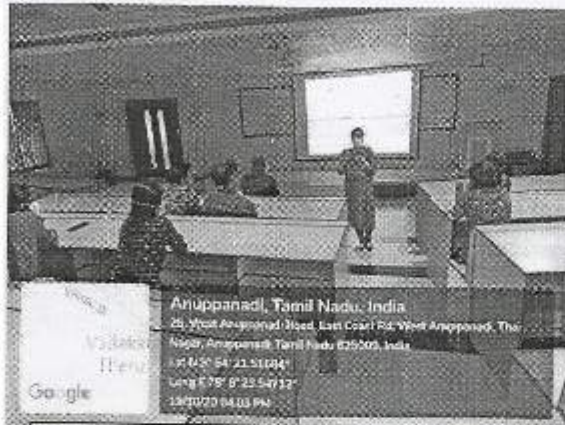


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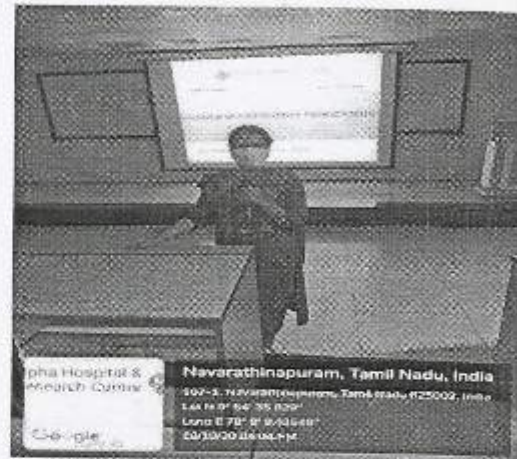
GENDER SENSITIZATION PROGRAMME

Topic- Sexual Abuse at work place- How to Tackle?

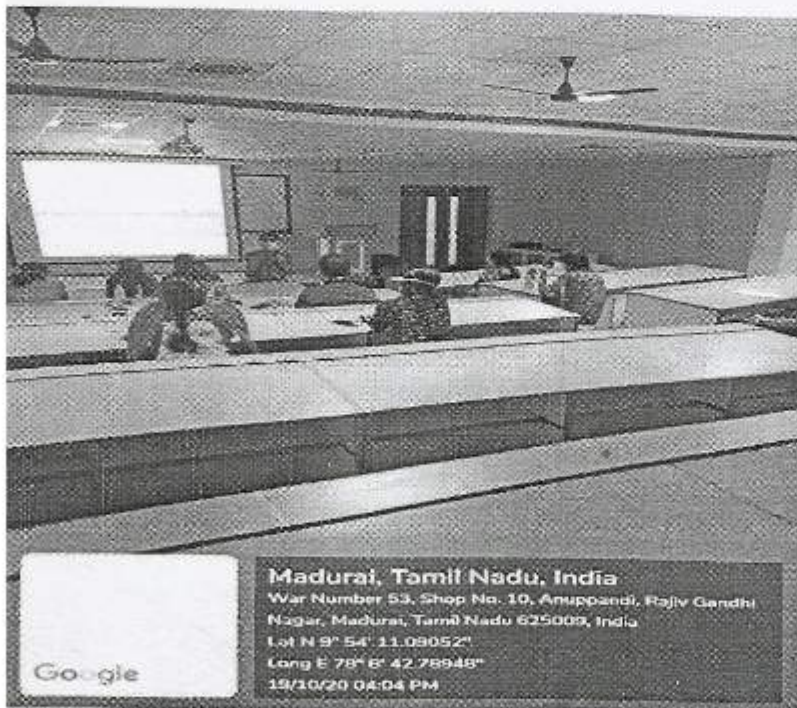
DATE:19.10.2020



Speaker delivering the lecture



Discussion with the audience



Group of enthusiastic audience attending the programme



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MADURAI - 625009

"Do's and don't in Menstrual Hygiene".

Date: 30-07-2021

Circular

It is to inform that; Velammal Medical College Hospital & Research Institute will organise an **Do's and don't in menstrual hygiene** in our College on 1st August 2021 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

Topic: Do's and don't in menstrual hygiene

Venue: Auditorium

Date: 1st August 2021


Time: 10 A.M to 12 P.M

Dean

Velammal Medical College, Madurai

Copy for necessary action:

- All Head of the Departments
- Assistant Administrative Officer


Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,
Dean

Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tulicorin Ring Road
Anuppanadi, Madurai-625 009, T.N.



VELAMMAL MEDICAL COLLEGE
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Title of the Activity: Do's and don'ts in menstrual hygiene

Date & Venue: 1st August 2021, Velammal Medical College, Auditorium. 10 A.M to 12 P.M

Organizer: This event was conducted by department of Community Medicine in collaboration with NSS.

Objective: The main objective of this programme was to give awareness regarding the best practices of menstrual hygiene to the female orphanage children.

Place: Sakthi trust children home, Samayanallur, Madurai

Date: 01/08/2021 (10.00 am – 11.30 am)

Description of the activity:

The programme started with a welcome note by Dr. Sriandaal, Assistant Professor-Community Medicine. The key note was delivered by Dr. Trupti, Professor-Community Medicine. Dr. Bavadharini, CRR I Student gave a talk regarding 'the physiology of menstruation and regarding its good hygienic practices' Dr. Harini, 3rd year MBBS student gave a talk regarding 'Do's and Don'ts during menstruation'. In addition to the above, an awareness video was shown in Tamil to further improve their knowledge, attitude and practice regarding menstrual hygiene. The programme ended up with vote of thanks given by Mrs. Latha, Sakthi Trust Incharge.

Activity Experience:

This programme was organized to create awareness among the 20 female students in the Sakthi trust children home regarding the basic knowledge of menstruation and proper menstrual hygiene. This programme was attended by three CRR I students and three 3rd year MBBS students. Also there were around 243 students including first year, 2nd year and 3rd year MBBS students were virtually attending this activity through Zoom Platform.

Total Attendance: 243

Activity In charge: Department of Community Medicine

Dean

Prof. I. THIRUNAVUKKARASU, M.D., D.A.,
Dean

Velammal Medical College Hospital
and Research Institute

"Velammal Village"

Madurai-Tulicorin Ring Road
Anuppanadi, Madurai-625 009, T.N.

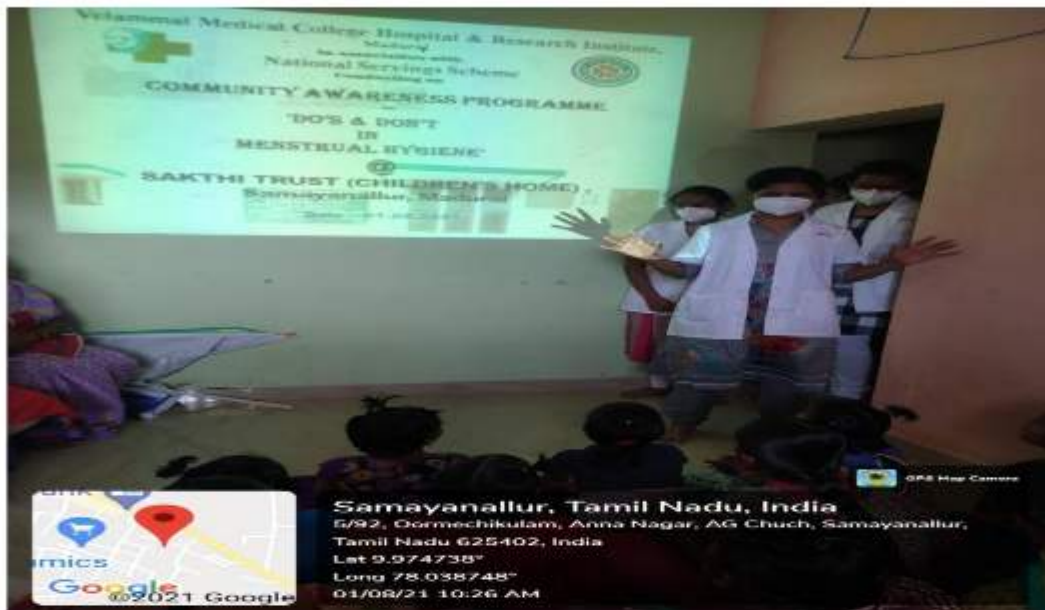


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Participants being made aware about various dos and donts in menstrual hygiene





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MADURAI - 625009

"Community Awareness Programme to antenatal women regarding importance of breast feeding".

Date: 09-08-2021

Circular

It is to inform that; Velammal Medical College Hospital & Research Institute will organise an **Community Awareness Programme to antenatal women regarding importance of breast feeding** in our College on 11st August 2021 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

Topic: Community Awareness Programme to antenatal women regarding importance of breast feeding

Venue: Auditorium

Date: 11st August 2021

Time: 10 A.M to 12 P.M

Dean

Velammal Medical College, Madurai

Copy for necessary action:

- All Head of the Departments
- Assistant Administrative Officer


Prof. T. THIRUNAVUKKARASU, M.D., D.A.,
Dean
Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tuticorin Ring Road
Anuppanadi, Madurai-625 009, T.N.



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Title of the Activity: Community Awareness Programme to antenatal women regarding importance of breast feeding

Date & Venue: 11st August 2021, Velammal Medical College, Auditorium. 10 A.M to 12 P.M

Outcomes of the activity achieved: The programme was headed by the following staff and interns Valayankulam Breastfeeding awareness programme Participation list

Dr. Sriandaal - Assistant Professor – Department of Community Medicine, VMCH&RI

Dr. Balakumaran - Post Graduate – Department of Community Medicine, VMCH&RI

Mr. Manohar - PRO - VMCH&RI

Ms. Keerthana - Assistant - Department of Community Medicine, VMCH&RI

Internes

1. N. Arthi
2. M. Anubhakya
3. K. Anuja
4. G. Archana
5. M. H. Anupritha

Organizer: This event was conducted by department of Community Medicine in collaboration with NSS.

Objective:

The main objective of this programme was to create awareness regarding exclusive breastfeeding for first 6 months and complementary feeding till 2 years for antenatal and post-natal mothers.

Place: Valayankulam PHC, Madurai


Prof. T. THIRUNAVUKKARASU, M.D., D.A.,
Dean
Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tuticorin Ring Road
Anuppanadi, Madurai-625 009, T.N.



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Date: 11/08/2021 (11.00 am – 12.00 pm)

The programme started with a welcome note by Dr. Sriandaal, Assistant Professor-Community Medicine and she explained about exclusive breast feeding. Dr. Archana, CRR I gave a talk on benefits of exclusive breast feeding. Dr. Anuja, CRR I gave a talk regarding 'Do's and Don'ts during complementary feeding'. The programme was concluded with vote of thanks given by Dr. Balakumaran, Post graduate student.

Activity Experience:

This programme was organized to create awareness among the antenatal and post-natal mothers regarding importance of exclusive breastfeeding and complementary feeding. This programme was attended by five CRR I. Also, there were around 96 students from 3rd year MBBS batch, who were virtually attending this activity through Zoom Platform.

Total Attendance: 95

Activity In charge: Department of Community Medicine


Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,
Dean
Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tuticorin Ring Road
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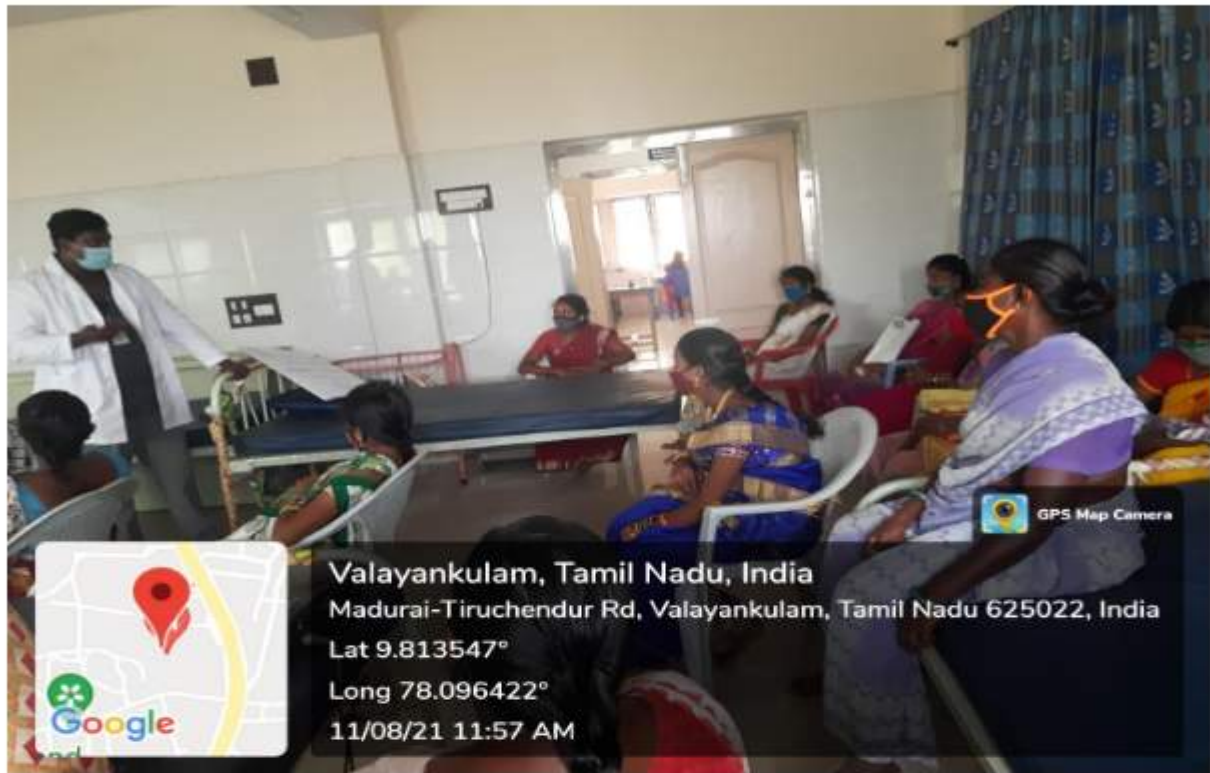




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2021-22

Sensitization on Domestic Violence".

Date: 18-11-2021

Circular

It is to inform that; Velammal Medical College Hospital & Research Institute will organise an **Sensitization on Domestic violence** in our College on 20th November 2021 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

Topic: Sensitization on Domestic violence

Venue: Auditorium

Date: 20th November 2021

Time: 10 A.M to 12 P.M

Dean

Velammal Medical College, Madurai

[Signature]
Prof. T. THIRUNAVUKKARASU, M.D.D.A.,

Dean

**Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tulicorin Ring Road
Anuppanadi, Madurai-625 009, T.N.**

Copy for necessary action:

- All Head of the Departments
- Assistant Administrative Officer



VELAMMAL MEDICAL COLLEGE

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Title of the Activity: Sensitization on Domestic Violence

Date & Venue: 20th November 2021, Velammal Medical College, Auditorium.
10 A.M to 12 P.M

Outcomes of the activity achieved:

- Domestic Violence Rally
- Take Control Stop Domestic Violence

To spread the awareness about domestic violence a rally was organised by Community Medicine Department of Velammal Medical College Hospital and Research Institute which was led by Dr. Sudarshan with 3rd year prof MBBS students in Chintamani on 20.11.21.

Description of the activity:

Even now domestic violence is very big problem in countries like India be it educated or illiterate people. The exact meaning of Domestic Violence is any violence or aggressive behaviour within the home typically involving the violent abuse of a spouse or their family members. It can range from using foul words to causing fatal injury. Women were told about how to respond to this kind of situation physically, legally as well as mentally which they were unaware of. Domestic violence is a taboo and main reason for it being so prevalent is women's fear for the society.

Activity Experience: In this rally we talked to the women and ensured them with the rights they have and tried to break the taboo.

Total Attendance: 25

Activity In charge: Department of Community Medicine


Prof. T. THIRUNAVUKKARASU, M.D., D.A.
Dean
Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tuticorin Ring Road
Anuppanadi, Madurai-625 009, T.N.



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Rally on domestic violence Rally on spreading awareness on domestic violence





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"Community Awareness Programme to antenatal women regarding importance of breastfeeding"

Date: 03-08-2022

Circular

It is to inform that; Velammal Medical College Hospital & Research Institute will organise an **Community Awareness Programme to antenatal women regarding importance of breastfeeding** in our College on 05th August 2022 at 10 A.M.

All the Faculties and Students are expected to take active participation in the same.

Topic: Community Awareness Programme to antenatal women regarding importance of breastfeeding

Venue: Auditorium

Date: 05th August 2022

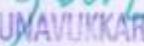
Time: 10 A.M to 12 P.M

Dean

Velammal Medical College, Madurai

Copy for necessary action:

- All Head of the Departments
- Assistant Administrative Officer


Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,
Dean

Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tuticorin Ring Road
Anuppanadi, Madurai-625 009, T.N.



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Title of the Activity: Community Awareness Programme to antenatal women regarding importance of breastfeeding

Date & Venue: 05th August 2022, Velammal Medical College, Auditorium. 10 A.M to 12 P.M

Organizer: Department of Community Medicine in collaboration with NSS (National Service Scheme).

Objective: To conduct an awareness campaign on world breast feeding week, at Madurai District.

Place: Sakkimangalam village, Madurai District.

Date & Time: 05/08/2022 (10AM to 1PM)

Description of the activity: Our team consisted of 29 members – 1. Dr. Sriandaal - Assistant Professor, 2. Dr. Dinesh.S (Post Graduate), 3. Dr. Gavin Francis (Post Graduate), 4. One Intern Dr. Gopika and 25 IInd year MBBS students. We started the program at Sakkimangalam village Anganwadi centre at 10AM. The team was headed by Dr. Sriandaal and Dr. Gavin Francis (PG) gave speak with IEC material on breast feeding awareness to mother at anganwadi centre.

Activity Experience:

Later on, at 10.45 AM, Dr. Sriandaal (Assistant Professor) gave introduction to mothers from Narikkuraver colony at sakkimangalam village regarding breast feeding awareness. Following which students from batch of 2nd year MBBS enumerated and explained the mothers about myths and truths, advantages and disadvantage of breast feeding to mother and child. The session was then concluded with a vote of thanks by the Post Graduate - Dr. Dinesh.S

Total Attendance: 25

Activity In charge.

Department of community medicine

Sign

Dean

Prof. T. THIRUNAVUKKARASU, M.D., D.A., Dean
Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tulicorin Ring Road
Anuppanadi, Madurai - 625 009, T.N.



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Community Awareness Programme to antenatal women regarding importance of breastfeeding





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MADURAI - 625009

Awareness on importance of Breast feeding at Lady Doak College Madurai



VELAMMAL MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE

From

Prof.T.Thirunavukkarasu
Dean
Velammal Medical College Hospital & Research Institute
Madurai

To:

The Dean of Student services,
Lady Doak College,
Madurai.

Respected Sir,

Subject : Conducting an awareness programme in Lady Doak College.

We from VMCHRI, would like to conduct an awareness seminar on an online platform for the students of your college, as part of World Breastfeeding Week 2021 celebration. Kindly allow our Department of Pediatrics to conduct a online Zoom meet with your students on August 3rd, 2021.

Thanking You

Date: 26.07.2021

Place: Madurai

T. Thirunavukkarasu
Your's faithfully
26/7/21

Prof. T. THIRUNAVUKKARASU, M.B.B.S.,
Dean
Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tulicorin Ring Road
Anuppanadi, Madurai, T.N.-625 009



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LADY DOAK COLLEGE

MADURAI - 625 002, TAMIL NADU, INDIA
(An Autonomous Institution affiliated to Madurai Kamaraj University)
"College with Potential for Excellence"
Re-accredited by NAAC with Grade A
(3rd Cycle: 3.44 out of 4)



Dr. J. Chithra M.Sc., P.G.D.C.A., M.Phil., Ph.D.
Ms. E. Joice Rathinam M.C.A., M.Phil.
DEANS OF STUDENT AFFAIRS

Ph: 091-452-2538527, 2524575

Fax: 091-452-2523585

O/DSA/09/AWARENESS_PGM/AUG/2021-2022

30.07.2021

To

Prof. T. Thirunavukkarasu, M.D., D.A.

Dean

Velammal Medical College Hospital & Research Institute

Madurai

Dear Sir,

With reference to your email dated 27th July 2021, we would like to appreciate the efforts taken in creating awareness on breastfeeding in collaboration with Lady Doak College. Herewith, we accept your invitation to give awareness for our students on 03rd August 2021 at 2 pm through Zoom platform.

Thank you.

Yours Sincerely,

Dean of Student Affairs

E-mail: dss@ldc.edu.in

Website: www.ladydoakcollege.edu.in

LDC - A Unit of Katie Wilcox Educational Association



VELAMMAL MEDICAL COLLEGE
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**VELAMMAL MEDICAL COLLEGE HOSPITAL &
RESEARCH INSTITUTE**



DEPARTMENT OF PAEDIATRICS & NEONATOLOGY



**BREAST MILK-
ELIXIR OF LIFE**

Dr. Lakshmi Durga. K. M.B.B.S., M.D (Paed),
Consultant Paediatrician,
Velammal Medical College Hospital & Research
Institute

Organizer- This event was conducted by department of Community Medicine in collaboration with NSS.

Objective-

The main objective of this programme was to create awareness regarding exclusive breastfeeding for first 6 months and complementary feeding till 2 years for antenatal and post-natal mothers.

Place- Valayankulam PHC, Madurai

Date- 11/08/2021 (11.00 am – 12.00 pm)

This programme was organized to create awareness among the antenatal and post-natal mothers regarding importance of exclusive breastfeeding and complementary feeding. This programme was attended by five CRRI. Also there were around 96 students from 3rd year MBBS batch, who were virtually attending this activity through Zoom Platform.


Prof. T. THIRUNAVUKKARASU, M.D., D.A.,
Dean
Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tuticorin Ring Road
Anuppanadi, Madurai-625 009, T.N.

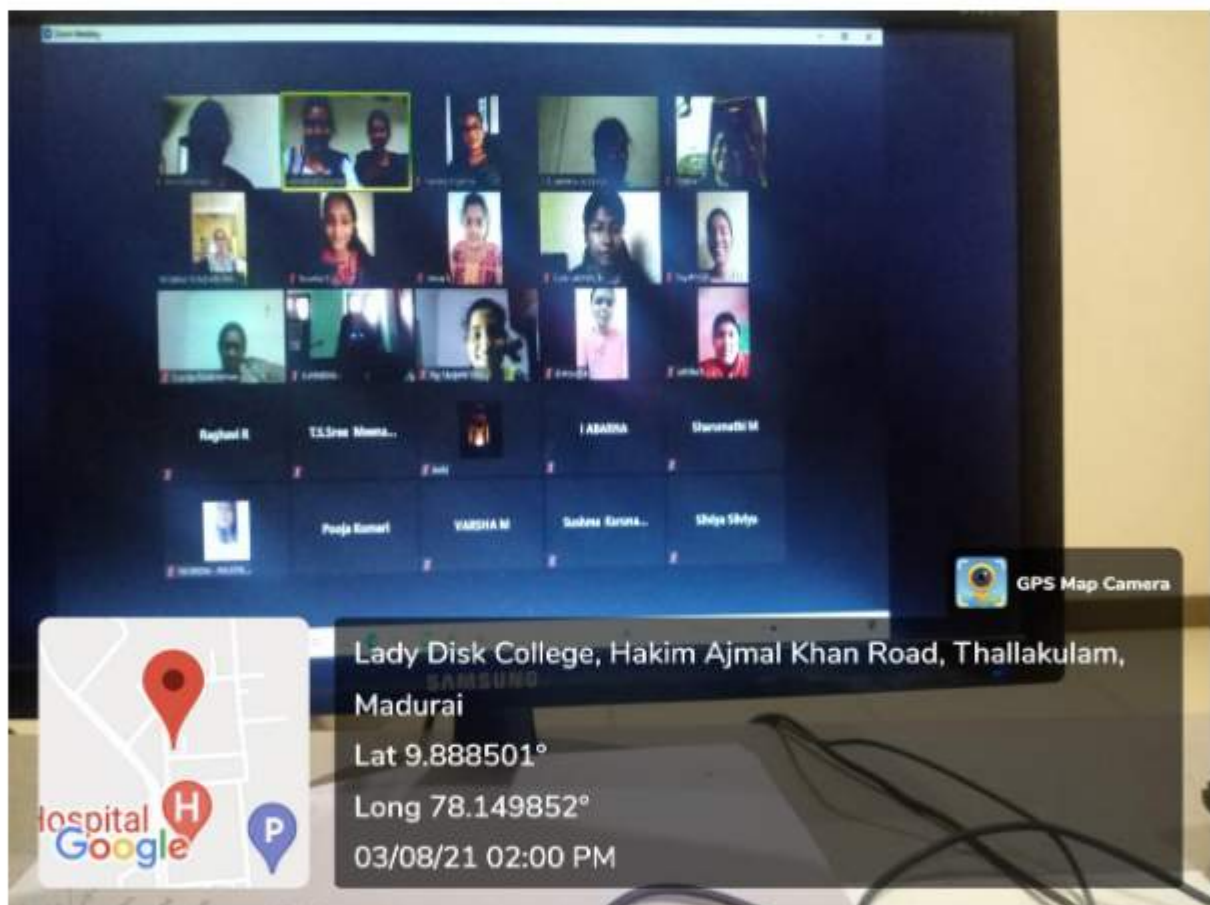


VELAMMAL MEDICAL COLLEGE

HOSPITAL AND RESEARCH INSTITUTE

MADURAI - 625009

The programme started with a welcome note by Dr. Sriandaal, Assistant Professor-Community Medicine and she explained about exclusive breast feeding. Dr. Archana, CRRI gave a talk on benefits of exclusive breast feeding. Dr. Anuja, CRRI gave a talk regarding 'Do's and Don'ts during complementary feeding'. The programme was concluded with vote of thanks given by Dr. Balakumaran, Post graduate student.





VELAMMAL MEDICAL COLLEGE
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MADURAI - 625009

M

Awareness programme on Breastfeeding

1 message

Dean of Student Services, Lady Doak College <dss@lde.edu.in>
To: Lakshmi durga <laks.kid@gmail.com>

Tue, Aug 10, 2021 at 4:38 PM

Dear Madam,
Greetings from Lady Doak College!!

We had a great privilege of listening to you during the awareness programme on breastfeeding.
Herewith, we have enclosed the acceptance letter to the Dean.

Thank you

Warm Regards,
Dr. J. Chithra
Mrs. E. Joice Rathinam
DSA
[Quoted text hidden]

3.39m
Prof. T. THIRUNAVUKKARASU, M.D.D.A.
Dean
Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tuticorin Ring Road
Anuppanadi, Madurai-625 009, T.N.