



VELAMMAL MEDICAL COLLEGE

HOSPITAL AND RESEARCH INSTITUTE

MADURAI - 625009

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The Institution has adequate facilities to support physical and recreational requirements of students and staff - sports, games and for cultural activities

A healthier lifestyle while coping with high demanding study environment is a prime requisite of medical students. VMCH&RI has established number of facilities for physical education and sport activities to realise this objective. With the strong belief that medical students should set an example for healthy living they are encouraged to participate in any kind of sports that interests them. A strong sense of sportsmanship and fair play is fostered.

The institute provides huge opportunities for the students to participate in various indoor and outdoor sports activities. The vast campus provides number of grounds for different sports and games. They are well manicured with required greenery and maintained by dedicated staff. Annual sports meet is conducted regularly. The Physical education director and Assistant physical education director motivates the students to participate in local, zonal, University and National level events. Institution provides facilities for the following sports games:

- **Field Games:** Foot Ball, Cricket
- **Outdoor courts games:** Basketball, Volley ball, Throw ball
- **Other Outdoor games:** Lawn tennis
- **Indoor games:** Chess, Carrom, Table tennis, Shuttle badminton
- **Yoga:** Professional yoga instructors conduct sessions and also organize workshops for teaching and nonteaching staff.
- **Gymnasium:** In a nutshell it offers a comprehensive fitness and lifestyle changes program for general wellbeing.


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Cultural Facilities

Auditorium: a technically sound, state of art, full air-conditioned auditorium with a seating capacity of 2500 audience with ample parking space is available for conducting various seminars, conferences and cultural programmes. Institute has established the cultural clubs.

Dedicated staff ensure these all facilities are always in ready condition for students. These facilities are utilized for conduct of all tournaments on regular basis.

Instruments available

- Keyboard -2
- Mixer- 1
- Base guitar -1
- V guitar -1
- Acoustic guitar-1
- Drumpad-1
- Speakers-2
- Mike-2
- Guitar stand-2
- Keyboard stand -2

Conducting/participating in various Inter-Department and Inter-College tournaments are regular features of VMCH&RI. Students have participated in various inter-medical tournaments hosted by other medical colleges and won prizes, Cultural fests, college day celebration, festival celebrations, workshops etc. are held. Winners are felicitated in annual college day programme.

Annual social gathering is conducted every year. It starts team and individual sports events. Cultural events include off stage events such as "Tug of war", Bridal make up" "Quiz" and "Treasure hunt" and on stage "Dance", "Music", "singing", "Instrumental", "Ramp walk". Both students and Faculty participate in the events. It concludes with the valedictory function.

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