

---

# AETCOM EVENT COMPILATION FOR 2024 - 2025

---



## AETCOM class on 16.11.2024

### *Module 1.2: What does it mean to be a patient?* *Exploratory session*

The first MBBS of batch of 2024 were divided in to groups of 10 according to their role numbers. Each group was given a topic related to the AETCOM module 1.2. The students were given time for group discussion and presentation preparation prior to the class.

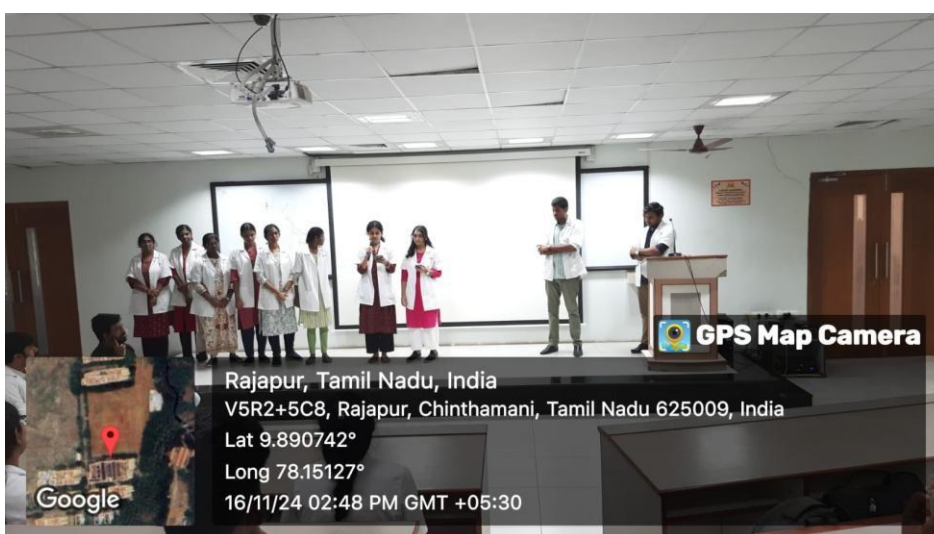
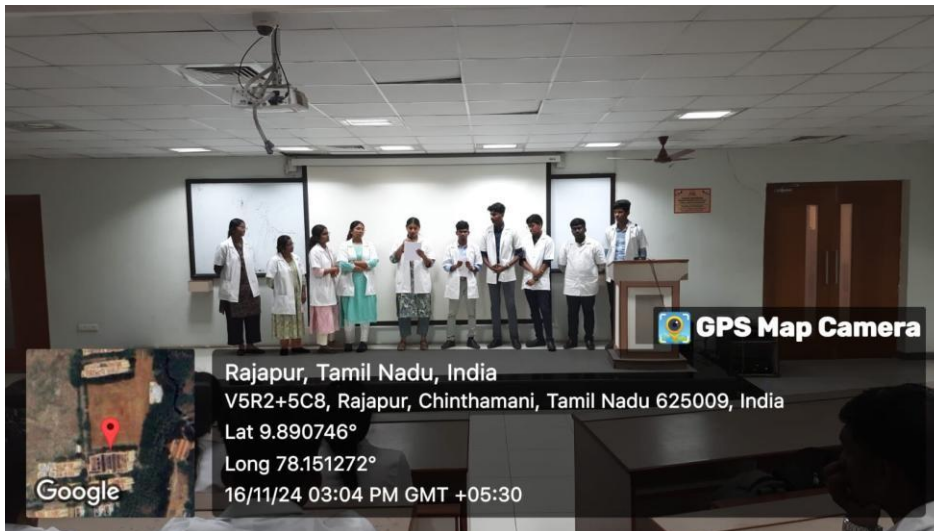
On 16.12.24, each group was given 5 minutes each to present their topics. They were advised to stick to the most relevant 10 to 20 points regarding their topic.

After this session the students were advised to write down the points in their academic records.

Roll Numbers	Topic of presentation
1 – 10	What is good health?
11 – 20	What is poor health?
21 – 30	How is poor health different from illness or disease?
31 – 40	Elaborate on the relationship between disease and suffering.
41 – 50	How does suffering due to illness affect the patient?
51 – 60	How does suffering due to illness affect the patient' family and friends?
61 – 70	How does suffering due to illness affect the society?
71 – 80	How should a patient cope with his/her illness?
81 – 90	How should the patient's relatives cope with his/her illness?
91 – 100	How should the society cope with a patient's illness?
101 – 110	Is there a difference between healing and curing?
111 – 120	What are the expectations from a Doctor?
121 – 130	Have you at any point in your life felt the previous argument/statements to be contradictory?
131 – 140	What is empathy?
141 – 150	What is equanimity?



Department of Physiology,  
Velammal Medical College Hospital & Research Institute, Madurai



Dr. S. Anu,  
Professor & HOD,  
Department of Physiology,  
VMCH & RI.



## AETCOM class on 30.11.2024

### *Module 1.2: What does it mean to be a patient?*

#### *Self-Directed Learning*

The first MBBS students of 2024 batch were asked to present their reports on “What does it mean to be a patient?” as a soft copy as well as a hard copy. The students were advised to prepare this report based on the topics that they presented the previous AETCOM class.

The students were then divided into 10 groups for a role play competition on the 21.12.2024. Each group was given a topic related to module 1.2 & 1.3. The groups were given opportunity for self-study and brain storming regarding their topics during this hour.

During the second hour the first MBBS students of 2024 batch were made to understand “What does it mean to be a patient?” with the help of a interactive discussion session by Dr. A. Sangeetha, Consultant – General Medicine, Velammal Specialty Hospital, Madurai. Madam made the students understand the importance of communication and other aspects of the topic with many case scenarios.





### AETCOM DISCUSSION ON EQUANIMITY BY GROUP 15

"Imagine a doctor who has just delivered difficult news to a patient. The patient is overwhelmed, and emotions run high. The doctor remains calm, empathetic, and composed, offering reassurance while navigating the situation with professionalism.

This balance—of maintaining inner steadiness while being compassionate—is equanimity in action.

#### WHAT IS EQUANIMITY?

"Equanimity is the ability to maintain emotional balance and mental clarity, especially during challenging interactions.

For doctors, it means providing care without being overwhelmed by stress or emotion.

For patients, it involves remaining calm and open, even in the face of uncertainty or fear."

#### Equanimity involves

- Letting go of attachments to outcomes, expectations, and desires.
- Not defining oneself by external events or emotions.
- Being fully present and aware in the moment.

#### Do you know how equanimity impacts both sides of the relationship?

##### For Doctors:

- it Helps maintain focus and professionalism under pressure.
- and enhances decision-making and communication during stressful situations.
- also Prevents burnout and fosters resilience.

##### For Patients:

- it Encourages a sense of safety and trust in their care provider.
- and Reduces anxiety and supports better engagement in their treatment plan.
- also, it Promotes emotional steadiness in the face of health challenges.

This approach will resonate with both healthcare professionals and patients, fostering a mutual understanding of the value of equanimity in their interactions

"In a world full of constant change, equanimity is not just a philosophical idea; it's a practical skill that can help us manage stress, improve relationships, and make better decisions."

Dr. S. Anu,  
Professor & HOD,  
Department of Physiology,  
VMCH & RI.



## AETCOM class on 21.12.2024

### *Module 1.2: What does it mean to be a patient?*

#### *Discussion & Closure of case & Assessment*

A Role-play competition – based on the AETCOM module 1.2 & 1.3 was organized for the first year MBBS students of batch 2024-2025 on 21.12.2023 from 02.00PM to 04.00 PM in lecture hall 1 of Velammal Medical College. All 150 students were divided into groups of 15 each and were made to participate in this role-play Competition. Each team were assigned one faculty member from the department to guide them. The teams were given time to brainstorm their topics on 30.11.2024. They were provided time (between 04.00PM to 05.00PM) and space to practice prior to the event in the departments Amphibian Lab. The competition was judged by 4 faculty members of the VMCH & RI, Dr. S. Sidharth, Assistant Professor, Department of Forensic Medicine, Dr. G. Nithin Raghav, Assistant Professor in the Department of ENT, Dr. Balakumaran, Assistant Professor in the Department of Community Medicine and Dr. Santhosh, PG Tutor Department of General Medicine were invited to judge and prizes were given. The judges discussed each and every case with the students after each presentation. All students received certificates for their active participation in this competition.

Team	Topics
Team 1	<b>Second Opinion</b> (Erythroblastosis Foetalis)
Team 2	<b>Rights of a Patient</b> (HIV)
Team 3	<b>Empathy</b> (Downs Syndrome)
Team 4	<b>Second Opinion</b> (Myocardial Infarction)
Team 5	<b>Doctor Patient Boundaries</b>
Team 6	<b>Empathy &amp; Communication</b> (Transgender)
Team 7	<b>Breaking the Bad News</b> (Death Declaration)

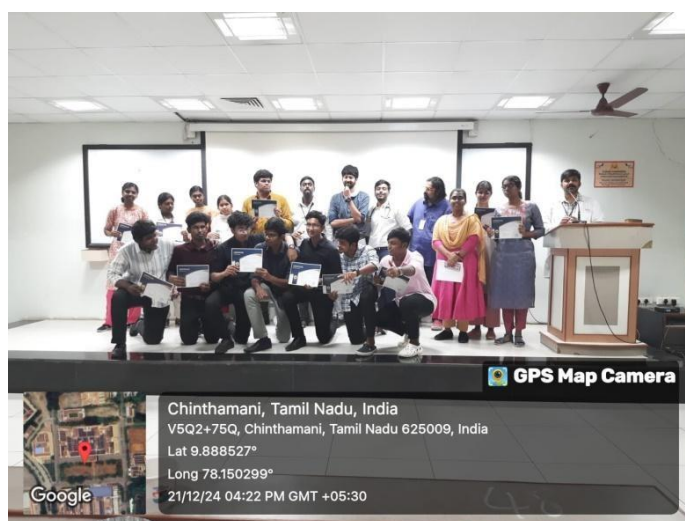




<b>Team 8</b>	<b>Duties of a Doctor</b> (Road traffic accident)
<b>Team 9</b>	<b>Trust in Doctors</b> (Infertility)
<b>Team 10</b>	<b>Breaking the Bad News</b> (Cancer)

### WINNERS OF THE COMPETITION

Team	Topic	Position
<b>Team 6</b>	<b>Empathy &amp; Communication</b> (Transgender)	<b>FIRST</b>
<b>Team 9</b>	<b>Trust in Doctors</b> (Infertility)	<b>FIRST</b>
<b>Team 7</b>	<b>Breaking the Bad News</b> (Death Declaration)	<b>SECOND</b>
<b>Team 1</b>	<b>Second Opinion</b> (Erythroblastosis Foetalis)	<b>SECOND</b>





**Department of Physiology,  
Velammal Medical College Hospital & Research Institute, Madurai**







# CERTIFICATE OF PARTICIPATION

This certificate is proudly presented to

**ABIYSHEK S**

for participating in the  
**ROLEPLAY COMPETITION** and presenting a roleplay  
on the topic

**Second Opinion (Myocardial Infarction)**  
organized by the Department of Physiology,  
Velammal Medical College Hospital & Research Institute,  
on the **21st of December, 2024.**

  
**Dr. S. Anu**

Professor & Head,  
Department of Physiology,  
VMCH & RI.

  
**Dr. T. Thirunavukkarasu**

Dean,  
VMCH & RI.



Sl No	Roll No	Name of the Student	AETCOM Topic	Case Title	Faculty Incharge
1	4	ADHITHI KRISHNAJI	Second opinion	Erythroblastosis Foetalis	Dr. R. Durai Arasan
2	11	ANOUSHKA VERMA			
3	20	CHHAVI TIWARI			
4	30	DHARSHANA K			
5	87	PALANISAMY KUMARAVEL PRANAV			
6	94	PRATYUSSH MUTHU			
7	106	RAKSHNA S P			
8	109	RISHI PRASATH V			
9	116	SANJITH SUBRAMANIAN			
10	118	SARVESH A			
11	125	SHANMUGAM SURYA			
12	127	SHREESHIVA RAJA			
13	128	SHRIVANTH B			
14	138	SUKIRTI K			
15	141	THEJASWINI T J			
1	6	AGASH N A	Breaking the Bad News	Death Declaration	Dr. J. T. Ajit Kumar
2	21	DAKSHIN VENKATESH BABU			
3	22	DARSHINI BHARATH			
4	24	DESHNA SENTHIL KUMAR			
5	31	DHARSHINI K			
6	28	DHANUSH S A			
7	42	HARI SHIVANI K L			
8	64	KRISHANTH S			
9	83	NIVASHNI B			
10	91	PRABHANJANI JANARTHANAN			
11	124	SHALINI M			
12	129	SORNA ANANYA			
13	144	VARSHINI S			
14	145	VENUGOPALAN S			
15	148	VIMALAN P G			
1	1	AATHIFA RAHAMATHULLA	Trust in Doctors	Infertility	Dr. M. Renu Meena
2	2	ABIMANYU A			
3	8	AKILA P			
4	13	ARUNASRI THANGAM			
5	14	ARUNDHATHI KAMALAKANNAN			



Department of Physiology,  
Velammal Medical College Hospital & Research Institute, Madurai



6	18	BLESSY SANTINA J			
7	25	DHANALAKSHMI B			
8	29	DHARANI M			
9	35	EASHWAR NAGARAJAN S			
10	37	GIRIRAJ M			
11	39	HAJAANA BANU S			
12	40	HARANI S			
13	65	KRITTIKA G			
14	121	SELVASHREE M			
15	130	SOWMIYA T			
1	15	BALAGANESH L	Doctor Patient Boundaries	Old Ladys Will	Dr. M. Renu Meena
2	89	PAVITHRAN E			
3	90	PIRASANNA SARAN S			
4	101	RAGU NANTHANA RAJASEKAR			
5	102	RAGUL SHARAN B			
6	103	RAHUL RAJ Y			
7	105	RAKSHIKA C			
8	111	RUPANANTHAN G			
9	114	SAMRITHA SARAVANAN			
10	119	SELLAMANI S			
11	122	SENTHILKUMAR M			
12	16	BALAJI J			
13	133	SRIPOORVAJA RENGARAJAN			
14	135	SUBHASHREE S			
15	147	VIJAYAHARIHARAN A			
1	9	AMALA AGNEL BIJU G	Empathy & Communication	Transgender	Dr. Noel Naveen Johnson
2	19	CHANDRA CHITHRAN SWARNA SARAVANAN			
3	73	MITHUN R			
4	74	MOHAMED ZAFRISH A			
5	79	NIDHARSHAN K S			
6	81	NITHIN VIJAY G S			
7	139	SUKKITHA S			
8	140	THANGA LAKSHMI T			
9	47	HARSHADHA S S			
10	41	HARI PRASATH S			
11	17	BHARANI S P			
12	26	DHANEESHTA T			
13	27	DHANU SHREE V M			



Department of Physiology,  
Velammal Medical College Hospital & Research Institute, Madurai



14	62	KEERTHIKA K			
15	44	HARISH KANNAN B			

Sl No	Roll No	Name of the Student	AETCOM Topic	Case Title	Faculty Incharge
1	34	DHINESHKUMAR M	Breaking the Bad News	Cancer	Dr. R. Durai Arasan
2	32	DHARSHITA V R			
3	33	DHEEPtha BALAJI			
4	38	GIRIRAJA K M			
5	43	HARIHARASUDHAN K K			
6	46	HARSHA VARDHINI KARTHIKEYAN			
7	36	GIRIDHAR A L			
8	48	HARSHIT SELVAM			
9	49	JANANI G			
10	50	JASMIN K			
11	52	JEEVAJEEVITHA P			
12	80	NIKHIL SRINIVASAN			
13	54	JOHNY S RISHEEKA			
14	57	KARTHICK S			
15	68	LINGESH R			
1	12	ANUSHA M P	Duties of a Doctor	Road Traffic Accident	Dr. J. T. Ajit Kumar
2	76	NANDHAKUMAR C			
3	77	NARSELVI GAYATHRI S			
4	78	NAVIYA M			
5	85	PACKIARAJ M			
6	86	PADMA PRIYA G			
7	93	PRATHIBA M			
8	95	PREMCHANTH M			
9	98	PRIYADHARSHINI M			
10	99	PRIYAVADHANA S			
11	100	RAGHAVI SHRI G			
12	107	RESHMA B			
13	110	ROMAAN NOORUL FATHIMA A R			
14	120	SELVA ASWIN S			
15	142	THEJESVI VISWANATHA PRABHU			
1	3	ABIYSHEK S	Second opinion	Myocardial Infarction	Dr. M. Renu Meena
2	5	ADITYAVARUN KANNAN			
3	10	ANISH KUMAR V K			
4	45	HARISH N			
5	51	JASON EMMANUEL S			
6	55	KABILAN M G			



7	56	KANDIAH V			
8	58	KARUPPAIYA K			
9	59	KAVIVARSHINI S			
10	60	KEERTHI K			
11	61	KEERTHI YAZHINI RAGU			
12	63	KISHOR KUMAR J			
13	53	JEYASHREE V			
14	70	MEDHUNA M			
15	112	SAKTHI PRIYAN M			
1	7	AKASHKUMAR V	Rights of a Patient	HIV	Dr. Noel Naveen Johnson
2	23	DEEPIKA R			
3	66	LAKSHANYA S			
4	67	LATHIKA VAHINI M			
5	71	MEENASHREYA SU			
6	84	OVIYA SELVARAJ			
7	115	SANJAY SRINIVAS S			
8	123	SETHUSUBRAMANIAN P			
9	134	SRIRAAM M			
10	136	SUJAYMURUGAA S M			
11	137	SUKANILA S			
12	143	USHA GAYATHRI M			
13	146	VIGNESH M			
14	149	VISHNU VIGASH A P			
15	150	YAZHINI K			
1	104	RAKSHANA RAJAM K E	Empathy	Downs syndrome	Dr. Noel Naveen Johnson
2	108	RESHMI B			
3	69	MAHIMA SIVASSRI A			
4	131	SRIHARINI S			
5	82	NITHYAVARSHINI R			
6	97	PRIYADHARSHINI K			
7	126	SHREENITHI L			
8	113	SAMKIT JAIN S			
9	132	SRINITHI P			
10	75	NAGAPPAN M			
11	88	PANDIYAN P			
12	72	MISHALUR RAHMAN			
13	117	SARAVANAKUMAR R			
14	92	PRASANNA DEVENDIRAN P			
15	96	PRADEEP M S			

Dr. S. Anu,  
Professor & HOD,  
Department of Physiology,  
VMCH & RI.





## **AETCOM class on 04.01.2025**

### ***AETCOM 1.3 The doctor-patient relationship***

#### ***Large group session & Self Directed Learning***

The first MBBS students of 2024 batch were provided with an overview of different aspects of the doctor-patient relationship by the department AETCOM in-charge. This was done with the help of notes prepared during the “Certificate course on AETCOM in 2023”. Each aspect was simplified for their understanding with case scenarios. The students were provided time and notes for self-study and self-reflection. The students were also briefed on what is expected from a students & how to perform for the AETCOM OSCE on examination of Pallor.

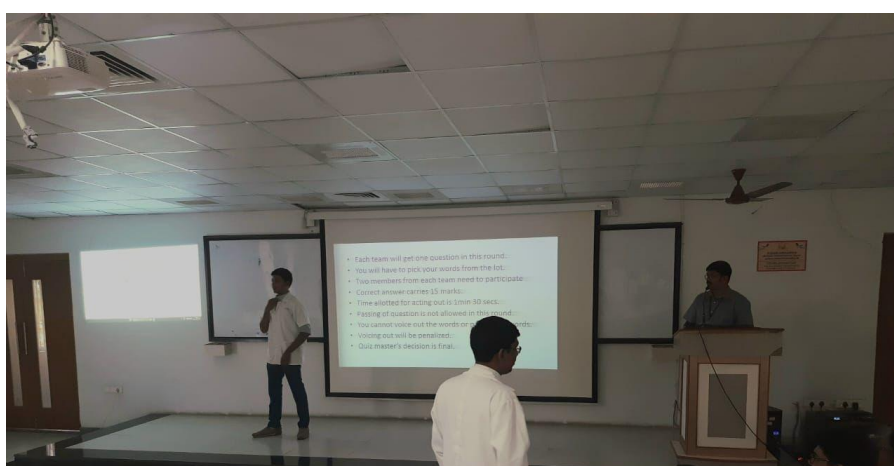
We also conducted a small quiz on AETCOM with two rounds to break the monotony. 5 teams were chosen based on their marks in previous Internal Assessment and the rest of the students formed the audience team. The Rounds were Dumb Charades & Connexions. The students did well in this quiz. The audience team were able to answers all the passed questions.

### **WINNERS OF THE QUIZ COMPETITION**

<b>Team</b>	<b>Position</b>
<b>Team B</b>	<b>FIRST</b>
<b>Team B</b>	<b>SECOND</b>
<b>Team A</b>	<b>THIRD</b>



**Department of Physiology,  
Velammal Medical College Hospital & Research Institute, Madurai**



**Dr. S. Anu,  
Professor & HOD,  
Department of Physiology,  
VMCH & RI.**



## **AETCOM class on 18.01.2025**

### ***AETCOM 1.3 The doctor-patient relationship***

#### ***Interactive sessions, Discussion and closure, Assessment***

An interactive session was organized during the first hour where Dr. R. Ramesh, Consultant Physician, Velammal Speciality Hospital and R. Durai Arasan, Assistant Professor, Department of Physiology, VMCH & RI, interacted with the students discussing various aspects of doctor patient relationships.

An assessment was conducted during the second hour for the first MBBS batch of 2024 for 30 marks. 5 short notes were given, each carrying 6 marks.