

# BACHELOR OF PHYSIOTHERAPY

GOKUL SVS

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## CAREER OBJECTIVE

To reach a responsible and challenging position in my career where my educational skills will have application to the growth of organisation and myself.

## ACADEMIC PROFILE

Course	Institution	Board/University	Percentage	Year of passing
B.P.T	Swamy Vivekanandha college of physiotherapy	The TamilNadu Dr. M.G.R Medical University	62 %	2020-2025
HSC	Universal matric higher secondary school, Tirupur	Matriculation	60.3 %	2018-2020
SSLC	RKR higher secondary school, Udumalpet	Matriculation	85.2 %	2017-2018

## PROJECT WORK

- The effectiveness of plyometric training along with eccentric training to improve functional performance and dynamic stability of the knee in the post-acl-surgical rehabilitation patients on considering return to sports - a simple experimental study.

## POSTER PRESENTATION

- Presented on “**Immersive virtual reality – a method of telerehabilitation to regain balance and gait in parkinsonism**” at Rehabilia 2023 organized by Royal care super speciality hospital, Coimbatore.
- Presented on the topic “**Effect of lower body positive pressure antigravity treadmill and breathing exercise on weight reduction and cardiorespiratory fitness among obese male individuals**” at MEDINIFIX 2k24 organized by Paavai physiotherapy science college, Namakkal.

- Presented poster on **“Robotic rehabilitation on the motor function and gait in children with CP ”** at Rehabilia Season II 2024 organized by Royal care super speciality hospital, Coimbatore.

#### PAPER PRESENTATION

- Presented paper and won 2<sup>nd</sup> place on the topic **“Recent advanced physiotherapy intervention for sciatica”** at Swamy vivekanandha physiotherapy college, Namakkal.
- Presented paper on the topic **“Effect of dynamic neural stabilization (dns) and velocity based training on movement velocity, dynamic balance and on-off phenomenon in parkinsonism patients”** in Rehabilia 2023 organized by Royal care super speciality hospital, Coimbatore.
- Presented paper on the topic **“Effect of laser pointer visual biofeedback intervention for trunk ataxia, balance and camptocormia in patients with cerebral ataxia”** in Rehabilia season II 2024 organized by Royal care super speciality hospital, Coimbatore.

#### CONFERENCES ATTENDED

- Conference on topic **“Versatile role of microbes – MLT diagno 2022”** (25/11/2022) - Vivekanandha medical care & hospital – allied health science, Namakkal.
- National level physiotherapy conference on **“Physio Excelenza”** (11/03/2023) – Excel college of physiotherapy & research centre. Komarapalayam, Namakkal.
- Conference on topic **“Anatomy foundation for physios – 2023”** (07/07/2023) & (08/07/2023) - Swamy vivekanandha physiotherapy college, Namakkal.
- National level conference on **“Emerging excellence in cardiac care”** in **“Medifinix’24”** (25/04/2024 & 26/04/2024) – Paavai physiotherapy science college, Namakkal.
- State level Biomechanics conference on **“Bio-mech synergy 2k24”** held at swamy vivekanandha physiotherapy college, Namakkal on 26<sup>th</sup> October 2024.
- Conference on topic **“Knee 360”** - (10/11/2024) – SKS hospital & post graduate medical institute, Salem.
- International level conference on **“Physio troops 2k24”** 12<sup>th</sup> to 14<sup>th</sup> Dec – Christian college of physiotherapy, colachel.

## SPECIAL AWARDS

- **Certificate of discipline award** at Swamy vivekanandha physiotherapy college  
- Namakkal.

## INTERNSHIP DETAILS

The compulsory rotatory internship period: The compulsory rotatory internship period started from 08<sup>th</sup> April to 08<sup>th</sup> October 2025 in the departments as detailed below at Swamy Vivekanandha Medical College & Research Institute, Namakkal. During that period, I had trained in various wards on rotatory basis and the responsibilities included evaluations and planning of treatment strategy and implementation of treatment plan under the able guidance of skilled therapists. I was also required to liaise with the surgeons and physicians regarding patient status as required.

### Schedule of compulsory rotatory internship

S.No	Department	Duration	From	To
1	Department of Orthopaedics & Traumatology	30 days	8/04/2025	07/05/2025
2	Department of Cardio Pulmonary Sciences	30 days	08/05/2025	07/06/2025
3	Department of Neurology	30 days	08/06/2025	07/07/2025
4	Rheumatology	07 days	08/07/2025	14/07/2025
5	Geriatrics(2)	10 days	15/07/2025	24/07/2025
6	Obstetrics & Gynaecology	07 days	25/07/2025	01/08/2025
7	Pediatrics	07 days	02/08/2025	09/08/2025
8	Oncology	07 days	10/08/2025	17/08/2025
9	Burns and Plastic Surgery	14 days	18/08/2025	31/08/2025
10	Physiotherapy and Rehabilitation	30 days	01/09/2025	30/09/2025
11	Sports and Fitness	08 days	01/10/2025	8/10/2025

## CLINICAL TRAINING

- Undergone professional clinical training at Sri Sai Physiotherapy clinic, Tirupur from April 16<sup>th</sup> to September 30<sup>th</sup> 2024, Where I gained practical experience in patient

assessment, therapeutic exercises and physiotherapy treatment techniques under professional supervision.

## **INDUSTRIAL VISIT**

- Mobility India – Rehabilitation research & training centre (orthotics & prosthetic centre) -Bengaluru.

## **WORKSHOP ATTENDED**

- Workshop on “Basic and advanced foundations in orthopedic manual therapy” at Swamy Vivekanandha Physiotherapy college – Namakkal.

## **SKILLS**

### **Core Physiotherapy Skills**

- Patient Assessment & Diagnosis
- Therapeutic Exercise Prescription
- Neurorehabilitation & Gait Training
- Cardiorespiratory Physiotherapy
- Post-Surgical Rehabilitation
- Electrotherapy & Modalities Application

### **Clinical & Professional Skills**

- Treatment Planning & Implementation
- Case Documentation & Progress Reporting
- Patient Education & Motivation
- Clinical Observation & Record Maintenance
- Time Management & Professional Ethics.

### **Technical & Research Skills**

- Poster & Paper Presentation
- Literature Review & Clinical Research
- Data Collection & Analysis
- Knowledge of Biomechanics & Functional Anatomy

## **Soft Skills**

- Effective Communication & Empathy
- Teamwork & Leadership
- Adaptability & Quick Learning
- Critical Thinking & Problem Solving
- Professional Discipline & Responsibility.

## **SUMMARY**

I'm a motivated fresher who handles my work responsibly and learns step by step in a professional way. I always try to correct my flaws and keep improving every day. I'm excited to gain real clinical experience, work with professionals, and keep learning new things to grow in my career.

## **PERSONAL PROFILE**

Father's Name	:	Veerasamy A S
Date of Birth	:	15-07-2003
Nationality	:	Indian
Languages Known	:	Tamil, English
Permanent Address	:	9/136, Karaipudur, Chinnakarai, Arulpuram (PO), Palladam (TK), Tirupur 641 605

I hereby declare that the above information is true to the best of my knowledge. I Promise to satisfy my superiors and myself to the best of my ability.

Place: Tirupur.

(GOKUL S V S)