

PRABHU LINGAM P

Physiotherapist

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+91 6381633231 Salem - Tamilnadu

OBJECTIVES

Dedicated Physiotherapist aiming to leverage clinical expertise in rehabilitation and pain management to enhance patient outcomes. Seeking a challenging role in a progressive healthcare setting to utilize skills in therapeutic exercises, manual therapy, and patient education.

INTERNSHIP

- **Swamy Vivekananda medical College hospital and Research institute, Tiruchengode, Namakkal, Tamilnadu.** -

Department of Orthopaedics and Traumatology

Department of Neurology

Department of Cardio Pulmonary sciences

Department of Intensive care unit

Department of Burns and Plastic Surgery

Department of Obstetrics and gynaecology

Department of Physiotherapy and Rehabilitation

Sports and Fitness

- **Vivekanandha medical care hospital, Tiruchengode Namakkal, Tamilnadu.** -

Department of Oncology

Department of Neurology

Department of Intensive care unit

Department of Physiotherapy and Rehabilitation

Department of Paediatrics

Rheumatology

Geriatrics

EDUCATION

- **Model School Tharamangalam, Salem.** 2017 - 2018
SSLC - 83%
- **Model School Tharamangalam, Salem.** 2019 - 2020
HSC - 65%
- **Swamy Vivekanandha Physiotherapy College, Tiruchengode, Namakkal.** 2020 - 2025
BPT - 60%

SKILLS

- Patient assessment and treatment planning.
- Therapeutic exercises and manual therapy.
- Pain management techniques.
- Programs for orthopedic/neurological conditions.
- Proficient in performing Trigger point release techniques for pain relief.
- Proficient in performing spinal mobilization and manipulation techniques for pain relief and functional improvement.
- Adept at using spinal manipulation for musculoskeletal conditions such as low back pain, neck pain, and joint restrictions.
- Proficient in maintaining patient safety, comfort, and informed consent during manual therapy interventions.

CONFERENCE AND PRESENTATION

- Participated in 1st state level **Anatomy Conference** conducted by Swamy Vivekananda Physiotherapy college - 7 8. July 2024.
- Participated in 2nd state level Biomechanics Conference "**BIOMECH SYNERGY 2K24**" conducted by Swamy Vivekananda Physiotherapy college - 26 October 2024.
- Participated in "**MEDIFINIX 2K24** conducted by Pavaai Medical Institutions - 25 26 April 2024.
- Participated in **National Level Conference** conducted by Excel College of Physiotherapy 11.03.2023.
- Participated in **Stroke Rehabilitation** conducted by Neuro Foundation Hospital.
- Participated in **Emerging Excellence in Cardiac Care** conducted by Paavai Physiotherapy Science College.
- Participated in **KNEE 360 CME** at RADISSON conducted by SKS Hospital.
- Participated in **INTERNATIONAL PHYSIOTHERAPY CONFERENCE** conducted by Christian College of Physiotherapy, Colachel.
- Participated in the **Paper Presentation** on the **E-poster** In Royal Care hospital in Coimbatore.
- **MOBILITY INDIA** - orthosis and prosthesis centre in Bangalore, Karnataka.

DUTIES AND RESPONSIBILITIES

- Creating awareness to the patients about the conditions and help them on leading a good and healthy lifestyle.
- Good verbal communication with patients.
- Communicate with referring Physician and health care professionals regarding the patients problem, needs and condition.
- Assessing and treating the problem.
- Strong time management and organisational skills with the ability to prioritise tasks and manage multiple responsibilities.
- Encouraging exercise, movement and do's & don'ts to the patients.
- Working with patients with variety of conditions.

WORKSHOP

- Participated in **MANUAL THERAPY Workshop** conducted by Swamy Vivekananda physiotherapy college, Namakkal, Tamilnadu.

LANGUAGE

- Tamil
- English

REFERENCE

- **Prof. Dr. S.K. Rajkumar., MPT., MBA., PhD., - Principal from Swamy Vivekanandha physiotherapy College, Namakkal district, Tamilnadu.**
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