



**VELAMMAL MEDICAL COLLEGE**  
**HOSPITAL AND RESEARCH INSTITUTE**  
**MADURAI - 625009**

**4.2.3**

**Detailed report of activities and list of students benefitted due to exposure  
to Laboratories, Herbal Garden & Animal House**

**Report on List of Practical's Designed & Conducted**

SL. No.	Subject	Practical's List
1.	Human Anatomy Including Embryology, Osteology & Histology	<b>Dissection Topic</b>
		<b>UPPER LIMB</b>
		1. Pectoral Region
		2. Axilla
		3. The dissection of the back
		4. Shoulder
		5. Arm – Anterior compartment
		6. Cubital fossa
		7. Arm – Posterior compartment
		8. Forearm – Anterior compartment
		9. Forearm – Posterior compartment
		10. Hand
		11. Elbow joint
		12. Wrist joint, Radioulnar joints
		<b>LOWER LIMB</b>
		13. Front of thigh – Superficial dissection
		14. Front of thigh – Deep dissection, Femoral triangle
		15. Medial side of thigh
		16. Gluteal region
		17. Popliteal fossa
		18. Back of thigh
		19. Hip joint
		20. Front of leg and Dorsum of foot
		21. Lateral side of leg
		22. The back of the leg
		23. Sole
		24. Knee joint
		25. Ankle joint, Joints of foot

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		<b>ABDOMEN</b>
	26.	Anterior abdominal wall
	27.	Inguinal canal
	28.	Male external genitalia
	29.	Dissection of loin
	30.	Divisions of peritoneal cavity, peritoneal folds, reflections
	31.	Spleen
	32.	Stomach
	33.	Mesentery
	34.	Large intestine
	35.	Duodenum, Pancreas
	36.	Liver, Gall bladder
	37.	Kidneys, Suprarenal glands
	38.	Diaphragm
	39.	Posterior abdominal wall
		<b>PELVIS</b>
	40.	Pelvic peritoneum – Folds, Reflections
	41.	Anal region, Ischiorectal fossa
	42.	Urogenital region – Superficial perineal space
	43.	Deep perineal space
	44.	Ovary, Uterine tube
	45.	Urinary bladder
	46.	Ductus deferens, Seminal vesicle, Prostate
	47.	Uterus
	48.	Rectum
	49.	Sagittal section of pelvis – male, female
	50.	Vessels and nerves of lesser pelvis
		<b>THORAX</b>
	51.	Intercostal space
	52.	Removal of lungs
	53.	Structures visible through pleura
	54.	Lungs, Bronchopulmonary segments
	55.	Pericardium, Sinuses of pericardium
	56.	Sternocostal surface of heart
	57.	Chambers of heart
	58.	Superior mediastinum





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		59.	Posterior mediastinum
			<b>HEAD AND NECK</b>
		60.	Scalp
		61.	Superficial dissection of face
		62.	The side of the neck
		63.	The back of the neck
		64.	Suboccipital triangle
		65.	Anterior triangle
		66.	Removal of brain
		67.	Cranial cavity
		68.	Deep dissection of neck
		69.	Prevertebral region
		70.	Deeper dissection of face
		71.	Orbit
		72.	Parotid region
		73.	Infratemporal fossa
		74.	Submandibular region
		75.	Pharynx
		76.	Nasal cavity
		77.	Larynx
		78.	Tongue
		79.	Ear
		80.	Eyeball
		81.	Contents of vertebral canal
			<b>BRAIN</b>
		82.	Spinal cord
		83.	Meninges, Blood vessels of brain
		84.	The base of brain
		85.	Medulla, pons
		86.	Cerebellum
		87.	4 <sup>th</sup> ventricle
		88.	Midbrain
		89.	Cerebral hemisphere – Sulci, Gyri
		90.	The white matter of the cerebrum
		91.	The lateral ventricle and the choroid fissure
		92.	The deep dissection of the hemisphere
		93.	The deep nuclei of the telencephalon

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		<p>94. The nuclei and connections of the thalamus</p> <p><b>GENERAL HISTOLOGY</b></p> <ol style="list-style-type: none"> <li>1. Microscope and Tissue Processing</li> <li>2. Epithelium</li> <li>3. Glands</li> <li>4. Connective tissue</li> <li>5. Cartilage</li> <li>6. Bone</li> <li>7. Blood vessels</li> <li>8. Nerves</li> <li>9. Muscle</li> <li>10. Skin</li> <li>11. Spleen, Tonsil</li> <li>12. Lymph node, Thymus</li> <li>13. Salivary glands</li> <li>14. Trachea, Lung</li> </ol> <p><b>SYSTEMIC HISTOLOGY</b></p> <ol style="list-style-type: none"> <li>1. Oesophagus</li> <li>2. Stomach</li> <li>3. Small intestine</li> <li>4. Large intestine</li> <li>5. Liver, Gall bladder</li> <li>6. Pituitary, Thyroid</li> <li>7. Adrenal, Pancreas</li> <li>8. Testis, Epididymis</li> <li>9. Vas deferens, Prostate</li> <li>10. Ovary, Uterine tube</li> <li>11. Uterus, Mammary gland</li> <li>12. Placenta, Umbilical cord</li> <li>13. Kidney, Ureter, Bladder</li> <li>14. Eyeball</li> <li>15. Tongue</li> </ol>
2.	General Human Physiology	<p><b>NAME OF THE HAEMATOLOGY EXPERIMENTS</b></p> <ol style="list-style-type: none"> <li>1. Microscope</li> <li>2. Hemocytometer</li> <li>3. Estimation of total RBC count</li> <li>4. Estimation of total WBC count</li> </ol>

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5. Absolute Eosinophil count
6. Differential count
7. Hemoglobin Estimation
8. Blood grouping & typing
9. Bleeding time & Clotting time
10. Erythrocyte sedimentation rate
11. Packed cell volume
12. Osmotic fragility
13. Specific gravity

**NAME OF THE CLINICAL EXPERIMENTS**

1. General Examination
2. Examination of Respiratory system
3. Respiratory efficiency test
4. Spirometry
5. Stethograph
6. Examination of pulse
7. Examination of Cardiovascular System
8. Examination of Blood Pressure
9. Effect of posture & exercise on Blood Pressure
10. Examination of sensory system
11. Examination of motor system
12. Examination of reflexes
13. Cerebellar function test
14. Examination of 1 -6 cranial nerves
15. Examination of 7 -12 cranial nerves
16. Examination of abdomen

**NAME OF THE COMMON EXPERIMENTS**

1. RBC indices
2. Platelet count
3. Reticulocyte count
4. Mosso's Ergography
5. Harvard step test
6. Recording and Interpretation ECG
7. Recording of Arterial pulse
8. Observation of cardiovascular autonomic function tests
9. EEG interpretation
10. Observation of Amphibian nerve muscle

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		<p>experiments</p> <p>11. Observation of Amphibian cardiac experiments</p> <p>12. Basic Life Support</p>
3.	Biochemistry	<ol style="list-style-type: none"> <li>1. Introduction to laboratory and Biochemistry Practical's: Describe commonly used laboratory apparatus and equipment's, good safe laboratory practice and waste disposal.</li> <li>2. Clinical Biochemistry &amp; Phlebotomy lab visit</li> <li>3. Demonstration: Colour reactions of carbohydrates</li> <li>4. OSPE: Colour reactions of carbohydrates</li> <li>5. Urine Analysis: Physical appearance Describe the chemical components of normal urine. Urine Analysis: Inorganic components, Urine strip test</li> <li>6. Urine Analysis: organic components</li> <li>7. Demonstration : Colour reactions of aminoacids &amp; Precipitation reactions of Proteins</li> <li>8. Perform urine analysis to determine abnormal constituents: Discussion of Benedicts, Rothera's test (Hellers, Sulphosalyclic)</li> <li>9. Perform urine analysis to determine abnormal constituents: Discussion of Hays, Fouchets test, orthotolidine test Demonstration: IEM Screening: ferric chloride, DNPH, Bials test.</li> <li>10. Identify abnormal constituents in urine, interpret the findings and correlate these with pathological states. (DKA) Demonstration: Principle of colorimetry &amp; Spectrophotometry</li> <li>11. Certification: Identify abnormal constituents in urine, interpret the findings and correlate these with pathological states.</li> <li>12. Demonstration of colorimetry and spectrophotometry</li> <li>13. Estimation of serum total protein</li> <li>14. Identify abnormal constituents in urine, interpret the findings and correlate these with pathological states. (Diabetic Nephropathy)</li> <li>15. Estimation of serum albumin &amp; calculate A:G ratio</li> </ol>

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		<ol style="list-style-type: none"><li>16. Identify abnormal constituents in urine, interpret the findings and correlate these with pathological states. (Glomerulonephritis)</li><li>17. Certification: Perform urine analysis to determine abnormal constituents</li><li>18. Demonstrate the estimation of serum creatinine</li><li>19. Explain the basis and rationale of biochemical tests done in the following condition: Renal failure, GOUT</li><li>20. Explain the basis and rationale of biochemical tests done in the following condition: proteinuria, nephrotic syndrome and edema.</li><li>21. Demonstrate estimation of uric acid</li><li>22. Basis and rationale of biochemical tests done: gout &amp; proteinuria.</li><li>23. Estimation of serum urea</li><li>24. Estimation of creatinine</li><li>25. Estimation of uric acid</li><li>26. Demonstrate the estimation of serum bilirubin</li><li>27. Demonstration of SGOT and SGPT</li><li>28. Demonstration of ALP</li><li>29. Explain the basis and rationale of biochemical tests done in the following condition: liver disease</li><li>30. Estimation of glucose in plasma</li><li>31. Explain the basis and rationale of biochemical tests done in the following condition: DM</li><li>32. Demonstrate the estimation of serum Cholesterol, HDL Cholesterol</li><li>33. Demonstrate the estimation of Triglycerides</li><li>34. Basis and rationale of biochemical tests done: Dyslipidemia &amp; MI.</li><li>35. Demonstrate estimation of calcium and phosphorous</li><li>36. Preparation of buffers and estimation of pH</li><li>37. Serum electrophoresis and PAGE</li><li>38. Screening of urine for IEM</li><li>39. Demonstration of paper chromatography and TLC</li><li>40. Explain the basis and rationale of biochemical tests done in the following condition: pancreatitis and</li></ol>
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		thyroid function 41.ELISA 42.Demonstration of ISE 43.DNA isolation and PCR 44.Demonstration of ABG analyzer 45.Explain the basis and rationale of biochemical tests done in the following condition: acid base disorders
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4.	Pathology	Clinical hematology 1. Collection of blood samples 2. Estimation of hemoglobin 3. Automation in hematology 4. Peripheral smear examination Transfusion medicine 1. Blood grouping 2. Cross matching Clinical Pathology 1. Urine examination 2. Interpretation of urine dip sticks 3. Fluid cytology Cytopathology 1. Fine needle aspiration 2. Pap smear Histopathology Histopathology slides for interpretation
5.	Pharmacology	1 Spotters A. Sources of Drugs B. Experimental Animals C. Equipment's and Instruments D. Miscellaneous 2 Dosage Forms 3 Dose Calculation 4 Oral Rehydration Solution 5 Prescription Writing 6 Prescription Audit 7 Adverse Drug Reactions 8 P drug concept

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		<p>9 Essential medicines            10 Critical Appraisal of Drug Advertisements            11 Interaction with drug representative            12 Drug Administration Techniques            13 Experimental pharmacology            14 Proper use of medications            15 Optimal use of devices and storage of medications            16 AETCOM            17 Pharmacoeconomics            18 Clinical Pharmacology            19 General Pharmacology Charts            20 Toxicology            21 Fixed Dose Combinations            22 Antibiotic policy</p>
6.	Microbiology	<p>A- Introduction to Medical Laboratory            B- Microscopy            General principles of Laboratory diagnosis of Bacterial diseases            1. Direct methods of bacterial detection            2. gram staining            Ziehl Neelsen stain            Bacterial culture – culture media, methods and identification methods            Antibiotic susceptibility testing            Immunological diagnostic methods            General principles of laboratory diagnosis of viral diseases.            1- General principles of laboratory diagnosis of parasitic diseases.            2- Stool examination            General principles of laboratory diagnosis of fungal diseases.            Hospital Infection Control -I: Hand hygiene and PPE            Hospital Infection Control -I: Sterilisation, Disinfection, Biomedical waste management, Needle stick injuries            Laboratory diagnosis of Rheumatic heart disease, Infective endocarditis and Sepsis.            Laboratory diagnosis of Brucellosis, Leptospirosis, Dengue fever, Scrub typhus and Candidemia</p>

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	<p>Laboratory diagnosis of Enteric fever Laboratory diagnosis of Malaria Laboratory diagnosis of Filariasis and Leishmaniasis 1- Laboratory diagnosis of HIV infection 2- Confidentiality pertaining to patient's identity in laboratory result Laboratory diagnosis of diarrhea / Stool examination Laboratory diagnosis of dysentery / Stool examination Laboratory diagnosis of Intestinal helminthic infections Laboratory diagnosis of Hepatic infections Laboratory diagnosis of skin infections - I Laboratory diagnosis of skin infections - II Laboratory diagnosis of Musculoskeletal infections Laboratory diagnosis of meningitis Laboratory diagnosis of encephalitis Laboratory diagnosis of upper respiratory tract infections Laboratory diagnosis of lower respiratory tract infections Laboratory diagnosis of genitourinary and sexually transmitted infections Laboratory diagnosis of urinary tract infections</p>
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