

HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

1.3.2

Brochures and Detailed Report of Value-Added Courses offered During 2018-19

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Poi. T. THIRUNAVUKKARASU, M.D.,D.A.,
Dean
Velammal Medical College Hospital
and Research Institute
"Velammal Village"
Madurai-Tuticorin Ring Road
Anuppanadi, Madurai-625 009, T.N.



DEPARTMENT OF RADIODIAGNOSIS

XRAY IMAGING AND INTERPRETATION

VALUE ADDED COURSE

<u>Circular</u>

Date: 01.02.2019

An Enrichment Course will be held on <u>08.02.2019 & 09.02.2019</u> by the **Department of** <u>Radiodiagnosis</u>

Topic titled: X-Ray imaging & Interpretation

Presenter: Dr. Yogaraj, Assistant Professor The Department of Radiodiagnosis

Radiology 2^{nd} Year & Final year MBBS students are requested to attend and make it successful.

Head of the Department

Dr. M. Krishna Kumar Professor & HOD Department of Radiodiagnosis VMCH & RI, Madurai.

Dean

Prof.R.M.Raja Muthiah, M.S., M.Ch

Dean

Copy to

- 1. Notice Board.
- 2. HODs of All departments

Activity Report

Topic Name: X-Ray imaging & Interpretation

Introduction: Dr. Kumaran

Objective: Physics, Techniques, position, Pit Falls & Interpretation.

Date: 08.02.2019 & 09.02.2019

Course Duration: 8+8 Hours

Location: Lecture Hall, Department of Radiodiagnosis.

Organized by: Department of Radiodiagnosis

Audience: Final year MBBS Students

Speaker: Dr. Yogaraj

Method adopted: Power point presentation - Seminar.

Materials used: Projector & Laptop

Course time table:

Date	Time	Topic	Speaker
08.02.2019	8.45 am to 5.45 pm	X-Ray imaging & Interpretation	Dr. Kumaran
09.02.2019	8.45 am to 5.45 pm	X-Ray imaging & Interpretation	Dr. Yogaraj

Description:

The program started with introduction speech about the CME regarding conventional radiology by Dr. YOGARAJ Associate Professor. The program was inaugurated by our DEAN DR. RAJA MUTHAIAH. The welcome speech to the dignitary and students was delivered by Head of the Department of Radio-diagnosis DR. KRISHNA KUMAR.

The First lecture was started by MR. SATHEESH, (RADIOLOGY MRI TECHNOLOGIST) regarding BASIC X-RAY IMAGING. The second guest lecture was given by MS. JASMINE (RADIOLOGY MRI TECHNOLOGIST). She has started the lecture with CHEST X-RAY ANATOMY & NORMAL VARIANTS. She has spoken about various methods & techniques used in Chest X-ray pathological conditions. The third lecture was again given by Dr. KUMARAN Assistant Professor and spoke about ABDOMEN X-RAY - NORMAL & ABNORMAL.

On second day the first lecture was given by DR. YOGARAJ Associate Professor and spoke about SKELETAL SURVEY - IMAGING & FINDINGS. The second guest lecture was given by MR. SATHEESH, (RADIOLOGY MRI TECHNOLOGIST). He has started the lecture with X-RAY BONE

Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,

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	d spoke about various methods & techniques. The third lecture was
ngain given by DR. KI ARTHRITIS	UMARAN Assistant Professor and spoke about X-RAY IMAGING IN
	vas given by Dr. L. RUPA KUMAR.
Outcome Analysis:	e team lecture made the 2 nd Year & MBBS Final year students to
	their skill about the basic X-Ray imaging & interpretation.
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100	
DR.M.KHISHNAKUMAR MORDD	MRD
PROFESSOR & HOD	
Head of the Departmer	nt

X-RAY IMAGING & INTERPRETATION – VALUE ADDED COURSE

AGENDA

DAY - 1 (08.02.2019)

TIME	<u>DAY - 1 (08.02.2019)</u>	CDEAVED
TIME	TOPIC	SPEAKER
08.30 AM to	Basic X-Ray imaging	Mr. Satheesh
10.30 AM		(Radiology Technologist)
	TEA BREAK	
10.45 AM to	Chest X-Ray Anatomy & Normal Variants	Ms. Jasmine
12.45 PM		(Radiology Technologist)
	LUNCH BREAK	
01.30 PM to	Chest X-Ray – Pathological conditions	Mr. Satheesh
03.30 PM		(Radiology Technologist)
	TEA BREAK	
03.45 PM to	Abdomen X-ray – Normal & Abnormal	Dr. Kumaran
05.45 PM		
	<u>DAY – 2 (09.02.2019)</u>	
TIME	TOPIC	SPEAKER
08.30 AM to	Skeletal Survey – Imaging & Findings	Dr. Yogaraj
10.30 AM		
	TEA BREAK	
10.45 AM to	X-ray bone age prediction	Mr. Satheesh
12.45 PM		(Radiology Technologist)
	LUNCH BREAK	
01.30 PM to	X-Ray imaging in arthritis	Dr. Kumaran
03.30 PM		
	TEA BREAK	
03.45 PM to	Quiz	Ms. Jasmine
05.45 PM		(Radiology Technologist)
	Organised by Department of Radiod	liagnosis, VMCH& RI



LW.F.

SIGNATURE (Dr. KALIRAJAN.K)
PERSON INCHARGE



Dr. M. KRISHNA KUMAR
HOD (DEPARTMENT OF RADIODIAGNOSIS)



VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE **DEPARTMENT OF FORENSIC MEDICINE & TOXICOLOGY**

Report on Value Added Course

Topic

: Basic Computer Skills for MBBS Students

Date

:5th and 6th April 2019

Venue

: Lecture Hall: 1

Resource persons:

Dr. Mahesh Krishna

Dr. Yogesh C

Dr.Surangama Chakraborthy

Dr.Rajan

Department involved

: Forensic Medicine & Toxicology.

Audience

: First year M.B.B.S. Students.

Number of Participants: 131

Method of delivery

: Lecture and group activity.

Objective for the Programme: To become a effector presentor. To minimize error during working, patient care & early diagnosis. To get updated knowledge and remain as lifelong learner. To learn easy and swift computer skills. Most important be aware of research & innovation around the world and able to collaborate various agencies.

Description:

The program was inaugurated by Dean of Velammal Medical College Hospital and Research Institute. Course introduction was done by Dr.Mahesh Krishna. Dr. Yogesh C started the session about Introduction to Computer application in medical sciences. Following it Dr. Surangama explained about Use of Microsoft word & its application, Dr. Rajan briefed on Power point presentation. Dr Yogesh C explained about the Use of media & Algorithm for PPT. Afternoon Session on Microsoft Excel, concept & analysis of data was handled by Dr Mahesh Krishna

> 69. 20mm Prof. T. THIRUNAVUKKARASU, M.D.D.A. Velammal Medical College Hospital

and Research Institute "Velammal Village" Madurai-Tuticorin Ring Road Anuppanadi, Madurai-625 009, T.M.



VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE DEPARTMENT OF FORENSIC MEDICINE & TOXICOLOGY Report on Value Added Course

Day 2 started with Dr Yogesh C lecture on Microsoft publisher & Posters /Banner making. Dr Surangama briefed about Use of one note following which Dr Rajan explained about its application in medical research. The session ended with a Panel discussion.

Photo:







Velammal Medical College Hospital and Research Institute

Department of Forensic Medicine & Toxicology

Invites all for

Value added Courses on Basic Computer Skills for MBBS Students

Date: 5th and 6th April 2019

Time: 8.00 AM to 5.00 PM

PATRON

Chairman:

Mr.M.V.Muthuramalingam **Advisors**:

Dean: Dr. Raja Muthaiah

DR.P.K.Mohanty

Vice Principal Professor & HOD Department of Biochemistry

Resource persons

Dr.Mahesh Krishna

Dr.Yogesh C

Dr.Surangama

Chakraborthy

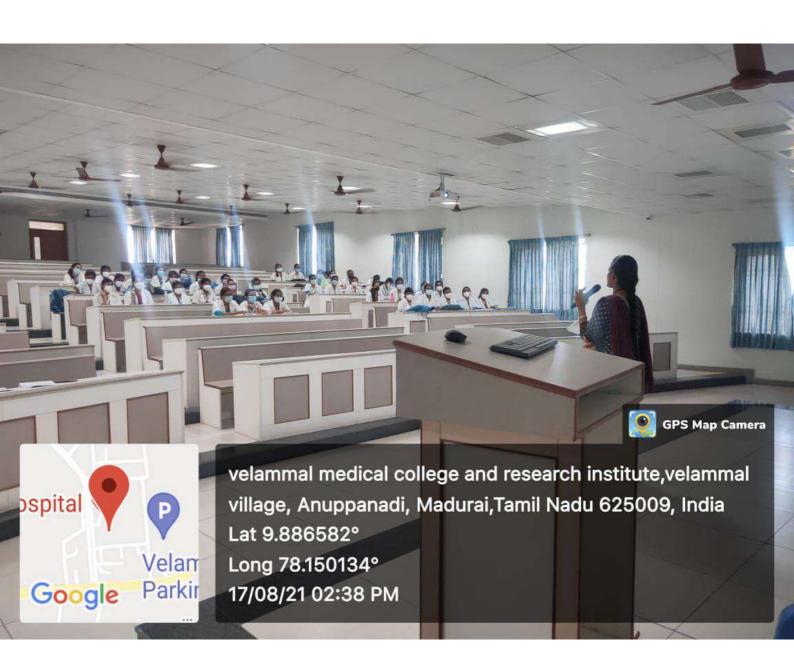
Dr.Rajan

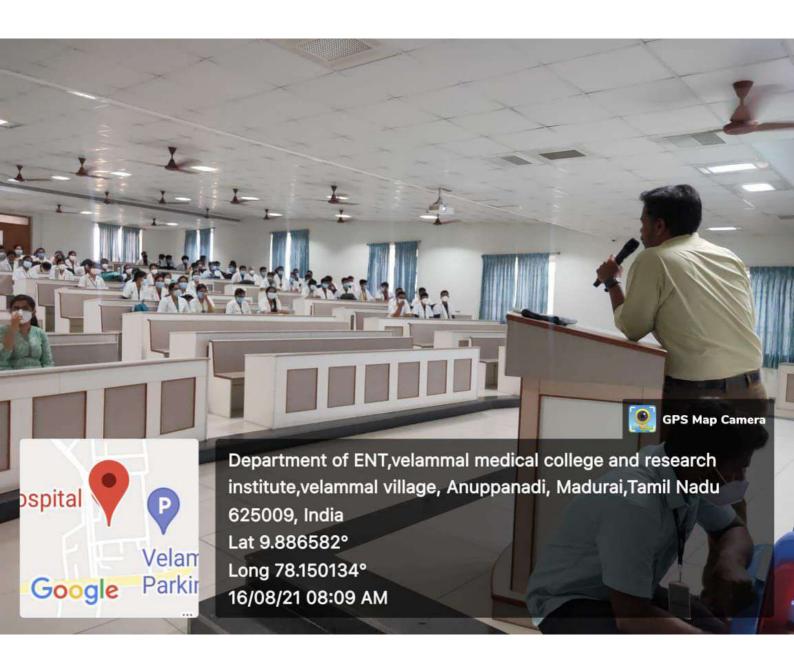
Date	Tîme	Topics	Resource persons
05.04.2019	8.00 - 8.30 AM	Inauguration Course introduction Pre test	Dean, MS, VP Dr. Mahesh Krishna
05.04.2019	8.30 – 9.30 AM	Introduction to . Computer application in medical sciences	Dr.Yogesh.C
05.04.2019	9.30 AM - 10.30 AM	Use of Microsoft word & its application	Dr.Surangama
05.04.2019	11:00 AM - 12.15 PM	Power point presentation	Dr. Rajan
05.04.2019	12.15 PM - 01.00 PM	Use of media & Algorithm for PPT	Dr. Yogesh C
05.04.2019	2.00 – 5.00 PM	Microsoft Excel, concept & analysis of data	Dr.Mahesh Krishna
			g-sia mnm

DAY 2 6th April 2019

06.04.2019	08:00 AM – 10:00 AM	Microsoft publisher & Posters /Banner making	Dr. Yogesh C
06.04.2019	10.30 AM – 11.30 AM	Use of one note (a personal diary)	Dr.Surangama
06.04.2019	11.30 AM - 01.00 PM	Application of one note in medical research	Dr. Rajan
06.04.2019	02.00 PM - 03.00 PM	Student's Evaluation	Dr. Surangama
06.04.2019	03.00 PM – 05.00 PM	Panel discussion	Dr. Mahesh Krishna

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Dean







HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

Geriatric Care



Department of Physiology

Velammal Medical College Hospital and Research Institute

Madurai

VMCH/Physio/VAC/2019

CIRCULAR

To First MBBS students of 2018-19 batch

26.2.2019

There will be a Value-added course on **Geriatric care** for first MBBS students from 9am to 4pm on Friday & Saturday (1.3.2019 & 2.3.2019). All the students are expected to attend the course without fail.

Date: (1.3.2019 & 2.3.2019)

Friday & Saturday

Time: 9am to 4pm

Venue: Lecture Hall 1

First floor

Velammal Medical College

Dr.S.Anu

Professor and Head

Department of Physiology



HOSPITAL AND RESEARCH INSTITUTE MADURAL - 625009

Activity Report

Topic Name: Geriatric care

Introduction: Ageing is a natural process. There are many normal physiological changes associated with increase in age. There are also many pathological changes that can occur with ageing process. Although adults have the same basic physiology, the care needed by the elderly people differs considerably from the average adult human being. In order to understand the concept of geriatric care better, the knowledge of the students must be updated regularly.

Objective: To sensitize the students in the topic of geriatrics and make them understand the level of care needed by the geriatric population.

Date: 1st and 2nd of March 2019

Course Duration: 16 hours of duration (2 days)

Location: Lecture Hall 1, First floor, Velammal Medical College Hospital and

Research Institute, Madurai

Organized by: Department of Physiology

Audience: First year MBBS students

Speaker: Faculties of Physiology, General medicine

Method adopted: Lecture

Materials used: Lecture hand-outs

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Department of Physiology, Velammal Medical College Hospital and Research Institute, Madurai, Tamilnadu in association with Departments of general medicine had organised a certifiable value-added course to First Professional MBBS students (2018-19 batch) on 1st and 2nd March 2019.

The program spanned for 16 hours of duration covering the salient aspects and importance of geriatric care. Eminent speakers from various departments gave talks on the core concept of Health problems of the aged, psychological problems faced by the elderly people and their clinical importance apart from what they have learnt in their regular curriculum and practical sessions. Role of yoga in geriatrics and research in geriatric care was Enlighted to the students.

In the second day afternoon, after the recap the prevention of Elderly Abuse and Sleep Disorders in Elderly were discussed with students.

Dr. A. Sangeetha, assistant professor of general medicine spoke about the Prevention and Management of Geriatric Health problems in real life. Finally the importance of nutritive care in aged people were discussed. The program ended with feedback session

Course time table

Date	Time	Topic	Speaker
	8.30- 9.30am	Physiological changes due to aging	Dr.S.Anu Professor Department of Physiology
	9.30- 10.30am	Health problems of the aged	Dr.John Rajpathy Professor Department of Physiology
1.3.2019– Friday	10.30- 11.30am	Psychological problems in elderly	Dr.M.Shanthi Professor Department of Physiology
	11.30-1pm	Geriatric care	Dr.M.Saravanan Associate Professor Department of Physiology
1 Sep 1 B 4 a	1 – 2 pm	Lunch break	•



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* .	2 - 3 pm	Primary Health Care for Elderly People	Dr.A.S.Kanietha Priya Assistant Professor Department of Physiology
	3 – 4 pm	Geriatric Research	Dr.K.Rekha Associate Professor Department of Physiology
	4-5pm	Role of yoga in geriatrics	Dr.J.Keba Assistant Professor Department of Physiology

	8 - 9 am	Prevention of Elderly Abuse	Dr.S.Anu Professor Department of Physiology
**	9 - 11 am	Sleep Disorders in Elderly	Dr.John Rajpathy Professor Department of Physiology
2.3.2019	11– 1 pm	Prevention & Management of Geriatric Health	Dr.A.Sangeetha Associate Professor Department of general medicine
Saturday	1 – 2 pm	Lunch break	
	2-3 pm	Geriatric Programs by government of India	Dr.M.Saravanan Associate Professor Department of Physiology
Sign William Sign	3 - 4.30 pm	Importance of Nutrition in Elderly	Dr.K.Rekha Associate Professor Department of Physiology
	4.30- 5 pm	Feedback and Valediction	on

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Description: An academic session regarding geriatric care was conducted by the department of Physiology along with the department of general medicine for two days. The faculties from the department of Physiology talked about the process of ageing and the physiological changes associated with it on the first day of the event. Then the topics of research opportunities in geriatrics and the importance of yoga in daily life were discussed.

On the second day of the event the pathological processes that are associated with ageing were described and the common diseases and disorders in the elderly population were discussed by the faculty from the department of general medicine. Then the national health programmes in geriatric care were elaborated. Then the second day's session was concluded.

Outcome Analysis: A feedback session was conducted after the conclusion of the second day's event.

Head of the Department

Seal.& Signature

Prof. T. THIRUNAVUKKARASU, M.D., D.A.

Dean











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Communication Skills and Personality Development

Introduction:

Effective communication skills and a strong professional persona are essential attributes for success in any field, but especially in healthcare settings. As medical professionals, MBBS students will interact with patients, families, and colleagues on a daily basis and the quality of these interactions can play a critical role in outcomes, patient satisfaction, and the overall success of one's career. Communication skills and personality development therefore represent crucial areas that MBBS students must develop and hone throughout their education and career. Through the development of active listening skills, empathy, emotional intelligence, resilience, and other key traits, MBBS students can enhance their ability to communicate effectively, work collaboratively, and deliver high-quality care.

Course outline:

To teach basic communication and counseling skills to second-year undergraduate students to improve their overall clinical competence, performance on clinical patient examination and patient interview skills.

Course duration

: 2 days

Course date

: 22nd and 23rd June 2019

Venue

: Lecture Hall 2, first floor, Velammal medical college

Course fees

: free

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Date	Time	Topic	Faculties
	9.00am –	What is communication and importance of it?	Dr. Usha, HOD
	10.15am- 11.00am	Barriers of communication	Dr. Yegamuthu
e e	11.00am - 12.30pm -	Various ways of communication .	Dr. Lavanya
22/06/2019	1.30pm - 2.30am	Developing active listening skills	Dr. Sudhakar
	2.30pm – 4.00pm	Basic counseling skill	Dr. Poonkodi
	9.00am – 12.00pm	Patient interview skill	Dr. Lavanya
9 m V - 4 mg	12.15pm- 1.30pm	Enhancing emotional intelligence and self-awareness	Dr. Yegamuthu
23/06/2019	2.30pm - 4.30pm	Managing difficult conversations with empathy	Dr. Sudhakar
	4.45pm - 5.30pm	Developing skills in promoting patient safety and quality care	Dr. Poonkodi

Prof. T. THIRUNAVUKKARASU, M.D.D.A. Dean



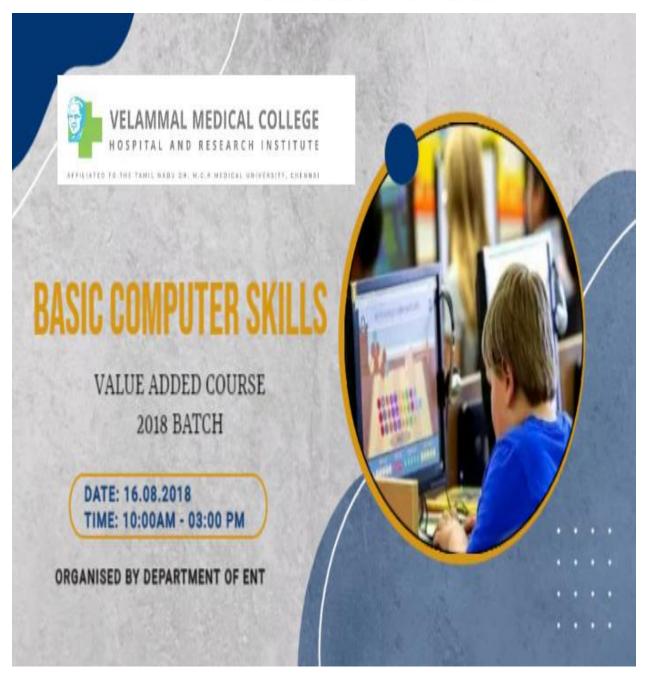
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Course Schedule:

In conclusion, effective communication skills and personality development are integral to the success of MBBS students in their chosen field of healthcare. Dr. Usha Ravikumar and Dr. Yegumuthu stressed the importance of developing active listening skills, building positive working relationships, mastering the art of effective communication, and fostering emotional intelligence and resilience. These skills will enable MBBS students to effectively interact with patients, their families, and colleagues, and to enhance the overall quality of care provided. By prioritizing these traits and investing in their ongoing development, MBBS students can establish a strong professional persona and become successful healthcare professionals. Meeting ended with thanking The Dean, Dr. Usha Ravikumar, Dr. Yegumuthu and other faculties for their valuable insights and contributions to this important topic.

Prof. T. THIRUNAVUKKARASU, M.D.D.A.







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The Department of Psychiatry

Value Added Courses (VACs)

Academic Year	Dates	Topic
2018-2019	9 th -10 th October, 2018	Women's Mental Health
		Across the Ages

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Circular

Velammal Hospital/Dept of Psychiatry/VAC 1

Date: 24.09.2018

An Enrichment Course will be held on 9th and 10th October 2018 by the Department of Psychiatry.

Topic Titled: Women's Mental Health Across The Ages

Presenter: Dr. Ramanujam.V, Professor and HOD, Department of psychiatry and team

All the Prefinal YEAR MBBS students and staff are requested to attend and make it successful.

Head of the Department

Copy to

- 1. Notice Board.
- 2. HODs of All departments

Prof. T. THIRUNAVUKKARASU, M.D.,D.A.,

Dean

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Activity Report

Women's Mental Health Through The Ages

Introduction:

The place of women in society is in constant flux. From being seen as the traditional 'carer-nurturer parent' / 'stay at home mom, women have steadily grown to become an integral part of the workforce over the last 50 years. Much of the current debate centers around work-life balance for women which is of prime importance in helping maintain optimal mental health.

Yet physiologically men and women have unique mental health challenges. Women in particular are predisposed to develop different types of mental health problems ranging from peri partum emotional disorders to post-menopausal mental health problems.

Women also have lesser access to mental health care services in traditional societies of developing nations such as ours.

Thus, address women's mental health is of prime importance in any developing society.

Objective:

- The course aims at creating awareness among the medical students about the types of emotional challenges faced by women across their lifespan.
- 2. At the end of the course the students are able to possess knowledge to screen and assess mental health conditions specific to women.

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Date: 09.10.2018 and 10.10.2018

Course Duration: 16 HRS

Location: Velammal Medical College Hospital, 3rd floor auditorium,

Madurai

Organized by: Department of Psychiatry

Audience: Pre- Final year MBBS students and Faculty members

Speaker: Faculties from Dept of Psychiatry/ Physiology/ General Medicine/Endocrinology/Obstetrics and Gynaecology and Nursing

Method adopted: Constructivist Student cantered approach.

Materials used: PowerPoint.

Prof. T. THIRUNAVUKKARASU, M.E., D.A.



HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

Curriculum and Programme Agenda

Day 1

Inauguration Pre Test

Session	Time	Topic	Speaker
Session 1:	8.30 am to 9.15 am	Role Of Women In A Changing Society	Dr. Rena Rosalind Dept Of Psychiatry
Session 2:	9.15 am to 10.15 am	Physiological Changes In Women Across Their Life Span	Dr. Anu, Dept Of Physiology
	10.15am	To 10.30 Am Tea Brea	k .
Session 3:	10.30 am to 11.30 am	Endocrine Dysfunction And Women's Mental Health	Dr. Suganya Dept Of Surgical Endocrinology
Session 4	11.30am to 12.30pm	Mental Health Challenges In Adolescent Girls	Dr. Jenish Rajma, Dept Of Pediatrics
	12.30pm	To 1.00 pm Lunch Brea	ık
Session 4:	1.00 to 2.00 pm	Introduction To Peripartum Emotional Disorders	Dr. V. Ramanujam , Dept. Of Psychiatry
Session 5:	2.00 pm to 3.00 pm	Screening For Post Partum Mood Disorders	Dr. Agalya, Dept Of Ob&G
Session 6:	3.00 pm to 4.00pm	Clinical Approach To Management Of Post Partum Psychosis	Dr. Sugaparaneetharan, Dept. Of Psychiatry

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Day 2

Session	Time	Topic	Speaker
Session 1:	8.00 am to 9.00 am	Clinical Approach To Management Of Post Partum Mood Disorders	Dr. V. Ramanujam, Dept Of Psychiatry
Session 2:	9.00 am to 10.00 am	PMDD	Dr. Jai Ganesh, Dept Of Psychiatry
10.00 Am To 11.00 Am Tea Break			
Session 3:	11.30 am to 12.30 pm	Domestic Violence	Dr. Anandadurai, Dept Of Medicine
12.30 pm To 1.30 pm Lunch Break			
Session 4:	1.30 pm to 2.30 pm	Interesting Clinical Vignettes	Dr. Sangeetha-Dept Of Medicine, Dr. Jai Ganesh - Dept. Of Psychiatry
Session 5:	2.30 pm to 3.30 pm	Maintaining Work- Life Balance	Mrs.Anita, Dept Of Nursing
Session 6:	3.30 pm to 4.30 pm	How To Optimize The Mental Health Of Women In Medicine	Dr. Renuga Devi, Dept of OB&G Dr. Rena Rosalind, Dept Of Psychiatry

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Dean



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Certificate Distribution

Description: The value added course on Women's Mental Health through the ages acts as an opportunity for generating awareness among the students. Integrating departments outside Psychiatry will help the students understand the magnitude of the problem on the community and the varied symptom presentation of these conditions.

Outcome Analysis: At the end of this session students will have better understanding on the specific mental health challenges faced by women throughout their lifespan. The outcome is subjectively assessed by feedback questionnaire rated by the students and pre-test and post test questions.

Head of the Department

Prof. T. THIRUNAVUKKARASU, M.D., D.A.

Dean

Velammal Medical College Hospital and Research Institute "Velammal Village" Madurai-Tuticorin Ring Road

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VELAMMAL MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE

MADURAI - 625009

VMCH/CM/C/VAC/1/2018

CIRCULAR

To Third MBBS students -2015-16 batch



20.09.2018

There will be a Value added course on Problem Solving Methodology & Decision Making by the department of community medicine for third MBBS students on 27th & 28th of September 2018, between 8 AM - 5 PM. All students of 2015-16 batch are expected to enroll & attend the course without fail.

Date:

27th & 28th of September 2018

Time:

8 AM - 5 PM

Venue:

Lecture Hall (second floor)

Velammal Medical College

Dr. Samir Bele

Professor and Head

Department of Community Medicine

Copy to:

Dean, VMCH & RI



HOSPITAL AND RESEARCH INSTITUTE

MADURAI - 625009

From

VMCH/CM/VC/1/2018

Date: 17.09.2018

Dr. Samir Bele

Professor& HOD

Dept. of Community Medicine

Velammal Medical College Hospital & Research Institute

Madurai

To

The Dean

Velammal Medical College Hospital & Research Institute

Madurai

Through Proper Channel

Subject: Value added course by department of Community Medicine for 2015-2016 batch on 27th & 28th September, 2018.

Respected Sir,

The department of Community Medicine is planning to organize a value added course on Problem solving Methodology & Decision Making for 2015-2016 batch on 27th & 28th September, 2018. I request you to grant permission for the same & instruct the other departments where this batch is posted to spare the students Thanks & Regards

(Dr. Samir Bele)

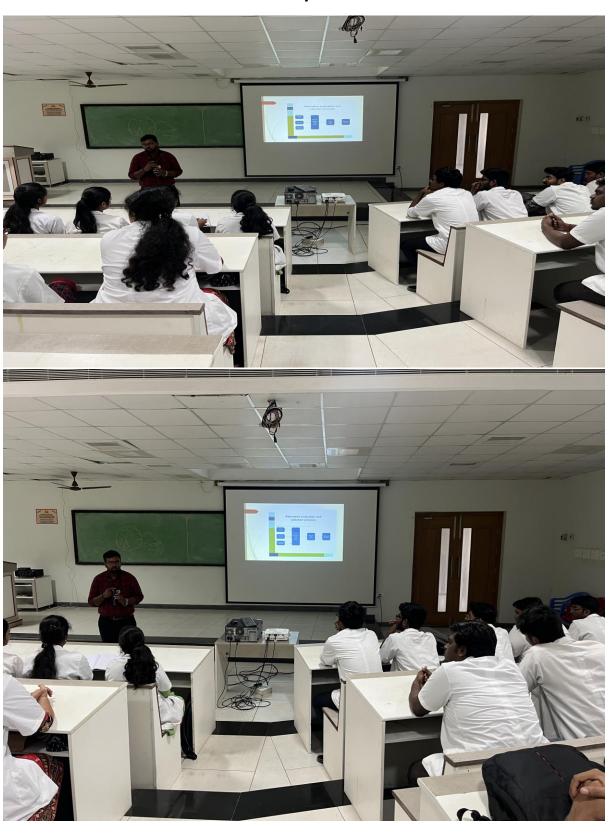
PROFESSOR & HEAD

Department of Community Medicine Velammai Medical College Hospital and Research Institute Madurai-625 009



HOSPITAL AND RESEARCH INSTITUTE MADURAI - 625009

Day-1













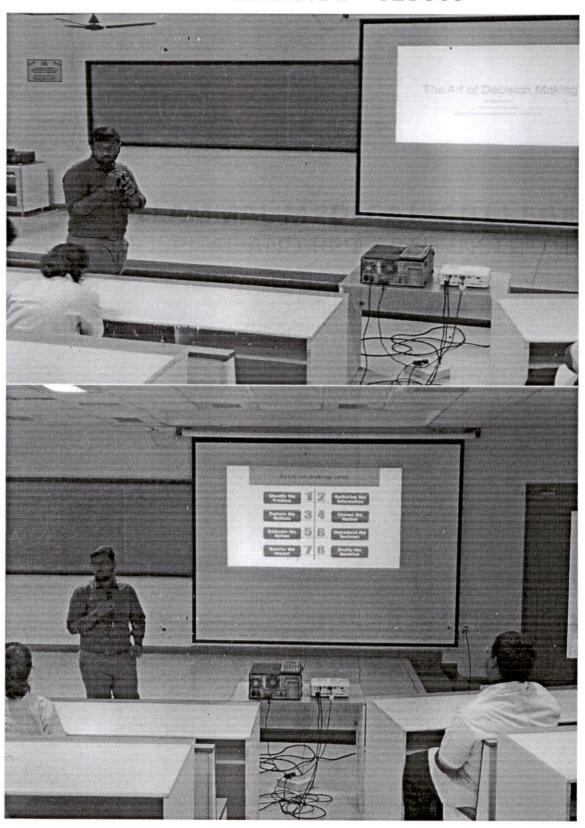








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Prof. T. THIRUNAVUKKARASU, M.D.D.A.,