

**Students' Poster presentations done in conferences**

Sl No	Name of the student	Batch	Topic	Guide	Conference	Prize
1	Ashiq Ahmed	2023	Effect of Intermittent Fasting on Cognitive Skills	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	<b>First place e-Poster</b>
2	Meenakshi U	2023	Cross Sectional Study on the Audio-Visual Reaction Time in Bharatnatyam Dancers	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	
3	Bertina Feruze Vimal	2023	Association between Central Obesity and Bad Dreams among Medical Students	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	
4	Veena Nandhakumar	2023	The Effect of Slow Alternate Nostril Breathing on	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College,	

			Respiratory Efficiency and Saturation of Peripheral Oxygen (SpO2) in Asthma Patients.		Puducherry. 4th - 6th December 2024	
5	K Madhesh	2023	Knowledge Attitude & Beliefs of Medical Students Towards Transgender Healthcare & Laws Pertaining to Healthcare – A Questionnaire Based Study	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	
6	Allen Nobel	2023	A Cross-Sectional Study on Physiological Parameters of Silambattam Practitioners	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	
7	Tanushri	2021	A Study Of The Effect Of Facial Exercises On Facial Wrinkles And Their Correlation With Facial Fat Infiltration In Middle Aged People In India	Dr. S. Anu	Sana Vita Con '24, PSG Institute of Medical Sciences & Research, Coimbatore. 3rd & 5th of October, 2024	<b>Second place</b>
8	R. Kaviyashree	2021	The Effect Of Origami On Mobile Phone	Dr. S. Anu	Sana Vita Con '24, PSG Institute of Medical Sciences &	

			Addiction Among Medical College Students		Research, Coimbatore. 3rd & 5th of October, 2024	
9	Ashiq Ahmed	2023	Assessing the efficiency of Invasive vs. Non Invasive investigations in Newly Diagnosed Coronary Artery Disease Patients	Dr. S. Anu	Sana Vita Con '24, PSG Institute of Medical Sciences & Research, Coimbatore. 3rd & 5th of October, 2024	
10	M. R. Shanmuga Sundaram	2020	Myth Busters: Ancient Practices That Still Works	Dr. S. Anu	Sana Vita Con '24, PSG Institute of Medical Sciences & Research, Coimbatore. 3rd & 5th of October, 2024	
11	M. R. Shanmuga Sundaram	2020	“Gut microbiota modulation: The Future of infectious disease prevention “	Dr. S. Anu	Coimbatore Medical College	<b>First Place</b>
12	S K Sidharth Malaiaah	2022	Effect of sleep on auditory and visual reaction time among medical students	Dr. S. Anu	4th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 13th - 15th December 2023	<b>First Place</b> e-Poster
13	Pranav Ram	2021	Effect Of Late Night Studies On Body Mass Index, Waist Hip Ratio and Critical Flicker Fusion Frequency	Dr. S. Anu	International Virtual Conference on “Physiology and Lifestyle medicine 2023”, AIIMS, BB Nagar, Telangana 20 and 21 <sup>st</sup> July, 2023	<b>Second place</b> e-Poster



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14	Thanushree V S	2021	Effect of vestibular exercises on blood pressure	Dr. S. Anu	International Virtual Conference on “Physiology and Lifestyle medicine 2023”, AIIMS, BB Nagar, Telangana 20 and 21 <sup>st</sup> July, 2023 e- Poster	<b>Third place</b>
15	Sudarsya R	2021	Survey on prevalence of imposter syndrome among medical students	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 <sup>th</sup> to 19 <sup>th</sup> November, 2022	
16	Huneiza Fathima Mohamed Saki	2021	Effect of late-night studies on body mass index, waist hip ratio, and critical flicker fusion frequency.	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 <sup>th</sup> to 19 <sup>th</sup> November, 2022	
17	S.S Madhumitha	2021	Effect of posture on academic performance of medical students	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 <sup>th</sup> to 19 <sup>th</sup> November, 2022	
18	S. Saisurya	2021	The effects of social media usage on academic procrastination among medical students.	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 <sup>th</sup> to 19 <sup>th</sup> November, 2022	
19	Ritika Ajith	2021	Gut lung axis : analysis of association of chronic respiratory disorders and	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry	



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			gastrointestinal symptoms.		17 <sup>th</sup> to 19 <sup>th</sup> November, 2022	
20	Zeenath Maheesha. S	2021	Awariness on medical related webseries among medical students.	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 <sup>th</sup> to 19 <sup>th</sup> November, 2022	
21	M. Manasha	2021	The scientific reasoning behind mythology.	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 <sup>th</sup> to 19 <sup>th</sup> November, 2022	
22	Kaviarase Palanisamy	2021	Survey on prevalence and associated risk factors of premature greying of hair among medical students.	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 <sup>th</sup> to 19 <sup>th</sup> November, 2022	
23	Naveen Sundar K	2021	Study to assess the awareness about the science behind social practices among medical students	Dr. S. Anu	Third BMSeCON – 2022 Aarupadai Veedu Medical College, Puducherry 17 <sup>th</sup> to 19 <sup>th</sup> November, 2022	
24	Siddharth M. Rahejaa	2018	Touch me not: A Study analyzing the effect of chronic smartphone usage on the fingertip sensations of normal individuals	Dr. S. Anu	AOCN IANCON Indian academy of neurology, under the aegis of AIIMS, New Delhi, 2nd to 6th November.	<b>Recipient of MBBS bursary</b>
25	Sidharth M	2018	Environmental	Dr. M.	Mahatma Gandhi Medical	<b>First place</b>

	Rahejaa		challenges to Cardiovascular health	Saravanan	College and Research Institute, Puducherry 1.10.2019	
26	Smrithi R	2018	Environmental challenges to Cardiovascular health	Dr. M. Saravanan	Mahatma Gandhi Medical College and Research Institute, Puducherry 1.10.2019	
27	Riya Varsha J	2018	Environmental challenges to Cardiovascular health	Dr. M. Saravanan	Mahatma Gandhi Medical College and Research Institute, Puducherry 1.10.2019	