




SHIYAM KUMAR R


Physiotherapist


About Me

I'm shyam PT specialising in musculoskeletal condition management and post-operative rehabilitation. Final year project : Effectiveness of IASTM and us vs ultrasound on chronic plantar fasciitis on assembly plant worker .

Contact

 96558 18265

 ethishyam23@gmail.com

 9/3 old palace street
Kumbakonam

Skills

- EXERCISE PRESCRIPTION
- IASTM
- DRY NEEDLING
- CUPPING THERAPY
- ECCENTRIC CONTRACTION LOAD TRIGGER RELEASE

Language

- English
- Tamil



Education

(2017 -2018)

ARR MATRIC HR SEC SCHOOL KUMBAKONAM

10TH STD

343/500

(2019 -2020)

ARR MATRIC HR SEC SCHOOL KUMBAKONAM

12TH STD

318/600

(2020 -2025)

ADHIPARASAKTHI COLLEGE OF PHYSIOTHERAPY

Bachelor's Degree

60%

Experience

CORTEX SPORTS THERAPY ASSOCIATION

- Certified IAFM Therapist
- Certified Sports Taping Therapist
- Certified Diversified Needling Therapist
- Certified Diversified Cupping Therapist

EXERCISE PRESCRIPTOR

- Exercise and pain exporing workshop

TRISERIES CHENNAI 2025

- Wheelchair cricket sports physio in dccci