



## World Hypertension Day 2022 celebration

Venue: VMCH Lecture Hall I

Date: 13/5/2022

World Hypertension day was celebrated a week earlier on 13<sup>th</sup> may 2022 in lecture hall I, Velammal medical college by the department of Physiology with the blessings of honorable Chairman and Director. The day started with the welcome address Dr.S.Anu, Prof and Head, Department of Physiology followed by Special address by our respectable dean Dr. Thirunavukarasu and by our Vice principal Dr.P.K.Mohanty

First session started by 10.20am with a speech on "Blood Pressure" by Dr.S.P.Kausikan Post Graduate student, Dept of Physiology , VMCH & RI. Next Dr.K.Rekha, Associate Prof of Physiology introduced the speaker Dr.T.Devisri MD(GM), DNB(GM), MNAMS, Consultant Physician, St. Joseph Hospital, Dindigul. Guest speech on "Identification and Management of Hypertension" started by 10.45am. latest JNC guidelines, Dietary approach and drug approach in management of hypertension, latest updates were discussed Faculties from various departments, I MBBS Students attended the session. To motivate and encourage students Game Shows and Art competition with topic "Awareness of Hypertension" conducted for MBBS students. Dr.Sumanna, Prof and Head, Dept of Anatomy and Dr.Virgin Jona, Prof and Head, Dept of General Medicine were the judges on the occasion. Winners were awarded with books and gifts.

Special fictionary competition on words related to blood pressure was conducted for both students and faculties separately and winners were awarded. Outside the lecture hall CRRI's conducted game shows for MBBS students with question and answers on bloodpressure.

To make the session useful and valuable, Dept of Physiology conducted a free blood pressure check up for Velammal Medical College Staff, Security personals and sanitary workers. CRRI Students and Final MBBS students conducted the camp supervised by Dr.Rekha, Associate Prof of Physiology The day ended with Vote of Thanks given by Dr.John Rajpathy, Professor, Dept of Physiology







