Velammal Medical College Hospital and Research Institute Department of Physiology <u>Teaching-Learning nurtures Creativity</u>

Creativity is a vital skill in today's dynamic world, essential for innovation, discovery and adapting to new challenges. In our Educational institution, we play a crucial role in fostering creativity among students. By employing diverse teaching and learning methods, we educators create an environment that nurtures creative thinking and expression. During this AY 2023-24, Department of Physiology conducted Model making competition and Poster making competition to maximize the creative load of academics by the students. As in favour of famous proverb, "Learning by doing", our students flexed their creative muscle by putting out a display of physiological concepts in various models and designs. The model ideas were picked up via lot system to prevent any bias and afterwards the students were allotted to a moderator in faculty of the department. They met twice during every week during 4 to 5 PM time slot and discussed their ideas and their progression was kept in check. Also the students collaborated along with Mr.Rajan from biomechanical department to augment their ideas and worked in tandem to get the desired output. To shore up their knowledge of Physiology, classes were allocated for model making, to make the students understand it better to make it into a reality out of the textbooks.

S.no	Model making orientation	
1	Nov 14th & 15th 2024	
2	Jan 18 th 2024	

S.no	S.no Model making Competition				
1	April 4th to 6th @ 'Vita Electio' National Conference				

S.no	Presented topics	
1	Parturition reflex	
2	Cough reflex	3:490

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3	ECG			
4	Gate Control Theory			
5	Organ of Corti			

Poster Competition





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VELAMMAL VILLAGE, ANUPPANADI, MADURAI

DEPARTMENT OF BIOCHEMISTRY MBBS 2023-2024 batch

Poster Competition Report: Fostering Creativity and Learning Among First-

Year MBBS Students

The Department of Biochemistry recently organized a poster competition for the first-year MBBS students (2023-2024 batch). The primary aim of the event was to encourage creativity, teamwork, and a deeper understanding of biochemistry among students. For the competition, the department divided the students into small groups, each comprising ten members. This group-based approach not only fostered collaboration but also allowed students to share and discuss diverse perspectives on various topics.

Students were given the freedom to choose any topic related to biochemistry for their posters, which gave them the opportunity to explore areas of their interest within the subject. The posters had to be carefully crafted, ensuring that the information presented was both accurate and visually appealing. Students were required to submit their posters by the designated deadline.

After submission, all the posters were thoroughly reviewed by the faculty of the Biochemistry Department. The assessment focused on several criteria, including the depth of knowledge, creativity, visual presentation, and clarity of the information displayed. The faculty evaluated each poster with meticulous attention to ensure fairness and accuracy in the judgment process. The top three posters, which stood out for their exceptional quality, were awarded prizes and certificates as recognition of the students' efforts. The competition not only stimulated students' interest in biochemistry but also provided them with an opportunity to develop skills in research, teamwork, and presentation.

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VELAMMAL VILLAGE, ANUPPANADI, MADURAI DEPARTMENT OF BIOCHEMISTRY MBBS 2023-2024 batch

List of Students:

Group	Topic	Student Roll Number	Name of the Student
		4	ABHILASH.K
		6	Adarsh S
		28	Deepakumar S
		45	Harish Saravanan C
		58	Kaveeshwara .K
		65	KRISAANTH K
		80	K T MONISH KUMAR
		103	Revanth. G
		130	SUTHAN J P
1	GOUT	133	Tharakeshwar K
		12	Allen Nobel
		17	Ashwanth Ramar
		19	Ashwin Adityan
		33	DHAYANITHIVELAN K
		38	V.Gopinath
		89	Nishanth.A
		108	R.Sanjai
		126	S Srinivashkumar
2	LAC Operon	136	Ulaganathan s
		26	A.Bhaavini
		54	Joshnavi Jagadeshbabu gangadevi
		55	KAMALI R
		70	Madhunisha M
		91	E.S.OVIYA
		98	Preethi Sivakumar
		101	RAJAKANIKA.R
		112	Sankara lakshmi S
		128	M S Sujidha
3	Lipoprotein Disorder	144	Vidula V
		2	Aashiq Ahmed J M
,		3	Abhilash.A
		16	Arunkishore A
		43	Hariharasudhan N
		63	Koushikram PG (M)
		81	G.Muhammed Farhan CON
4	Porphyria	96	Pranav Rajan Plant KARASIL MDD

Dean

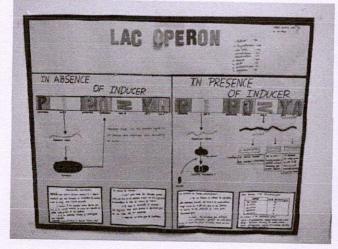
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VELAMMAL VILLAGE, ANUPPANADI, MADURAI

DEPARTMENT OF BIOCHEMISTRY MBBS 2023-2024 batch

		113	Saran G
		117	Shreniik G
		145	Vignesh R
		7	AGIL PIRASANTH S
		15	Anbuselvan.R
		22	Atsay V
		35	Dineshkumaar N B
		42	S.Hari hara sudhan
		76	Mithun Dharshan P R
		77	Mohammed ashique
		114	Sarvesh Kumar. S
		142	G Vel Nanthiesh
5	Vitamin C	143	Vidhyarth G
		18	Ashwath sakthivel
		50	M.Jaswanth
		53	JOHAN DIVYARAJ J
		56	M.kanagamanikandan
		97	S PRASANNA VENKATESH
		100	Rahul SD
		102	Rajeev Sankar
		127	Sudeep U
		147	Vishwa R
6	Vitamin A	150	Yashwanth S

Photo:



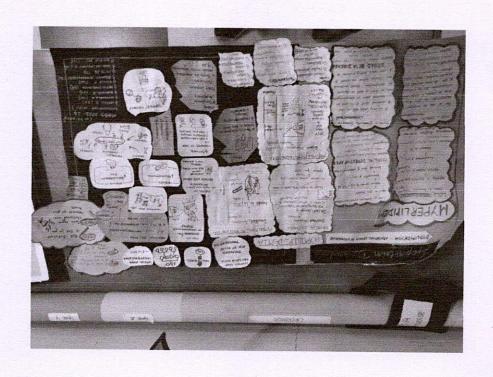


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VELAMMAL VILLAGE, ANUPPANADI, MADURAI
DEPARTMENT OF BIOCHEMISTRY
MBBS 2023-2024 batch





Prof. T. THIRUNA UKKARASU, M.D.,D.A.,

Velammai Medical College Hospital and Research Institute "Velammal Village" Medurai-Tuticorin Ring Road Anuppanadi, Madurai-625 009, T.N. Preliminary Round:02/04/2024 Finals: 08/04/2024

Venue:

Preliminary Round&Finals: Lecture Hall, VMCH&RI

Organizing Team: Departments of Community Medicine in co-ordination with IQAC,VMCH &RI

The IAPSM Quiz was conducted on 02.04.2024 -Preliminary Round & 08.04.2024- Final round at Lecture Hall-3, VMCH& RI. The event was organized by Department of Community Medicine under the guidance of Dr Samir Bele ,Head of Department , Community Medicine and the support of the Indian Association of Preventive and Social Medicine (IAPSM). The quiz aimed at testing the knowledge of students in the field of Public Health and Preventive Medicine. Questions for preliminary and final round were circulated through Nodal College of Tamilnadu by IAPSM.

Event Structure:

The quiz was divided into the following rounds:

- Preliminary Round: A written test consisting of multiple-choice questions (MCQs)
 covering various topics in Public Health, Epidemiology, Biostatistics, National Health
 Programs, and Current Affairs related to Health.
- Elimination Round: Based on the preliminary scores, the top 4 teams moved forward to the next round.
- 3. Final Round: The final quiz had different sections, including:
 - Round one-Roll over
 - · Round two- Visual Round
 - Round three MCQs
 - Round Four Rapid Fire

A total of 22 teams participated in the preliminary round, with 4 teams being shortlisted for the final round. The participants represented students from 2ndyr and 3rdyr MBBS students.

Winners and Prizes:

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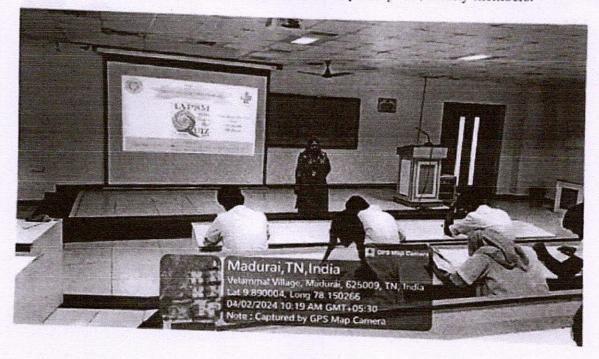
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First Prize: Jayasakthi Aja J, Kavin S, Pravin VS

Second Prize: Hariraj A, Harish Adhitya P M, Souli Abinath A R

The winning teams were awarded certificates.

The IAPSM Quiz 2024 was a great success, with enthusiastic participation and a highly competitive spirit. The quiz not only provided a platform for students to showcase their knowledge but also fostered a deeper interest in the field of Preventive and Social Medicine. The organizing committee extended its gratitude to all participants, faculty members.



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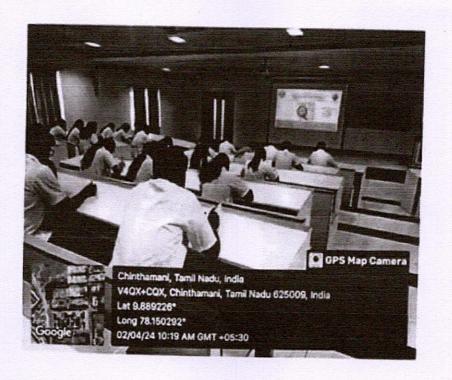


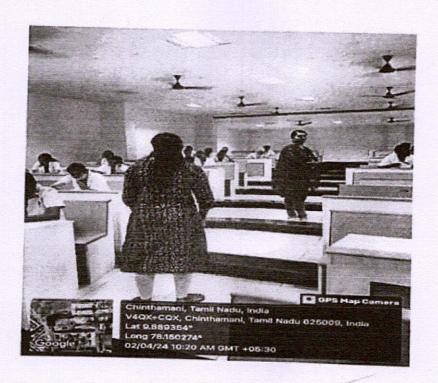


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Model Making Competition – 2023-24

The Department of Physiology organized an Intra College Model making competition as part of the VITA ELECTIO national conference held between 4th and 6th of April. A total of 90 first year MBBS students of 2023-2024 batch participated in this competition as 13 groups. The theme for the models was "Basic Physiological Principals". The students brought out their best efforts in coming up with their own unique principals for their models. They were ably guided by Mr. Rajan, the Head of Biomedical engineering department, VMCH & RI and the faulty from the Department of Physiology.

The competition was held on the 5th of April 2024. A total of 18 teams from all MBBS batches of Velammal Medical College participated in this competition. The teams were divided equally and were judged by two sets of judges. The judges were

- 1. Dr. Rekha K, Professor, Srinivasan Medical College And Hospital
- 2. Dr. E. Kayalvizhi, Associate Prof, Meenakshi Medical College Hospital and Research Institute
- Dr. S. Sudha, Associate Prof, Institute of Physiology, Madurai Medical College
- 4. Dr. Jothi Marie Feula. A, Assistant Prof, AIIMS-Madurai

Following is the List of prize winners from the MBBS batch of 2023-2024

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SI No	Topic		Roll no	Student names
			32	DHARANI P
		Third	21	ATCHAYA C
1	Parturition Reflex		24	BABY SHALINI M
			25	BERTINA FERUZE VIMAL
			31	DHARA K
			74	MEENAKSHI A UNNITHAN
			26	BHAAVINI A
			132	TELASRI R
2	Cough reflex	First	119	SHRIRASHA RAJESH MOHAN
			138	VARJITHAA J
			106	SAIRUPA G
			144	VIDULA V
			37	GAYATHIRI ALIAS ANUSHA S S B K
			149	YASHITHAA K S
			83	NAKKA SAI DIVYA
	ECG		99	RAAGHAVI SANKAR
			79	MOKSHANA K S
3		Second	105	RUPHA S
			27	BHAKTHI S SHETTY
			100	RAHUL S D
			30	DEVAPRASAD M S
			121	SIVABALAN P
			43	HARIHARASUDHAN N
			76	MITHUN DHARSHAN P R
			72	MAHIZHAN CHENNIAPPAN V
4	Gate Control theory	Third	58	KAVEESWARA K
	Sate Control theory	Timu	81	MUHAMMED FARHAN G
			133	THARAKESHWAR K
			33	DHAYANITHIVELAN K
				No.
			70	MADHUNISHA M
			148	VYSHNAVI K K
			107	SAKTHI BHARATI M Y
5	Organ of Corti	Second	128	SUJIDHA M S
			57	KARISHNI S
			75	MEGHANA Y
			84	NAKSHATRA R
			91	OVIYA E S

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Velammal Medical College Hospital & Research Institute Department of Physiology

Departmental Activity Report

"Poster Competition"

For 2023 - 2024 batch

A poster competition was conducted on the topic "AETCOM" for the first year MBBS students of **2023 - 2024 batch** on **19th January** 2024(Friday, 10am to 1pm) in the Department of Physiology, Velammal Medical College building. The following table contains topics given to the students for making their posters.

SI No	Topic
1	Common mistakes in doctor patient communication
2	Professional qualities and roles of a physician
3	Boundaries of doctor patient relationship
4	Trust and vulnerability in doctor patient relationship
5	Rights and responsibilities of patients
6	Empathy in patient encounters
7	Role of good communication between doctor and patient
8	Ethics in doctor patient relationship
9	Request for 2nd opinion

The students during their preparatory phase were exposed to the different aspects of AETCOM during the ADD-ON Certificate Course conducted by the Department of Physiology on 6th and 8th of January. These lectures helped the students understand the nuances of AETCOM. The students were asked to deliver/explain their poster in a different way other than didactic lecture model.

The students were guided by their respective in-charges - Dr. Ajit Kumar (Assistant Professor, Dept. of Physiology), Dr. Durai Arasan (Assistant Professor, Dept. of Physiology) and Dr. Noel Naveen Johnson (Senior Resident, Dept. of Physiology) in clearing their doubts and in helping them brainstorm different ideas for their poster delivery. The students were given time and space

Velammal Medical College Hospital and Research Institute "Velammal Village" Madural-Tuticorin Ring Road Anuppanadi, Madural-625 009, T.N. to create their posters in the Amphibian lab of the Department of Physiology between 4pm to 4.45pm after college timings.

On the day of the competition the posters of the students were hung in the Amphibian lab and Clinical Physio lab of the Department of Physiology to be judged. A small game was organized for the non-participant students which was conducted by Dr. Ajit Kumar. This game had questions pertaining to AETCOM, correct answer and correct activity won the student prizes. Non-participant students were given the opportunity to vote for their favorite poster and prizes were given by popular vote.

Dr. R. Sarojini, Professor and Head, Department of Pharmacology, Government Sivagangai Medical College and the Convener, Regional Centre of Medical Education Technology, Madurai Medical College, was the Chief Guest and Judge for this competition. She was joined by Dr. M. Joena Xavier, Professor and Head, Department of General Medicine, VMCH & RI in judging the competition.

The students presented their poster and explained it in various formats like skit, therukoothu, etc. The judges were asking the students questions to assess their understanding of AETCOM. Following the judging process the students were made to assemble in Lecture hall 1. Dr. Noel Naveen Johnson gave the formal welcome address. Dr. R. Sarojini delivered an informal lecture on AETCOM to the students. The Dean of VMCH & RI, Dr. T. Thirunavukkarasu joined us during the prize distribution ceremony. The program ended with vote of thanks, delivered by Dr. John Rajapathy, Professor, Department of Physiology and presentation of a memento and certificate of appreciation to the chief guest by the Dean.

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Velammal Medical College Hospital and Research Institute "Velammal Village"

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Prize Winners

	Official Results of the poster competition 23-24	
First place	The state of the second contract of the secon	
Topic	Professional qualities and roles of a physician	
SI No	Student Name	Roll N
1	GAYATHIRI ALIAS ANUSHA S S B K	37
2	MADHUNISHA M	70
3	MOKSHANA K S	79
4	RUPHA S	105
5	SAIRUPA	106
6	SAKTHI BHARATI M Y	107
econd place		
Topic	Ethics in doctor patient relationship	
SI No	Student Name	Roll N
1	ATCHAYA C	21
2	JANANI M	49
3	JOSHNAVI JAGADESHBABU GANGADEVI	54
4	KAVYA JOSHINI K V	59
5	KOVARTHINI P	64
6	NETHRA S	86
7	RAJAKANIKA R	101
8	SOWPARNIKA S	123
Third place		
Topic	Rights and responsibilities of patients	
SI No	Student Name	Roll N
1	GUHAN K	39
2	JOHAN DIVYARAJ J	53
3	KAVEESWARA K	58
4	RIYAS AHAMED A	104
5	SRINIVASHKUMAR S	126
6	THARAKESHWAR K	133
		ļ
ourth place		
Topic	Trust and vulnerability in doctor patient rela	tionshi
	Trust and vulnerability in doctor patient rela	
Topic	Trust and vulnerability in doctor patient rela	
Topic Sl No	Trust and vulnerability in doctor patient rela	Roll N
Topic Sl No	Trust and vulnerability in doctor patient rela Student Name ALAMELU C	Roll N
Topic SI No 1 2	Trust and vulnerability in doctor patient rela Student Name ALAMELU C BHAAVINI A	Roll N 11 26 57
Topic Sl No 1 2 3	Trust and vulnerability in doctor patient rela Student Name ALAMELU C BHAAVINI A KARISHNI S	Roll N 11 26

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Student's Choice winners

First place		
Topic	Rights and responsibilities of patients	
Sl No	Student Name	Roll No
1	GUHAN K	39
2	JOHAN DIVYARAJ J	53
3	KAVEESWARA K	58
4	RIYAS AHAMED A	104
5	SRINIVASHKUMAR S	126
6	THARAKESHWAR K	133
Second place		
Topic	Common mistakes in doctor patient communication	n
SI No	Student Name	Roll No
1	ABISHAK KANNAN R	5
2	KANAGAMANIKANDAN M	56
3	KRISAANTH K	66
4	PRASANNAVENKATESH S	95
5	SUTHAN J P	130
6	VIDHY ARTH G	143
7	YASHWANTH S	150
Third place		
Topic	Trust and vulnerability in doctor patient relations	ship
SI No	Student Name	Roll No
1	ALAMELU C	11
2	BHAAVINI A	26
3	KARISHNI S	57
4	NAKSHATRA R	84
5	PANDIKANISWARI D	92
6	SREE KARPHA RATCHAMBIHA S	124

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Velammal Medical College Hospital and Research Institute "Velammal Village" Madurai-Tuticorin Ring Road Anuppanadi, Madurai-625 009, T.N.

Scoring sheet

Department of Physiology

Velammal Medical College Hospital & Research Institute

Poster Competition (2023-2024 Batch) - 19.01.2024

Judge: Dr. R. Sarojini

Scoring sheet

Judge Signature:

TEAM No:	TOPIC	Content Relevance (X/10)	Poster Making (X/10)	Poster Explanation (X/10)	TOTAL (X/30)
1	Common mistakes in doctor patient communication	6	5	19	16
2	Professional qualities and roles of a physician	5	1	东	15
3	Boundaries of doctor patient relationship	who was	6	<u> </u>	17
4	Trust and vulnerability in doctor patient relationship	7	1/	7	21
5	Rights and responsibilities of patients		8	Q	23
6	Empathy in patient encounters	1	**	7	21
7	Professional qualities and roles of a physician	V,	-Q	V./	24

Department of Physiology

Velammal Medical College Hospital & Research Institute

Poster Competition (2023-2024 Batch) - 19.01.2024

Scoring sheet

TEAM No:	TOPIC	Content Relevance (X/10)	Poster Making (X/10)	Poster Explanation (X/10)	TOTAL (X/30)
8	Empathy in patient encounters		₹	- T	22
9	Role of good communication between doctor and patient	-9	7	-1	21
10	Rights and responsibilities of patients	(.	7	-6	19
11	Ethics in doctor patient relationship Januar lup		7	8	22
12	Trust and vulnerability in doctor patient relationship	- 6	1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	19
13	Role of good communication between doctor patient relationship	i de la companya de l	A		18
14	Regues for and opinion			7	20

Prof. T. THIRUY AVUKKARASU, M.D.,D.A.

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Department of Physiology

Velammal Medical College Hospital & Research Institute

Poster Competition (2023-2024 Batch) - 19.01.2024

Judge: Dr. M. Joena

Scoring sheet

Judge Signature:



TEAM No:	TOTAL	Content Relevance (X/10)	Poster Making (X/10)	Poster Explanation (X/10)	TOTAL (X/30)
1	Common mistakes in doctor patient communication	6	5	7	18
2	Professional qualities and roles of a physician	5	5	-1	1
3	Boundaries of doctor patient relationship	6	(8 5	116
4	Trust and vulnerability in doctor patient relationship	7	1	8	133
5	Rights and responsibilities of patients	1	78	67	7.4
6	Empathy in patient encounters	60	b	Q	70
7	Professional qualities and roles of a physician	Q.	-<1	93	23

Department of Physiology

Velammal Medical College Hospital & Research Institute

Poster Competition (2023-2024 Batch) - 19.01.2024

Scoring sheet

TEAM No:	TOPIC	Content Relevance (X/10)	Poster Making (X/10)	Poster Explanation (X/10)	TOTAL (X/30)
8	Empathy in patient encounters		Ь	0	70
9	Role of good communication between doctor and patient	6	6	1 7	19
10	Rights and responsibilities of patients	8	7	0	23
11	Ethics in doctor patient relationship	1	Я	9	24
12	Trust and vulnerability in doctor patient relationship	1	b	Q	70
13	Role of good communication on doctor patient relationship	4	(<u> </u>	1/1
14	Request for 2nd opinion	6	ζ.	7	19

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Velammal Medical College Hospital and Research Institute "Velammal Village" Madural-Tuticorin Ring Road Anuppanadi, Madural-625 009,

Judges feedback

September 1 - Se
Poster Competition
Date - 19 0124 Topic - AETCOM
- Topic - HETCOH
Tuesday
Judger -
Da R. Scapfini
Prof & Hod
Pept of Phasmarday
Oppt of Pharmorday Crovt Sivagangai Heeled College
Feedback! - It was a wondesfully
plened and executed selection on Afticon
The strident participation and performance
in very good (18MF active income til
at the general level is the read of the how
108. A. Joena Kavies
Khot & HOD
VMCHODE Henread Mediting
Dr. H. Joena Kavies Prof & Hol) Dept of General Hedrine VMCH & RJ Feedback :- Grown
teed back :- Ground
Feedback :- Growd Excellently organized
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Prof. T. THIRY NAVUKKARASU, M.D.,D.A.,

Velammal Medical College Hospital and Research Institute "Velammal Village" Madural-Tuticorin Ring Road Anuppanadi, Madural-625 009,

Certificates





CERTIFICATE OF ACHIEVEMENT

This certificate is proudly presented to

GAYATHIRI ALIAS ANUSHA S S B K

for securing the First Position in the POSTER COMPETITION in AETCOM

organized by the Department of Physiology, Velammal Medical College Hospital & Research Institute, Madurai on the 19th January 2024

Dr. Noel Naveen Johnson Senior Resident Department of Physiology,

VMCH&RI

Dr. S. Anu

Professor & Head Department of Physiology, VMCH&RI

Dr. T. Thirunavukkarasu Dean, VMCH&RI





CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to

VIDHYARTH G

for participating in the POSTER COMPETITION in AETCOM organized by the Department of Physiology, Velammal Medical College Hospital & Research Institute, Madurai on the 19th January 2024

Dr. Noel Naveen Johnson Senior Resident Department of Physiology, VMCH&R

Dr. S. Anu

Professor & Head Department of Physiology, VMCH&RI

Dr. T. Thirunavukkarasu Dean, VMCH&RI

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and Research Institute
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DEPARTMENT OF PSYCHIATRY VELAMMAL MEDICAL COLLEGE, HOSPITAL AND RESEARCH INSTITUTE, MADURAI KEY INDICATOR 2.3.5- TEACHING —LEARNING PROCESS

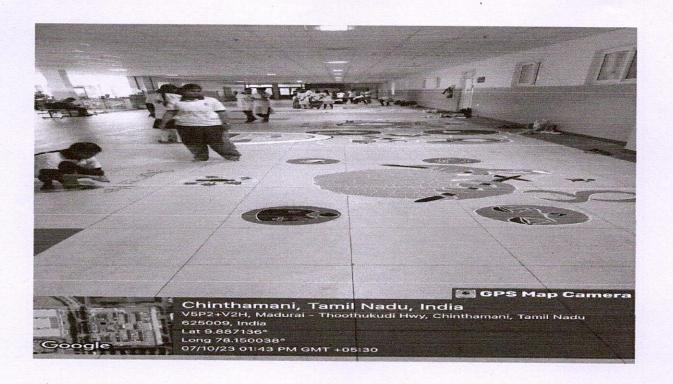
Teaching learning process which nurtures creativity

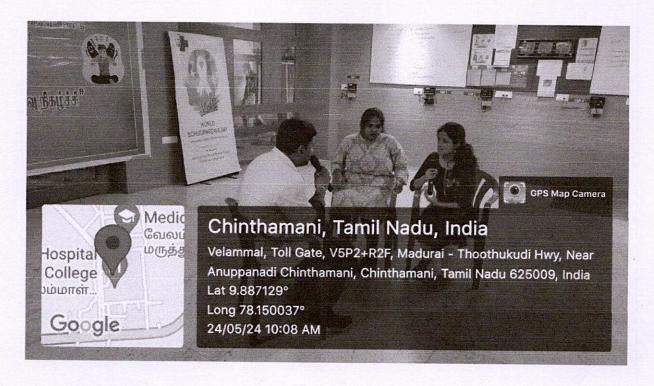
The following are the examples of creative methods which are used to create awareness about mental health among students and public.





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